

These New Recipes Are Peachy

By ELLY

This all started with a can of apricot nectar.

I brought to mind an old recipe for peach dumplings and in the search that followed, some new and some old peach recipes were discovered—or rediscovered.

We even got into the history of the peach.

THE FRUIT WAS brought to this continent by the Spaniards and there are records of them growing in Mexico in the late 1500s. They are natives of China and made their way to Europe by way of Persia.

The French and the English settlers planted peach trees in the northeastern part of the United States and they gradually spread west.

Having been carried away with the subject of peaches there was no time left to make the dumplings. Peach halves filled with cottage cheese on lettuce leaves for a salad and Betsy Delaney's peat furs for dessert was the compromise, with time and peaches.

PEACH DUMPLINGS
8 peach halves. (1 No. 2-1/2 size can)
Cream cheese, small pkg.
4 t. brown sugar
Grated orange rind
2 c. rich biscuit mix
1/2 c. apricot nectar
1/2 c. sugar
2 t. butter

Mix biscuit dough according to package directions. Roll in nine-inch square. Cut in four squares. Place drained peach half, cut side up, on each square. Fill center of peach with: one teaspoon cream cheese, one teaspoon brown sugar topped with a little grated orange rind. Place another peach half on top and fold up corners of dough. Pinch together to seal. Place in baking dish and bake for 10 minutes in 400 degree oven. Mix apricot nectar with the half cup sugar and the butter. Pour over the dumplings. Bake 15 minutes longer. Serves four.

PEACH COBBLER
1 No. 2-1/2 can cling peaches
1 c. syrup from peaches
1 c. brown sugar (packed)
1/2 t. cornstarch
Salt
1 T. granulated sugar
1 t. baking soda
1 c. prepared biscuit mix
1/2 c. commercial sour cream
2 to 3 T. milk (if needed)
Sweet or sour cream for topping

Place drained peaches in a one-quart casserole. Mix peach syrup, brown sugar, cornstarch and salt. Pour over peaches. Set casserole in hot oven (425 degrees) while mixing dough. Stir sugar and soda into biscuit mix. Add cream and milk to make a soft dough; mix lightly. Place by spoonfuls on top of hot peaches. Bake 30 to 35 minutes until well browned. Serve warm with sweet or sour cream. Serves six to eight.

PEACH MERINGUES
8 canned peach halves
Currant jelly
2 egg whites
4 T. sugar
1/2 c. chopped almonds
Beat egg whites until stiff. Gradually fold in the sugar. Place peach halves in shallow baking pan. Fill center of each with jelly. Cover each peach half with the meringue, pressing it well out to the edges to seal in the jelly. Sprinkle with the almonds. Bake in a slow oven, 325 degrees, for 15 minutes. Serve hot or cold.

PEACH CRUMBLE
1 No. 2-1/2 can sliced peaches
1/2 pig. pastry mix
1 c. brown sugar, firmly packed
Butter or margarine
Cream
Drain peaches and put in a shallow baking dish. Crumble pastry mix and stir in brown sugar. Sprinkle on peaches. Dot with butter or margarine. Bake in 325 degree oven for 30 minutes, or until lightly browned and bubbly. Serve warm with cream. Serves four.

Spice CABINET

CAFE MEXICANO
Put 1 teaspoon chocolate syrup into each of 4 small cups. Combine 1/2-cup heavy cream, 1/4-teaspoon each cinnamon and nutmeg and 1 tablespoon sugar. Whip. Stir 1/2-teaspoon cinnamon into 1/2-cup strong hot coffee. Pour coffee into cups. Stir to blend with syrup. Top with spiced whipped cream. Makes 4 servings.

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VALUABLE COUPON WITH THIS 18 SAVE 50¢ COUPON
COUNTRY CLUB CANNED HAM **87¢** 8-LB CAN

EVERYDAY LOW DISCOUNT PRICES
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Sirloin Steak **127¢** LB
T-Bone Steak **147¢** LB
Porterhouse **157¢** LB

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AVONDALE WHOLE Tomatoes **22¢** 1-1/2-LB 13-OZ CAN
JEWEL ALL PURPOSE Shortening **49¢** 3-LB CAN
SPECIAL LABEL-KROGER Salad Dressing **39¢** 1/2-GAL JAR

KROGER ALL WHITE Grade 'A' Large Eggs **65¢** DOZEN

KROGER FRESH FROZEN Orange Juice **99¢** 6-FL OZ CANS

GREEN GIANT BROWN SUGAR Pork & Beans **12¢** IN TOMATO SAUCE
1-LB 5-OZ CAN

SALAD SIZE VINE RIPE Tomatoes **79¢** 3-LB PKG
56 SIZE CALIFORNIA HAVEL Oranges **99¢** DOZ BAG

JUMBO SIZE IDAHO Potatoes **20¢** 10-LB BAG
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VALUABLE COUPON WITH THIS 18 SAVE 50¢ COUPON
COUNTRY CLUB CANNED HAM **87¢** 8-LB CAN

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FRESH TASTY CHERRY Tomatoes **49¢** QT BOX

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