By CARL STODDARD

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School lunch programs, never wildly popular among students, have taken a turn for the worse in Southfield as more and more students opt for something other than a square meal on a plastic tray.

The move away from school lunches as saddled Southfield schools with a \$40.000 deficit in the school lunch program. Although some relief is in sight, school officials still expect to end the year \$20.000 in the red—for the first time in at least three years. In an attempt to relieve the problem of dwindling diners, the schools along the the standard fare of vegatolies, masshed polatoes and carrot sticks.

sticks.
Even those efforts are not enough
for some students. Steve Ruskin, a
Southfield High School student representative to the school board, said
some students in his school want "naitribuou fast food."
The school's advisory council suggested serving carryout-style food as
a way to eliminate waste, attract
more people to the school lunch program and turn the cafeteria into a

more successful operation.
"Nutritional meals are a waste if people don't eat them." Ruskin said. He said the advisory council found students preferred cheezier pizza, grilled hamburgers, diet food, salads, yogurt and "some junk food."

SCHOOL OFFICIALS are not about SCHOOL OFFICIALS are not about the turn the school cafeteria into a haven for junk food junkies. They admit some changes in the menu might attract more student customers, but government subsides and nutritional standards prevent a switch to anything resembling MacDonald Land.

Southfield schools not \$100,000 feets.

Land.

Southfield schools got \$100,000 from
the federal government this school
year for the lunch program. The
schools also were able to buy government-subsidized food for school cafe-

government requires that school meals meet certain nutritional stand-ards.

According to Assoc. Sunt. William Addock, school cafeteria equipment presents another roadblock. Unlike fast-food restaurants, the schools are not equipped with French fry machines, hamburger grills and other

chines, hamburger grills and other paraphernalia.

The whole crux is we can't compared with Big Mae attacks: "Adock said. "There's just something about a MacDonald's and a Col. Sanders that we don't have.

"We have meals with hamburgers, but it has that nutritional touch that the kids don't go for. It's just not the same as a grilled hamburger."

Not all students are displeased with the food served up by the schools. Joseph Inwald, a student representative to the school curriculum council, favored continuation and expansion of full-course nutritional meals.

IN AN EFFORT to see that the standard furch program is maintenant turch program is maintenant standard furch program is maintenant students at the standard furch program is maintenant standard for encourage consumption of the meats of the standard for the maintenant furch program for the maintenant furch program for an entrinously balanced meal. We have considered the standard furch for a metricularly balanced meal. We have considered for a metricularly balanced meal. We have considered for the successful for the standard for the successful for the successfu

subsidized by the government.
Part of the problem with serving so-called junk food in the geloods. Ad-cock said, is that some students are in need of a sourd meal. For these students, a balanced school tunch may be their only opportunity to eat a well-balanced meal.
Studies have found that good nutrition and learning ability may be connected. Recognizing this, the state legislature has passed "The School Lunch and Breakfast Act," which goes into effect Oct. 1, 1977.
The law requires all school systems

The law requires all school systems to provide a school lunch, breakfast or supplemental milk program for its students. The legislation also sets guidelines for minimal nutrition requirements.

quirements.

State officials say studies show that hungry children are prone to illness and greater absenteism and tend to be less alert. One statistic shows that 50 per cent of all children in the Head Start Program in one large Michigan city were found to be borderline anemies. Presently, 85 per cent of all public schools in ofter some type of lunch program and less than one per cent ofter a breakfast program.





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## You can give your Mom a rose or a ring

By SHIRLEE IDEN

"Mother" is the operational word come this Sundry It's the second Sunday in May, the day we pause to honor the splendid women who gave us life and also the physical and entotional nurturing to grow into people in our own right. There have always been mothers but Mother's Day as hallowed tradition is relatively new Only a bit over a century ago, in 1872, Julia Ward Howe, author of "Battle Hymn of the Republic" decided that a day to honor mothers was an idea whose time had come.

come.

Ms Howe suggested June 2 for an observance of Mother's Day, and her proposal is the first such effort to be

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documented Later. Mary Towles, a Sasseen, Ky school teacher worked for a celebration of Mother's Day around 1887. In 1994, Frank E. Herig launched a similar campaign in Kansas City. Mo. but the effective drive came from Ann Jarvas of Philadelphia, who made a lifetime effort to establish the nationwide observance of a special day for motehrs.

SHE SELECTED the second Sunday in May Finally, on May 8, 1914 Mother's Day she got national recognition through a resolution passed by both houses of Congress. Since then the president proclaims Mother's Day as a yearly national observance. It may be true that the biggest bene-

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ficiaries of the holiday are the florists, jewelers and candy sellers. But Mother's Day is more than comercial, it's a day of the heart and the mind and a day to be sentimental

the mind and a day to be sentimental and reflective.

Already the telephone company has warned that calls should be placed early in the morning, all afternoon or early evening. In Michigan alone, 12 million long distance calls are predict-

ed on Sunday.
Charles F. Derr, Michigan Bell assistant vice presdient of network and
operator services said: "Callers will
be better off phoning before 9 a.m. or
between 1 and 8 p.m. on Sunday."
About 750,000 long distance Mother's
Day calls will be made within the
state, and 49,000 will be made to
places outside Michigan—including
overseas.

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