

remain objective

Echoing Trenz's emphasis on communication, counselor George J. Schrauder from the Wayne County Marriage Counseling Service said, "Communication is something I would stress to a couple about to get married. It sounds so simple and so easy, but it becomes more difficult as time goes on."

"Communication of feelings is most essential because if you can do that, you can handle most any problem," he explained. "We've been taught to be nice. So we keep things, particularly hurt and angry feelings, inside us. But the more we let ourselves be known, the more chance we have of being liked."

Young women seem to be communicating more easily than they once did, according to Dr. E. Cashman, a gynecologist who is president of the medical staff at Providence Hospital in Southfield.

"I think the old-fashioned approach of not talking is over. That is good, of course. Old wives' tales create misunderstandings and anxieties, for instance, that

sex is an unclean thing. This makes it difficult for the act," said Dr. Cashman.

"Young ladies that I see now seem to be more worldly and have grasped a better knowledge of their physiology. Whether that's from school or wherever, I don't know," he continued.

Marriage is serious business, requiring forethought and plenty of communication. All work and no play, however dull marriage.

"Maybe people shouldn't take marriage so seriously. Problems can be fun," said Trenz.

"Marriage is like a garden. The joy of fighting is like weeding and getting your fingernails dirty. It's toil, but it can be rewarding."

He speaks from personal experience.

"Marriage is a central part of my life because it is my work, but also because my marriage is extremely happy. I work at it and play at it. So what I'm saying as advice, I really believe."

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