

Exploit all senses during meal

All the feelings, all emotions and all sensations are ultimately located in the brain. An idea becomes reality. Never underestimate the power of suggestion. Attitude and atmosphere are all important.

Wise ones know that the serving of the right food under the right conditions can produce any emotion or action they may desire.

A well-planned meal (for any purpose) is one that will bring all the senses into play, just the sense of taste. Visual appeal, aroma, and varying textures and consistencies, all play a part in deciding the total effect.

Here are a few helpful hints for setting the stage:

1. ALWAYS USE cloth table coverings and napkins. Today, with permapress fabrics, even the busiest (or laziest) person has no excuse for not

using them. They require no starching or ironing, and are cheaper than paper in the long run.

But unless cost is no factor in your case, I would suggest that you make your own. That way, you can afford many sets, and may always choose exactly what you want for each occasion.

Buy fabric from remnant counters, cut to desired sizes, and hem or fringe the edges.

In choosing colors, remember their psychological value. Choose carefully: red for romance; ivory or beige for a proposal; bright clear greens, yellows, and chocolate browns to encourage friendships; patterns, checks, and earthy colors to inspire domesticity; etc.

All napkins should be enormous in size, unless the meal being served is for the purpose of cooling a friendship. Then use extra small ones. Con-

ventional-sized napkins are best when you are working on business deals.

2. ALWAYS HAVE fresh flowers on the table. They need not be expensive. During the winter, use house plants, or cuttings from house plants. Or buy a single flower. It is worth the small investment to have a single rose in a vase when you are trying to raise one's spirits or promote romance.
3. Use candle light for all meals. Forget the old rule of only after six o'clock. I use dripping candles in bottles, or novelty candles in various shapes, even for breakfast, or lunch alone with one child. It makes each meal a special occasion. Some men are afraid of candle light. If your man says: "I like to see what I'm eating," or is obviously uncomfortable in a too romantic setting,

use candles anyway; but use them subtly, with other soft indirect light.

4. ALWAYS USE appropriate background music. But remember that the music should provide a soft background, and not be the main event. It should blend into the total atmosphere so that it is barely noticed, if at all.
5. Choose china, silverware and glassware carefully. Add your own personal touch here and there. Don't be afraid of breaking conventional rules. Give these five things thought with every meal you serve, even the slightest snack. You will find that it does make a difference.

Note: You may write Guidella at Box 434, Garden City, Mich. 48135. For a personal reply, please enclose a self-addressed, stamped envelope.

Compensation board ready to aid victims

Slate Sen. Patrick McCollough, (D-Western Wayne Co.), has introduced legislation that will expand the ability of the Crime Victims Compensation Fund to provide compensation for persons injured in actions of domestic violence.

The Crime Victims Compensation Fund was established last year under legislation introduced by Sen. McCollough and will provide financial compensation to innocent victims of crime in Michigan when it takes effect this year.

"Beginning this October we will be able to help those persons who have been victimized by violent crimes in Michigan through the Crime Victims Compensation Fund," McCollough said.

"But under the law approved by the legislature last year, those persons injured in domestic violence do not qualify to apply for reimbursement from the fund."

"However, after studying the statute it is clear that our original fears of fraudulent claims being filed by related persons are unjustified," McCollough said.

The Crime Victims Fund has a review board with authority to award up to \$15,000 to a person who suffers a physical injury as a direct result of a crime.

"An award cannot be made on a claim unless the claimant has incurred out-of-pocket loss or two week's earnings or support," said McCollough.

"Not only will this amendment expand the number of victims the compensation fund may assist, but it will give more discretionary power to the board in determining who will be compensated," he said.

State pols set meet

Presidential Energy Assistant Dr. James Schlesinger, ecologist Barry Commoner and Atlantic Richfield President Thornton Bradshaw will discuss American energy policies at the annual meeting of the national conference of state legislatures (NCSL) in Detroit, Aug. 25. The meeting will be held at the Plaza Hotel, in the Renaissance Center.

Other major speakers scheduled to address 1,500 state legislators and legislative staff are former Secretary of State Henry Kissinger, Secretary of Commerce Juanita Kreps and ABC news correspondent Herb Kaplow.

Detroit Mayor Coleman Young and Gov. William Milliken will deliver welcoming remarks to the delegates at the opening session.

Workshops and seminars at the four-day meeting will deal with state taxing policies, hospital cost containment, energy initiatives, sunset legislation, voter registration, welfare reform, budgetary innovations and decriminalization of marijuana.

During the course of the meeting, the NCSL will also determine policy on state-federal issues which will guide their lobbying efforts before Congress and executive agencies.

DNR ok's Holly camps

The Michigan Department of Natural Resources (DNR) has awarded the Oakland County Parks and Recreation Commission a grant for \$139,500 for the construction of 55 new campsites and improvement of existing sites at Groveland Oaks County Park near Holly.

Initial approval of the grant was announced at a commission meeting in July. The commission also announced the DNR had rejected bids for funds to develop a softball complex at Waterford Oaks County Park in Pontiac, and for a grant to develop an environmental center at Independence Oaks County Park near Clarkston.

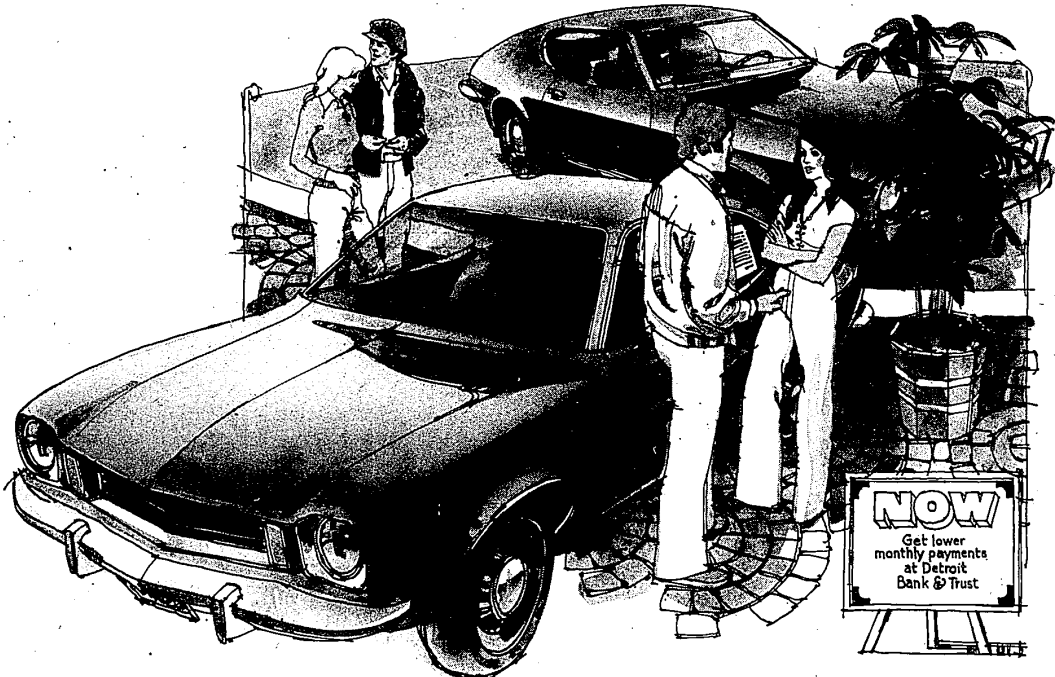
The grant was referred to the County Board of Commissioners for final approval.

"I feel we were fortunate to get the grant for \$139,500, because the DNR had only allocated a total of \$500,000 for our entire region," said Eric Balckel, director of the Oakland County Parks and Recreation Commission.

Sedan debuted in 1913

The American public was first introduced to the "sedan," a four-door luxury automobile, on Jan. 11, 1913. The occasion was the National Automobile Show in New York where more than 700 cars were exhibited by 88 manufacturers.

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