

Patisserie Wittamer

By TOM MACKINNON

Patisserie Wittamer, located in the Place du Grand Sablon, in Brussels, is known as the best pastry shop in Belgium and one of the finest in Europe.

Paul Wittamer attributes the recognition to the perfection of old recipes he uses, coupled with modern techniques used in the preparation of his work.

The shop's architecture is that of old Brussels, made of marble and wood. All the shelves and cabinets are backed with mirrors so the pastries can be seen from all sides.

The very rich and very sweet deli-

cacies that make your mouth water and your waistline larger, which are all sugar rich, are not necessarily the best.

I'm sending a recipe for Gâteau Claire Fontaine from Wittamer for you to sample, and see.

GATEAU CLAIRE FONTAINE

CAKE

5 eggs
1/2 cup sugar
1/2 cup sifted flour

Place eggs and sugar in a mixing bowl and whip until fluffy. Fold in flour by hand. Bake in eight inch cake pan that has been buttered, then floured.

Bake at 360 degrees for about 15 minutes.

CREAM

1/2 pint whipping cream
1 1/2 cup sugar
1 tablespoon Grande Marnier liquor
Whip cream and sugar and blend in liquor.
Now slice two oranges, thinly, and line the slices in a pattern in an eight inch cake pan.

Slice your cake into three layers. Spread cream on one layer and place in your orange-lined pan, cream side down. Repeat this with the other two layers. Then place in freezer for about an hour.

When frozen, warm the pan quickly over the top of your stove burner, and your gâteau will slide put easily.

I will be on my way home soon and will be back in Farmington in another few weeks. I will be stopping in Boston, Mass., on my way to give a demonstration in the Boston school system's culinary arts department. I will be meeting Julia Child there to talk about some of the things about which she knows best.

Bon appetite.

TOM MACKINNON



JOAN DUDLEY



JOANNE SMITH

Women in politics

(Continued from page 1B)

accepted when we carry out a function of our office."

"At political or social events, people keep asking me where my husband is," she said, indicating that the question of the whereabouts of a spouse of male politician at public functions is much less frequent.

An observation about the Livonia board was contributed by Mrs. Hierta.

"When someone shows leadership and is articulate," she said in a reference to her fellow board member, Mrs. Joyner, "and when she is also the senior member, she should have been made president of the board, and she wasn't."

The discussion at one point wrapped itself around the question: why is there no woman on the Livonia City Council?

"Someone running in Livonia will have to look like a winner," said Mrs. McKnight. "You have to look like a winner to get money. You also have to establish a track record by getting others elected and doing things in the community."

But Mrs. Dudley urged women not to stay out of a political race "because she hasn't been an apprentice."

"I had no political background," she admitted. "I'd never been to board meetings. I wrote the charter when Farmington Hills incorporated. I went to friends, saying I had no big name or anything and needed their help to be elected to the council."

"About 100 women rallied to my side and did hours of work."

MRS. McANINCH suggested an idea which she said had been useful elsewhere.

"Make a master list of women in your community who would be good

appointees for the mayor to make," she began. "When he has an appointment to make, have two names ready for him. These appointed jobs are a perfect training ground for political life."

"When I was mayor of Plymouth, I sought women for appointments, but I was unable to make as many as I'd wished. They had little self-confidence and you can't give it to them."

Following the meeting, several of the panelists discussed the emotional impact of public life. How did participating in local in board and council meetings affect them?

"Stomach churning. I'd call it," said one.

Mrs. McKnight agreed with the term. "You have to take sides on very emotional issues," she said. "Sometimes you feel good, sometimes not."

"I'm not always upset," commented Mrs. Blatt. "But the adrenalin gets going. It takes me two to three hours to unwind."

Veteran male politician Jerry Raymond, Livonia city councilman and the only male at the meeting indicated that men also experience the same reactions.

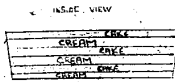
Perfect egg

Egg protein is so near perfection that scientists often use it as a standard to measure the value of protein in other foods.

"About 100 women rallied to my

Beauty in numbers

The Greeks were the first people to pursue mathematics as an art for its own sake.



CROSS SECTION



ORANGE SLICES

Y members to visit King Tut exhibit

The Northwest Branch YWCA will sponsor weekend trip by bus to Chicago to view the Egyptian exhibit now on display in that city's Field Museum.

The bus will leave the Y parking lot, at 2540 Grand River, at 8 a.m. June 10 and return at 9 p.m. June 11.

The weekend will include lodging at Holiday Inn City Center, which is near to shopping and entertainment facilities. A pretrip meeting will be scheduled to review the types of art on display in the museum.

Immediate registration is suggested, by calling the Y, at 537-8800.

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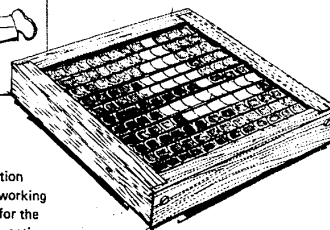
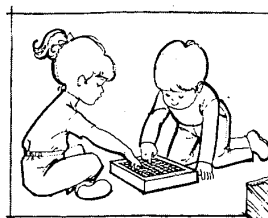


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courtesy of "Mama D"

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