

May wine is Spring's sure sign



MAY WINE

(A Very Old German Recipe)

Place a small bunch of dried sweet woodruff, five or six sugar cubes and two slices each of lemon and orange in the bottom of a quart jar. Then fill the jar with Rhine wine. Allow it to steep from 35 days. Tasting it daily strain off the lemon, orange and woodruff when the desired flavor is obtained.

MAY WINE

(Recipe No. 2)

1 cup sweet woodruff (dried)
1 cup brandy
1 cup powdered sugar
1 bottle dry white wine
Fresh strawberries
Mix the first three ingredients, cover and let stand overnight. Then strain and squeeze out all the liquid, not wasting a drop. Add the liquid to the wine. Serve chilled, and garnish with fresh strawberries. Drink it and dance around the Maypole.

DSS plans public forum

John T. Dempsey, director of the Michigan Department of Social Services (DSS) will hold his third in a series of statewide public forums Tuesday, in the 12th Floor Auditorium of the City-County Building, 2 Woodward, Detroit.

The forum is open to the general public and is scheduled to run from 9 a.m. to noon. In addition, there will be a discussion from noon to 1 p.m. about the recent Medicaid cutbacks and the drastic effect they have had on the elderly.

The forums are designed to give Michigan residents the opportunity to tell DSS officials what they don't like about Michigan's existing welfare system. Besides learning more about the community's needs, Dempsey also expects to hear welfare reform suggestions from forum participants.

Dempsey will begin Tuesday's forum with an overview of the Department's programs and then open the meeting to a question and answer period with the audience.

Rise up, maidens, be for shame!
For I've been four long miles from home.
I've been gathering garlands gay,
Rise up fair maidens, take in your May

—Old English folk song from New Castle-upon-Tyne

'Tis the Lasts Month of May, and once again it's time for that delicious May Wine that is traditionally drunk on May Day and for any other May festivity.

Here are two recipes, both are excellent, but the second one is quicker to make and far more potent.

Sweet woodruff can be found in most health food stores. It is sometimes called Master of the Woods. In Europe this herb was looked upon as the symbol of springtime. It has a fresh, clean smell much like new mown hay. Lincolns used it in sachets and potpourris.

By itself, woodruff can be brewed to make a relaxing yet uplifting tea.

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