

## Volunteers

This column describing volunteer needs in Oakland County is co-sponsored by the Junior League of Birmingham and the Oakland County Volunteer Bureau.

Inquiries regarding volunteer needs listed here should be made to the Oakland County Volunteer Bureau at 642-7272. Requests for volunteer listings should also be made through the Volunteer Bureau.

**EARTH ALIVE**, an environmental organization in Farmington needs volunteers, junior high school age and older, to sort glass at the recycling center, near Eleven Mile and Orchard Lake roads, from 9 a.m. to noon Saturday mornings. Adults are also needed for lobbying and petitioning for upcoming environmental legislation.

**BAPTIST'S CHILDREN'S HOME**, Royal Oak, needs volunteers to do office work including mailing lists, public relations and light typing. The home is currently being remodeled and volunteer groups are needed to help paint one or two rooms. The home also needs tutors at the elementary level as well as music instruction. Volunteers are also needed to do arts and crafts or to participate in the "share a hobby" program. Those willing to donate time to do carpentry, electrical work, plastering or garden maintenance are also needed, along with aides to work with mentally retarded children. Hours are arranged to suit volunteers. Training is provided.

**FTSH**, is a completely volunteer organization providing 24-hour answering service, referrals, emergency food and clothing, and transportation within the community. The Farmington-Southfield branch needs volunteers to man the phones from their homes one day each month. Training is provided.

## New cream must be whipped longer

The new ultra-pasteurized cream now on grocery shelves must be whipped longer, according to a spokesman of the Dairy Council of Michigan.

Irene Cameron, coordinator of communications, says that the extra heat applied to the new cream changes the nature of the protein and therefore needs to be whipped more than other cream.

"But stay with it," she urges. "It will whip up. Plan to spend two to three minutes instead of one. Customers afraid to whip it this long because of the fear of turning it to butter need not worry about immediate separation."

The ultra-pasteurizing process involves heating the cream 300 degrees for three seconds, instead of 175 degrees for 25 seconds in the usual pasteurization process. The new method is used to increase the shelf life of whipping cream, coffee cream and half-and-half.

"With ultra-pasteurization the grocer doesn't have to return one of every two bottles to the dairy because of souring," explains Mrs. Cameron. "Now the savings can be passed on to the consumer. Ultra-pasteurized cream has a shelf life of 90 days."

In addition to the new heating process, one-fourth of one per cent carageen is added to the cream to increase whipping ability. This is an emulsifier added to skim milk to enhance mouth feel.

It is derived from seaweed and is harmless but effective in getting ultra-pasteurized cream to set up.

## Meat heat

When cooking pork, make sure the meat thermometer reads 170 degrees F. For poultry, make sure it reads 180-190 degrees F.

## Wiggs Olde Fashioned



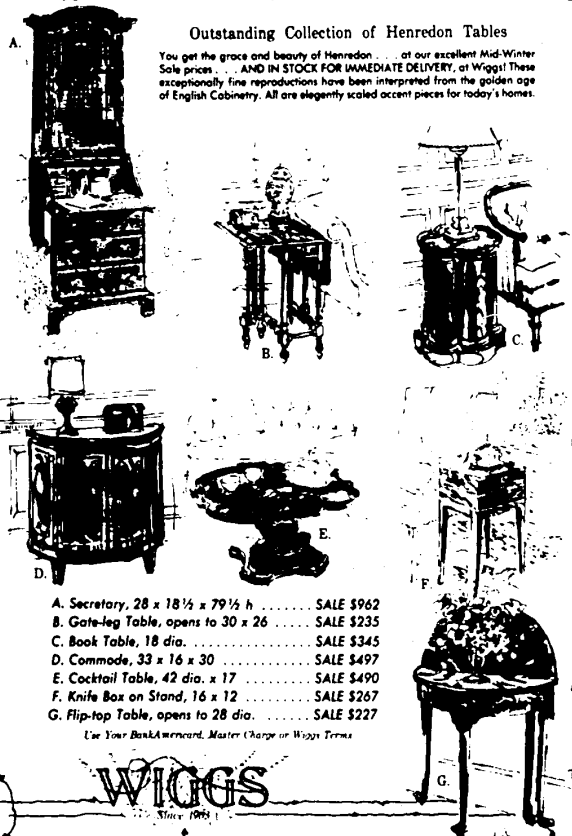
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