



Neighbor club's new year opens with new hair styles

By LORRAINE McCLURE

Joyce Juza walked to the Farmington Neighbor's Club meeting this month with a medium-to-long shag hairstyle and walked away with a sleek and tailored short cut and some new bangs. Bea Heiner walked in with her lovely gray hair in a sleek and classic style, and left after a quick trim with a modified bouffant.

Both are officers of the club who underwent the transformation in a surprisingly short time by Marilyn Manard and Fern Velin from the State College of Beauty. The two were guests of the club to hand out some beauty tips to the 100 members who crowded into the Farmington Community Center this month for "A New Year—A New You."

Ms. Manard told her audience not to expect too much when you into a beauty salon with a magazine picture you want duplicated on you "because a lot of those pictures you see might be wig instead of real hair. Or if you want a lot of bouffant curls it just might be impossible because you just don't have the hair for it." She believes it is part of the beauty operator's job to select or suggest the best hair style for each customer, depending on the individual's face, age, and color of skin.

CURLY HAIR, not frizzy, is in style now and she expects it will stay that way

through spring. Short cuts are in. Long hair is out. The finger wave is back. She called hair painting "unpredictable."

She advocates getting a trim at least once a month, especially for those who dye their hair, those who use steam rollers or blowers just to get rid of split ends.

In answer to a question, she recommended that baby oil or Vaseline rubbed into the cuticles every night for better-looking hands and nails. She decided a once-a-day shampoo as a no-no, and recommended a heat cap (oil treatment) for healthy hair "for just about everybody."

Ms. Manard is a counselor of students who attend the beauty college on Telegraph Road in Miracle Mile Shopping Center where she estimates "We're giving about one permanent a week now to a male client. It's taking some time but slowly they are losing their shyness about walking into a female salon."

Lunch is prepared, generally, by a com-

mittee from the group, and for this, reservations are always requested. Potential members are invited as guests for two meetings before receiving a written invitation from the board to become an active member.

Offshoot groups are formed for members, as members request them, and new activities are planned as members show an interest. There is an arts and crafts group within the membership, a bridge group for women and a couples bridge group. Golf is planned through the summer; there is a theater party monthly and a couples' pot luck monthly.

AT THE JANUARY meeting, Grace Baker put out a call for more members to join in helping new cancer pads. Ms. Baker and her group meet the first Monday of each month to sew pads for three hours. The pads are distributed through the Michigan Cancer Foundation.

She asks women to join her group by calling her at 476-5414 for an invitation to the next session. All they have to bring is a needle and some thread, she said.

The next monthly meeting of the group is set for Wednesday, Feb. 14, when it will host Mary Bowman giving a lecture and demonstration on the art of Japanese brush painting. Reservations

may be made with Helen Brunars, 478-4655.

Ms. Brunars is selling tickets for the March meeting when the club holds its annual luncheon and style show. The only fund-raiser of the year.

At the end of every year in the spring, we hold out \$100 to start the new season for the new officers. Everything else left in the coffers goes to support the community center or is given as a gift to the library, but we don't think of ourselves as a fund-raising club. Ms. Heiner said.

Tickets for the fund-raiser with fashions by Claire Kelly of Northville are \$4. The event begins at noon, in the center, on Wednesday, March 17.

A just-for-fun Bicentennial Birthday Party is scheduled for Saturday, Feb. 21, in Farmington's Holiday Inn. Music by Bill Ellison begins at 9 p.m. after the 8 p.m. dinner.

Tickets are \$25, chairman Jewel Bailey told the club this month, but we are also selling half a ticket because we want individuals to come as well as couples. Ms. Bailey is arranging several cocktail parties in members' homes to get the event under way. She can be reached for tickets by calling her at 477-7100.

The Farmington Neighbor's Club president for this season is Dotie Lieber.

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Parenting doesn't have to be a hassle

By SHERRY KAHAN

Does parenting have to be all fudging and fussing, anger and anxiety?

No, say men and women who have participated in Positive Parenting classes offered by the Livonia Family Y. In another class set to start there, and one coming to Farmington, parents will have a chance to learn how to take some of the hassle out of parenting and put in a little more fun.

Farmington residents are invited to classes which begin Tuesday, Feb. 3, from 7:30-10:30 p.m. in the Farmington Community Center for six sessions taught by Farmington resident Jay Zimec.

In the class, Mom and Dad will quickly find out that it is not always easy to be a child. They will discover, among other things, that it doesn't hurt to show children anger. But they also learn they shouldn't attack the kids verbally, because it doesn't help a bit.

Micki Huysken of Livonia, one of the many parents in the area to take the course, pointed out that during session role playing, she took the role of her child while other class members acted as parents.

"YOU'RE STUPID," she was told. "You don't even know how to tell time so you can get home when you should."

"It really made me see how we parents place them on the defensive," she said. "Without realizing it, the parent can attack the child. Children don't like to have someone call them stupid."

She advised against these surprise attacks as well as surprise punishments. "You can't punish if there was no rule set down," she maintained.

"So instead of attacking them in your anger, explain how you feel about it when they come in late."

"Show them you were worried. You didn't know what happened. You feared they were in an accident. After that, set up a punishment in case it happens again."

"Let the punishment fit the crime. Don't take away their allowance for coming in late. Tell them that if they are late again they will have to come in earlier the next time. Then don't vary the punishment."

MRS. HUYSKEN is one of many

parents in the area who feels she is a more positive parent as a result of the class, which was developed by Dr. Kenneth Green of California Polytechnic Institute and used exclusively by the YMCA.

Another positive parent is Jay Zimec of Farmington, who took the course at the Family Y because his wife had taken it a year earlier.

"The changes in our family life were so significant that I decided to take it too," he explained. "Actually, it is more successful when both parents come, rather than having the

other parent learning about it second-hand."

A consultant for the Xerox Education Group and a former consultant in guidance and counseling at Wayne State University, Zimec will teach a course in positive parenting in the Farmington Community Center starting Tuesday, Feb. 3.

He explained the course dealt with five major areas of interest including parental style, discipline and parental openness. Another segment concerns the language of acceptance, also called effective listening.

As a conclusion to the class, parents

involve themselves in productive problem solving and a discussion of their values.

PARENTAL STYLE includes a consideration of the method by which parents bring up their children. Is it traditional or permissive? How effective is it?

Parental openness involves letting kids know how you feel, according to Zimec, who added, "It encourages a freer and more honest and of communication between you."

The class on discipline stresses teaching the youngsters, when necessary, that what they did is unacceptable to you.

Effective listening, most parents think, sounds easy, claimed Zimec. "But it is difficult to do. You have to learn to listen between the lines. The child is saying much more than his words reveal."

"Observe the child's voice, his body movements, his emotions. Encourage him to talk about what is on his mind."

Let's say he doesn't want to go to school. He is really saying something else, that he can't read, that is having encounters with a bully, or perhaps experiencing friend trouble."

MRS. HUYSKEN feels parents have to recognize that their child has feelings.

"They often have the solution all worked out for the child," she noted. "Billy comes in from the sandbox and says he hates Johnny, the boy with whom he has been playing."

"Right away the mother says, 'You don't hate Johnny.' Then she tells him to give back the toy they were fighting about, and be friends."

"It would be better if the merely said that it's too bad he hates Johnny

Express interest in how the friend might be feeling about the fight. She could then inquire about what made her son so mad. When he tells her that Johnny threw sand in his face and that's why he ran away with the toy, tell him that it would make you mad, too."

As Billy cools down he is faced with the problem of making up with his pal or having Johnny go home leaving him alone for the remainder of the afternoon.

"This is something Billy has to work out for himself," Mrs. Huysken declared. "Then he becomes responsible for his own actions rather than having his mom patch up everything."

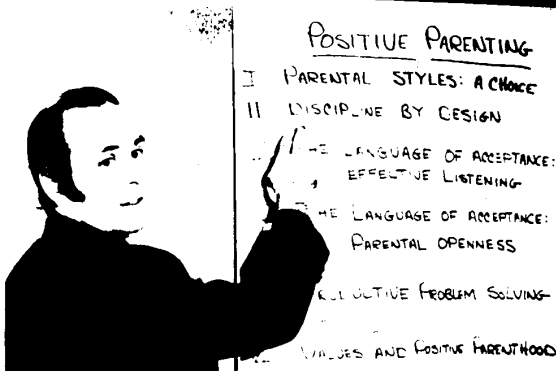
THE QUESTION of who is responsible for whom surfaced in the session on specific problems raised by parents.

"One of my daughters was slow in getting off to school," said Mrs. Huysken. "I would always nag and then she'd go off unhappy. In the problem-solving class we asked whose problem it was, mine or hers? We decided it was her problem to get to school on time."

Putting her on her own seemed to work. She took the responsibility for her own actions.

A problem Zimec and his wife solved after the positive approach to parenting involved the daily visit of the popcycle truck, which both found disturbing. Inevitably their boys clamored for a treat.

"We all sat down and talked about it as a problem," recalled Zimec. "And we found a way to solve it. For doing certain chores, the boys would earn stars. So many stars would earn them a popcycle."



Jay Zimec points out the basic principle of positive parenting. (Staff photo by Art Emanuel)

High score launches career for Realtor Beth Nicholson

By SHERRY KAHAN

Last Christmas the three children of Beth Nicholson of Livonia gave her a sledge hammer. It was just what she wanted.

Having entered the real estate business a few weeks earlier, she knew that one of her jobs as a salesperson is to pound into the ground "For Sale" signs.

Mrs. Nicholson was hired by Real Estate One after taking her prelicense training under the direction of Wilma Ravin, senior instructor of the firm.

So effective were Mrs. Ravin's teaching and her student's learning, that Mrs. Nicholson received a perfect score on her license test.

It is believed to be the first perfect score in 72,000 real estate license examinations during the past six years.

For this achievement, Mrs. Nicholson was awarded a special certificate by R.V. Griesinger, deputy commissioner of real estate in the Michigan

department of licensing and regulation.

NOW AT WORK in Real Estate One's office in downtown Farmington, Mrs. Nicholson reflects a national movement toward real estate on the part of women in the county. They now outnumber men in the profession.

"Women rarely find any discrimination and have free entry into the field either as salespersons or as brokers," noted J.W. Goss of Investors Mortgage Insurance Co. He estimates that more than 500,000 women are in real estate.

Mrs. Nicholson finds it helps to be a woman when selling a home.

"We're the ones who work in the home," she said. "We know what in a house appeals to women. Even if the man discusses money and terms, very often it is the woman who decides what she wants and what she doesn't want."

"It is a good business for women to go in. If you want to make an effort, you can earn rewards. All they ask is that you work hard. Most women

have worked so hard to raise children, that it is difficult for them to shift gears and slow down when the children grow up. I decided to pick a job in which I wouldn't have to slow down."

UNLIKE SOME professions in which the public is not used to dealing with a woman, the real estate business has a long history of female employees, she observed, adding that neither males nor females are predominantly successful in the business.

"The people I work with are very happy and friendly," she said.

As for what women want in a house, it is still a kitchen that is easy to take care of, according to Mrs. Nicholson. They are also looking for storage space such as a garage, basement or closets, and the popularity of king-sized beds leads them to prefer large bedrooms.

They also want to know the distance of the local school.

Houses most frequently sold in her area are in the \$40,000 price bracket and contain three or four bedrooms.



Mrs. Beth Nicholson (left) is congratulated for her perfect score on her real estate license examination. Shaking her hand is R.V. Griesinger of the state department of licensing and regulation. In the center is Wilma V. Ravin, who instructed Mrs. Nicholson prior to the test.