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'Sound of Music' coming soon

Marin, played by Nancy Parshalt, sings the popular 'Do, Re, Mi' during a rehearsal of 'Sound of Music' the Rodgers and Hammerstein musical to be produced by the Clarendonville High School drama department at 8 p.m. Friday, Saturday and Sunday at the Louis Schmidt Auditorium. 20155 Middle Belt. Tickets

are \$2. Maria is portrayed by the talented young actress, Kevin Watson. Debbie Druecker plays the role of the governess, Kathy Drette. (Staff photo by Bill W. Smith)

**For Farmington area women
Spring brings awareness of life**

By JACKIE KLEIN
Spring can mean a new awakening for women in Farmington and Farmington Hills. A number of programs to improve your mind, body and spirit are being offered by Wayne State University's Southfield extension center on 11 Mile west of Franklin Road.
How to become aware of choices and find greater pleasure in living is the theme of a class in Transactional Analysis (TA) beginning April 1. The eight-week non credit course, sponsored by the women's studies department will be taught by Judith Goren.

TA is an exciting road to personal growth, according to Ms. Goren. Individuals learn to increase their self-insight gain a new awareness of options and a sense of being in control of their own lives.
The course not limited to women will be Wednesday mornings from 9:30 to 11:30 a.m. For information call Jane Hart program coordinator at (313) 437-8044.

A NEW course focusing on the emerging lifestyle of the single woman will also begin the week of April 1.
The problems of integrating women as heads of households are ever increasing with the growing divorce rate, said Mary Jo Barrett, course instructor. "Many women are alone and choosing single lifestyle. We hope to draw women of all ages and educational backgrounds."

Areas to be included in the course are career planning, the single parent, sex roles and developing credit management and current reading materials.

WHAT COULD Artemisia Gentileschi mean to you? She was a 17th century Italian painter. "Women Artists," a class offered by the women's studies department college of lifelong learning, Wayne State University, will begin the week of April 1. There will be eight Thursday sessions from 12 to 2 p.m. in Southfield.

The course will explore women's creativity in the visual arts ranging from painting in ancient times to conceptual art in the 20th century.

Assertiveness Training, a six-week course at Wayne State's Southfield center, will begin April 6 and conducted on Tuesdays from 7 to 9 p.m.

DO YOU ever feel used or abused? Can you say no when you want to? If you can say no, do you feel guilty? Would you like to know why you have these problems? These are just a few of the concerns the

course will deal with.
This winter, Ms. Hart said, Assertiveness Training classes helped a number of women find new ways to handle their difficulties. The goal of the course, according to instructor, Anne Weitzel and Irene Sinclair, is to teach women to assert themselves while working together.
Each of us has emotional reactions to early experiences which makes us feel guilty," Ms. Sinclair said. "We also have anger we're incapable of handling. Women who enroll in the course will be provided with an introduction to theories and terminology of assertiveness. They'll also have opportunities to practice techniques with class members."

"I AM WOMAN" weekend workshops open to women aged 20 to 70 will be April 30 to May 2 and May 7 to 9. Teachers are Wendy Wagerheim and Irene Sinclair.
"Being a woman today has many new dimensions," said Ms. Wagerheim. "Some say it's frustrating and confusing, others say it can be challenging and exciting. Often the woman who wants to develop new potentials is very concerned about how these changes will affect special talents she has in her life."
At various times, we're not sure of our competence in making decisions about our lives. The media, our friends and family continually throw challenges on us."

THE WEEKEND workshops, said Ms. Wagerheim, will give women an opportunity in a supportive setting to share feelings with others who may have similar concerns.
"We'll look at communication and decision-making skills," said Ms. Sinclair. "We'll examine socialization, sexuality and isolation of women among other stimulating topics. Through research and sharing in this exciting experience, we hope you'll discover yourself."
Those interested in classes or workshops may call 358-2104.

**Outfitting a sailboat?
check this OU course**

Outfitting a sailboat this season includes a lot more than fresh bottom paint and new anchor line. Now an April 10 sailing symposium at Oakland University can be included in the spring checkout list.
The day-long program for racing and cruising sailors is presented by OUA Department of Conferences and Institutes. Featured are Don Crater, helmsman for Golden Bay, 1975 Canada's Cup winner, and John Bertrand, North Sails, Peabody, Wisconsin, the Golden Day, tactician.
Crater will present his music film production of Canada's Cup race, the 1975 Mackinac Island and other scenes showing the power and beauty of sail. Bertrand, who has a berth on the 1976 Australian Olympic

team, will talk about training a racing crew.
Joining Crater and Bertrand are Larry Klein, Boston Yacht Sail Company, Ted Woodhouse, Sails by Watts and Sons, Ltd., "Senior International" (sail) (Hick 100) Measurer.
Klein's topic is Sail Trim and Design. The IOR, the 11th Continuous cup, is a part of Johnson's session. Wednesday, 10 a.m. North American Tackling, Chairman and helmsman aboard Erik's Day, Agassiz. Will talk on strong winds.
John A. Bartlett, chairman USRY Junior Championships, will act as a sailmaker.
Registration information may be obtained by calling 377-3272.

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