

**Continued from page 15**

here vegetables over gravy (use level serving spoon about 1/2 ounce per portion)

**WHIPPED POTATOES**

17 pounds potatoes  
Water to cover  
2 ounces salt  
White pepper to taste  
Salt to taste  
8 ounces butter  
1 pint light cream hot  
Milk hot

Peel and eye potatoes. If large potatoes are used, cut into pieces of uniform size. Keep in cold water until ready to cook. Cover with water and add 2 ounces of salt. Bring to boil and reduce heat. Cook 25 to 30 minutes or until tender.

Drain well and place in mixing machine with paddle. Break up well and replace paddle with whip. Beat at low speed until well mashed (Note: Potatoes may require rinsing prior to whipping.)

Add butter, beat. Add cream blend. Add hot milk until desired consistency blending well. Beat at medium, then high speed until light and fluffy. Do not overmix.

**HEARTS OF LETTUCE**

8 pounds lettuce washed  
cleaned, trimmed, core intact  
2 1/2 quarts Thousand Island  
Dressing

Cut lettuce in 3-ounce wedges leaving core in to hold lettuce together. Place on cold salad plate and dress with 1 1/2 ounces of Thousand Island dressing.

**Thousand Island Dressing**

2 pounds 13 ounces mayonnaise  
5 hard cooked eggs, chopped  
17 1/2 ounces chili sauce  
4 ounces pickles, sweet  
chopped, drained  
2 tablespoons onion, minced  
1 1/2 ounces pimientos, chopped  
fine

Combine all ingredients and mix thoroughly. Note: There are many variations; chopped stuffed olives, chopped green peppers and parsley can be used.

The above recipes are from *The Professional Chef*, a textbook detailing the artistry of the chef.

—ETHEL SIMMONS

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