

# CALENDAR

## INSIDE AND AROUND FARMINGTON AND FARMINGTON HILLS

### HEALTH

**VACCINE CLINIC**  
Providence Medical Center, 4630055 Northwestern, near Inkster in Farmington Hills, will be holding an immunization clinic from 4-8 p.m. Tuesday, March 17. All shots are free, but there is a \$5 facility fee. Call (248) 486-4000.

**POWER SURGERY**  
Using "Anger Creatively" is a special March event that will be held at 7 p.m. Wednesday, March 11, at Botsford's Health Development Network in Novi. The cost is \$15 per person. Call 477-6100.

**QUIT SMOKING**  
Find out how you can quit smoking with acupuncture at 7 p.m. Tuesday, March 10, at Botsford's Health Development Network in Novi. Call 477-6100.

**HEALTHY COOKING**  
Enjoy healthy cooking demonstrations throughout the month of March at Botsford's Health Development Network in Novi. Classes fill quickly so register early. The cost is \$6. Call 477-6100.

### POTPOURRI

**LECTURE AT BORDERS**  
A lecture on the ideas of Quidjifief and Ouspensky will be given at 7 p.m. Wednesday, March 11, at Borders Books and Music in Farmington Hills.

**HISTORICAL MUSEUM**  
The Farmington Historical Museum has reopened for the season. The hours are 1-5 p.m. and admission is a \$1 donation. Children under 6 are admitted free.

**IRISH ENTERTAINMENT**  
The Celtic Shamrock presents "A Great Day for the Irish" from noon to 5 p.m. Saturday, March 7, at the Celtic Shamrock in downtown Farmington. Local Irish American singer Charlie Taylor will perform and prizes will be drawn every hour.

**EQUITY FOR WOMEN**  
In celebration of March as Women's History Month "Equity for Women," a free program open to all, is scheduled for 1 p.m. Tuesday, March 17, in Room 409 of the J Building, Oakland Community College, Orchard Ridge Campus in Farmington Hills. Call (248) 626-6414.

**VOLUNTEERS**  
If you know someone who spends their time for others, leads a helping hand or serves on a committee or club, you can submit their name and address with a short comment on why you are nominating them to Farmington/Farmington Hills Commission on Children, Youth & Families. Attention: David Justus, 28600 11 Mile Road, Suite 102, Farmington Hills 48336. Deadline is March 31. Award winners will be announced April 22 at Volunteer Recognition Night.

**VEGAS NIGHT**  
American Legion Post 346 will host a Vegas Night beginning at 6 p.m. Saturday, March 28, at 31775 Grand River.

**THEATER IN THE SQUARE**  
The Howard Payne Players will perform at 7 p.m. Monday and Tuesday, March 9-10, at Forest Park Baptist Church in Farmington Hills. Call 478-0080 for reservations.

**SAVE BLOOD**  
Donors are invited to give blood throughout the month of March at the following Farmington/Farmington Hills locations:  
March 8 - Nardin Park Methodist Church 8 a.m. to 2 p.m.  
March 14 - Finnish Cultural Center 9 a.m. to 3 p.m.  
March 16 - First Presbyterian Church of Farmington 2-8 p.m.  
March 21 - Universalist Unitarian Church of Farmington 9 a.m. to 3 p.m.  
March 27 - Hope Lutheran 2-8 p.m.  
**PRAYER BREAKFAST**  
Detroit Lions' defensive lineman Luther Ellis will speak at the 1998 Community Prayer Breakfast at 8:30 a.m. Saturday, March 14, at Faith Covenant Church in Farmington Hills. Tickets are \$7 for adults and \$5 for children 10 and under. Call the church office at 661-9191.

**INTERNAL THEFT**  
The Farmington Hills Police is sponsoring a seminar on "Internal Theft" from 9-11 a.m. Wednesday, March 11, at the William Costick Activities Center in Farmington Hills. A continental breakfast will be served. Call Juliet McGlinch at 478-9837 to ensure a reservation.

### SENIORS (55+)

**BOOK DISCUSSION**  
Join in for a lively, informal book discussion at 1 p.m. on the first Thursday of each month. Regular attendance is not required. Call 478-1830.

**MEET THE PRO**  
Morris Oakland Hills Country Club's golf pro and learn how to practice with a purpose at 10:30 a.m. Tuesday, March 24, at the William Costick Center in Farmington Hills. Detroit News columnist and practicing physical therapist Terry "Doc" Heaton will present a "loosening up" demonstration. Call 478-1830 to register.

**ARMCHAIR TRAVELER**  
Enjoy a presentation on China and Iceland at 11 a.m. Thursday, March 26, at the Senior Adult Center in Farmington Hills. The cost is \$2.

**ST. PADDY'S PARTY**  
The annual St. Paddy's Day party will be held from 10 a.m. to 3 p.m. Friday, March 20, at the Senior Adult Center in Farmington Hills. Tickets are \$3.50.

**GOLF LEAGUES**  
Registration has begun for the popular men's and women's golf leagues available to Farmington and Farmington Hills residents 55 and better. Call 478-1830.

**TAX-AIDE**  
Seniors can receive tax counseling from 10:30 a.m. to 2:30 p.m. every Tuesday through April 14 at the Farmington Hills Senior Center.

**MEMORIES AND MORE**  
Share your recollections of the past with Memories and More. This senior group will meet from 10 a.m. to noon every Friday at the Farmington Hills Senior Center. Call 478-1830.

**BALLROOM DANCING**  
At 1 p.m. every Friday, dance to live Big Band sounds from the '40s and '50s at the Farmington Hills Senior Center, also called the William Costick Center, 11 Mile and Middlebelt. Admission is \$2.50 and includes refreshments, which are served at 2 p.m. Call 478-1830.

**BRIDGE & PINOCHE**  
The Farmington Senior Drop-In Bridge and Pinocle Club meets every Monday at the Farmington Masonic Temple. Call William, 474-4808.

**WATER WALKING**  
Try Water Walking, an in-pool exercise program, from 2-3 p.m. Tuesdays and

Thursdays at the Farmington Hills Senior Adult Center. The cost is \$1 for residents and \$2 for non-residents. Call 478-1830.

**TAI CHI**  
Now this year at the Farmington Hills Senior Center is Tai Chi. The class meets at 9 a.m. every Tuesday and Thursday. The fee is \$2 for residents and \$3 for non-residents.

### CLASSES

**BABY-SITTING**  
This two-session workshop (March 14 and 21) will provide kids, ages 11-14, with the skills needed to serve as responsible baby sitters, including basic first aid, child management techniques and tips for what to do in an emergency. The cost is \$25. Preregistration is required at Botsford's Health Development Network in Novi. Call 477-6100.

**INFANT MASSAGE**  
Providence Hospital and Medical Center is offering a four-week class to help parents enhance the relationship between themselves and their babies through massage. Classes will be from 6:30-8 p.m. Thursdays, beginning March 5 and continuing through March 26 at Providence Medical Center in Farmington Hills. The cost is \$40. Call 800-988-5595 to register.

**TAXES & LONG-TERM CARE**  
Learn about current tax law changes, new IRA options, capital gains, tax breaks for seniors and what long-term care encompasses 7:15-8:45 p.m. Thursday, March 19, at the Grand Court of Farmington Hills. To register, call 478-7478.

**RETIREMENT PLANS**  
Learn about various retirement plans and IRA distribution options, including income and estate tax consequences from 2-3:30 p.m. Thursday, March 26, at the Botsford Inn, Coach Room. Seating is limited. Call 442-5045.

### CLUBS

**RETIRED SCHOOL PERSONNEL**  
The Farmington Area Association of Retired School Personnel will meet for lunch at 11:30 a.m. Tuesday, March 10, at the Farmington Hills Beef House. A business meeting will follow.

**COHA**  
Council of Homeowners Associations of Farmington Hills will meet for refreshments and a meeting at 7 p.m. Tuesday, March 10, at the Farmington Hills Library on 12 Mile Road.

**EMBROIDERER'S GUILD**  
The Farmington Hills EGA will meet at 9:30 a.m. Wednesday, March 10, at Faith Covenant Church in Farmington Hills. Call Judy Griffin, (248) 789-1078.

**HILL & DALE GARDEN**  
Hill and Dale Garden Club will meet at 7 p.m. Thursday, March 12, at the Farmington Hills Library on 12 Mile Road.

**NEIGHBORS CLUB**  
The Farmington Neighbors Club will meet for lunch at 11:30 a.m. Wednesday, March 18, at Glen Oaks Country Club. Call Ben at 474-3760 by March 13.

**WOMEN OF N. FARM.**  
Women of North Farmington will meet for lunch at 11:30 a.m. Thursday, March 19, at the Water Club, 39500 Ann Arbor Road. The cost is \$15.

**LIONS CLUB**  
The Farmington Area Lions Club meets the first and third Tuesday of each month at the Botsford Inn. Call Carole at 653-4850 or Dick at 478-6257.

**N. FARM. GARDEN CLUB**  
The North Farmington Garden Club will meet at noon Tuesday, March 10, at the Farmington Hills Library on 12 Mile Road. The public is invited. Call 477-2511 or 553-2388.

**AMERICAN LEGION**  
The American Legion Post & Auxiliary - Groves-Walker will meet at 7:30 p.m. today, March 5, at 31775 Grand River.

**AARP**  
AARP meetings are held at 1 p.m. the third Friday of each month at the Senior Adult Center - Foxford, 20561 Farmington Hills. The Windbaggers Toastmasters, an International Speech Club, meets 6:30-8:30 p.m. every Thursday at Pandora Restaurant. Contact Derek at (248) 615-9191.

**ENI**  
Business Network International, Farmington Hills Chapter, will meet from 7-8:30 a.m. Wednesday, March 11 and 18, at the Grand Cafe in downtown Farmington. The NW Farmington Hills Chapter will meet from 7-8:30 a.m. Friday, March 6 and 13, at Jax Restaurant, 33572 Grand River.

**POSTPARTUM DEPRESSION**  
A postpartum depression group meets at 7:30 p.m. the first and third Tuesday of each month at Providence Hospital in Southfield. Call 737-3612.

**Moderation Management**  
MM is a free self-help group and nine-step program that provides guidelines for moderate drinking and support to change your drinking habits. Not intended for alcoholics.

**PREGNANT TEENS**  
Catholic Social Services of Oakland County offers support to pregnant teens with the Teen-Parent Program. The goal of the program is to offer moral and emotional support to pregnant and parenting teens. If you are or anyone you know is a pregnant teen, contact Sharon Longbuco at 333-3700, Ext. 122.

**STROKE SURVIVORS**  
First Step Stroke Club is a support group for stroke survivors and their caregivers. Meet at 1 p.m. every Tuesday at the Senior Adult Center in Farmington Hills for fellowship, fun, exercise and coping strategies. Call 478-1830.

**LEARNING DISABLED**  
Joel's Group is a group for the learning disabled and the educable mentally impaired looking for members. The group meets for social and educational activities on Saturday nights. Call Joel Marwell at 478-8741.

**WOMEN'S PRIME TIME**  
Women's Prime Time for women ages 40-60 discusses issues and concerns dealing with midlife changes. This forum is scheduled from 7-8:30 p.m. the third Thursday of each month at Botsford Hospital's 3 West Conference Room. Call 477-6100.

**FREE ADULT SUPPORT**  
Share your experiences in a safe, healing environment from 8:30-9:30 p.m. every Wednesday at Botsford Hospital in Farmington Hills. This program is offered through the Metro Detroit Center for Attitudinal Healing. Call Lois at 344-4535.

**PARKINSON'S DISEASE**  
The Western Oakland Parkinson Support Group meets 7:30-9 p.m. the second Tuesday of every month at Farmington Hills Baptist Church, 29301 Middlebelt. Call 478-3404, 478-0189 or 474-0003.

**BIPOLAR/DEPRESSIVE**  
The Manic-Depressive and Depressive Association support group meets 7:30-9 p.m. the first and third Wednesday of each month at the Mission Health Professional Office Center, 39500 W. 10 Mile, Novi. Call Vicki at 960-1288.

**CHEMICAL DEPENDENCE**  
An educational/support group for children ages 4-11 impacted by the effects of chemical dependency is held from 10 a.m. to 2 p.m. Saturdays at the Farmington Area Counseling Center, 29332 Orchard Lake Road. Call Gina Schafer, 477-6787.

**LIFE CARE MINISTRIES**  
Have a problem? Want to talk? Call Life Care Ministries at (313) 427-LIFE from 11 a.m. to 11 p.m. Monday-Saturday. There is no charge.

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**MODERATION MANAGEMENT**  
MM is a free self-help group and nine-step program that provides guidelines for moderate drinking and support to change your drinking habits. Not intended for alcoholics.

Meets from 7-9 p.m. every Tuesday night at Universalist Church, 25301 Halsted, Farmington Hills. Meetings are anonymous, with no fees. Call (248) 788-8040.

**A.I.M.**  
Agoraphobics in Motion is an organization to help people overcome panic/agoraphobia attacks. Call (248) 547-0400 for a listing of individual chapters.

**PROJECT RACHEL**  
Project Rachel can help heal the wounds of abortion in a sensitive and confidential 11-week program. All faiths are welcome. Call 1-888-4855. Sponsored by the Catholic Archdiocese of Detroit.

**PEER SUPPORT**  
The teen peer support group is a 12-week educational program for teens ages 12-18 struggling with chemical abuse, family problems, and other life stress issues that affect themselves and their loved ones. It is held from 3:30-5 p.m. Tuesdays at the Farmington Area Counseling Centers, 23332 Orchard Lake Road. Call 478-1290.

**DIABETES SUPPORT**  
An educational support group at Botsford's Health Development Network offers day and evening classes. Call 477-6100.

**PROSTATE CANCER**  
The prostate cancer educational support group will meet at 7 p.m. on the third Monday of each month at Botsford Hospital in Farmington Hills. This support group provides both encouragement and education about prostate cancer. Call 477-6100.

**PARENTING**  
Pathways to Parenting, sponsored by Botsford Hospital, is a new monthly support group that meets from 12:30-2 p.m. the first Wednesday of each month at Holy Cross Episcopal Church in Novi. New moms can share concerns and obtain information and network with peers. Call 477-6100.

**GAMBLERS ANONYMOUS**  
Gamblers Anonymous will meet at 7:30 p.m. every Wednesday at Grace Chapel in Farmington Hills. Call (313) 682-0489.

**TOPS**  
Take Off Pounds Sensibly - TOPS - is a support group dedicated to providing information to those seeking to lose and control their weight. TOPS meets from 9:30-10:30 a.m. every Wednesday at Nardin Park Church in Farmington Hills.

**OVEREATERS**  
Learn how to take steps toward changing your relationship with food permanently in a comfortable, supportive atmosphere at Botsford General Hospital in Farmington Hills. Sessions are scheduled on a weekly basis. The cost is \$10 per session. Call 477-6100.

**DIVORCARE**  
DivorceCare divorce recovery seminar and support group meets at 7 p.m. each Tuesday at Forest Park Baptist Church in Farmington Hills. Experts on divorce and recovery topics will be featured guests. Call 478-0080.

**OBSSIVE-COMPULSIVE**  
Obsessive-Compulsive Disorder is a self-help group for youths and their families that meets from 7-9 p.m. the third Wednesday of each month at Davis Counseling Center in Farmington Hills. Call Greg at (313) 438-9293.

**FREE COUNSELING**  
Free counseling services to all community members are available from Eastern

Michigan University graduates counseling students in partnership with Farmington Schools. Counseling appointments are available from 6:30-7:30 p.m. each Wednesday. Call 489-3447 for an appointment.

**TINNITUS SUPPORT**  
Do you have ringing or buzzing noises in your ears that won't stop? If so, then join the free Tinnitus Support Group. It meets 7-9 p.m. the first Tuesday of each month at Botsford Hospital in the Ziegler Building, Classroom C. Call Jack at 362-1846.

### SINGLES

**CARDS & DINNER**  
Join the Farmington Single Professionals for euchre or pinocle and dinner from 7-10 p.m. every Monday at the Maples of Novi Golf Course Clubhouse on 14 Mile. The cost is \$7 for members and \$8 for non-members.

**DINER/DIA MOIE**  
Break away from your usual routine and join the Farmington Single Professionals for dinner at Union Street restaurant and salon followed by a film at the DIA Film Theatre Saturday, March 14. To carpool for this event meet in the Orchard 12 Mall parking lot near the Comerica Bank at 6:30 p.m. or at Union Street at 7:15 p.m.

**SINGLE MINGLE DANCE**  
The Farmington Single Professionals along with the Metropolitan Single Professionals will host the Single Mingle Dance from 9:00 p.m. to 1 a.m. Friday, March 6, at the Doubletree Guest Suites Hotel in Southfield. The dance will take place in the main ballroom, with a DJ, cash bar and hors d'oeuvres. Cost is \$4 for members and \$7 for non-members. All are welcome. Call (248) 851-9809.

**WALLYBALL**  
Wallyball will play wallyball with the Farmington Single Professionals at 6:45 p.m. every Tuesday at Racquetball Farmington in Farmington Hills. The cost is \$4.50 for ESP members and \$6 for non-members.

### VOLUNTEERS

**ALZHEIMER'S ASSOCIATION**  
The Alzheimer's Association is seeking volunteers to provide companionship to those with memory loss. Volunteers receive an orientation that provides them with the information and skills to brighten the life of someone with Alzheimer's. Call 557-8277.

**SEXEN**  
Sexen, a program for frail older adults, provides the homebound some extra care and a variety of activities. If you would like to know more about this program or would like to volunteer, call 478-1830.

**TRANSPORTATION**  
Volunteers are needed to drive older adults to medical appointments one day a week. Call Anne at 478-1884.

**MEALS ON WHEELS DRIVERS**  
Make a difference. Substitute drivers needed to fill in periodically, one day per week, Monday, Wednesday, one to two hours per day. Call Diane or Chris, 473-1825.

**NUTRITION VOLUNTEERS**  
Kitchen volunteers are needed from 9:30-11 a.m. Tuesday and Thursday. Call Chris or Diane, 473-1825.

**FOCUS-HOPE**  
Drivers are needed for an hour or two to deliver food boxes to eligible seniors once a month. Call Call, 473-1826.

### CALENDAR FORM

The Farmington Observer, without charge, welcomes Calendar items. Items should be from non-profit community groups or individuals announcing a community program or event. Please type or print the information below and mail your item to The Calendar, Farmington Observer, 33411 Grand River, Farmington, MI 48335, or by fax to 248-477-9722. Items will appear at least one. Deadline for Calendar items is noon Friday for the following Thursday's paper.

**Event:** \_\_\_\_\_  
**Date and Time:** \_\_\_\_\_  
**Location:** \_\_\_\_\_  
**Telephone:** \_\_\_\_\_  
**Additional Info:** \_\_\_\_\_