

'4 more like Kurt and Tony and I'd be a happy man'

Kurt Von Gruben and Tony Marando work night and day to make the pots, pans and dishes shine at The Old Time Deli in Farmington Hills. Tony is night dishwasher and Kurt takes over at 7 a.m.

"If I could get about four more workers just like Tony and Kurt, I'd be a happy man," said Lyle LaBell, who owns the deli at 2701 Orchard Lake. "Both have developed initiative on their own and have progressed a thousand per cent in their work."

Each of the young men has learning difficulties and attended Oakland Training Institute before they enrolled at New Horizons of Oakland County, a Torch Drive agency, a few years ago.

While at New Horizons, they were tested, evaluated, and taught skills as they worked on contracts accepted from local industry.

Later, they were placed in a food services training program where they learned dishwashing, bussing, table setting and janitorial work.

NEW HORIZONS provides counseling and vocational training for persons with physical and mental handi-



Farmington Observer Suburban Life

Thursday, September 29, 1977

caps, and works towards the student's employment in the community.

Last year the agency received \$37,000 from the 1976 Torch Drive to work toward that end.

In sheltered workshops, with contracts from private businesses, the association is able to provide in-house employment for the trainees. For some, this work is the only employment possible.

Tony got his job at The Old Time Deli with the help of New Horizons instructors 11 months ago. Since that time he has gained confidence, is more outgoing than he was before he started on the job and works well without supervision.

He lives in Southfield with two of his sisters and his parents, Mr. and Mrs. Charles Marando.

Kurt is the son of Mr. and Mrs. Kurt

Von Gruben, of West Bloomfield, and has been with the deli since May. He resides at one of the Community Living Centers in Farmington Hills.

Kurt just returned from a vacation in Toronto and says he is now saving his money for a trip to California next spring.

New Horizons has work actively centers in Farmington, Madison Heights and Pontiac.



Kurt Von Gruben, trained as a dishwasher, took it upon himself to learn other duties in the Old Time Deli, where he doubles as bus boy, table setter and janitor. (Staff photo by Harry Mauths)



Weaving techniques

Farmington Community Center visitors Joan Cometto (at left) and Pat Gotschalk admire Barbara Wolff's weaving techniques. The instructor is back for the fall term teaching how to manipulate fibers by the use of a string heddle, or by needle weaving on

an inexpensive frame loom. The way the yarn is used creates an individual design for a wall hanging, carry-all, cushion or rug. Registrations taken now by calling the center at 474-8404, for the Thursday classes which begin Oct. 6.

Agencies team up to give help to abused children

By ARLENE VANDERLEUN

Child abuse has an ugly sound. Nobody likes it. There is a stigma attached to it.

Parents who abuse their children often feel powerless to control their feelings, yet are overwhelmed with guilt. Fortunately, help exists for abusive parents.

"It was killing me to scream and yell at my children," says Ruth (not her real name), mother of three who lives in western Wayne County. Her voice cracked with emotion as she told of joining Parents Anonymous about a year-and-a-half ago.

Parents Anonymous is a self-help rehabilitation group which provides a confidential, sympathetic atmosphere as mothers and fathers who "lose their cool" with their children get together to seek solutions to their problem. To protect their identity, they are on a first-name basis only.

Ruth spent many hours alone with her children while her husband worked long hours. She was lonely. "I didn't want to be alone, and I took it out on the children."

When the three kids acted up Ruth would yell, "I'm going to leave here and never come back." For some reason, her teenage daughter bore the brunt of the verbal attacks. Or else Ruth would say, "If I die, it's going to be all your fault." Then the children would begin to cry and she would feel guilty.

CHILD ABUSE is defined by Parents Anonymous as five types of mistreatment which does not happen "accidentally," but repeated so often that it forms a pattern. These types are:

- Physical abuse, showing injuries that resulted from anger, rather than reasonable punishment.
- Sexual abuse, either actual sex

acts with the child, or doing nothing where there is evidence that sexual abuse has happened.

- Verbal abuse, excessive yelling, scolding and criticizing of the child.
- Physical neglect, lack of proper food, clothing, medical care, supervision or general care.
- Emotional neglect, the child is treated with no love or warmth, as if he doesn't even exist.

According to Wayne County General Hospital pediatric social worker Joyce Horston, child abuse is a complex problem which crosses all economic, social and racial lines. "These people are not monsters," says Mrs. Horston. They are, however, often suffering from great stresses due to illness, unemployment, troubled marriages or other factors.

"Most people with problems can get help from friends or relatives," said Mrs. Horston, a Farmington resident. "Many times these people don't. They are often lonely and unable to cope with their problems."

Often one child in the family will be perceived differently. Mrs. Horston went on. Perhaps the child is difficult to care for, or was the result of an unwanted pregnancy, for example.

"FREQUENTLY children who are abused grow up to abuse their own children," explained Carol Barnhart, social worker and executive secretary of Parents Anonymous of Michigan. The child's behavior may trigger the abuse, but it isn't the cause.

Wayne County General Hospital has a team of professionals called the SCAN team (Suspected Child Abuse or Neglect) composed of physicians, nurses, state protective service workers and social workers who meet to discuss ways of helping children and their families who may be experiencing problems of abuse or neglect. Emphasis is on the child remaining

with their own families, with help and counseling.

Pat Huhtelin, of Livonia, is coordinator of the volunteer Parent Aid program in western Wayne County, through the Department of Social Services, to give friendship and understanding to families with neglect or abuse problems. It is a cooperative effort between the volunteer aides and the families.

"Our aides are friends to the parents," said Mrs. Huhtelin. "They establish and build relationships by spending time together in such ordinary pastimes as shopping, having coffee together and taking walks. The aides provide an outlet, someone for the parents to talk with. They are also role models for the parents."

Aides are trained by professionals and have monthly meetings to pool ideas and discuss problems. They must be willing to donate four hours a week to the program, and the relationship generally lasts as long as the family needs it. For information about the Parent Aid program, contact the Department of Protective Services at 729-9490.

AFTER JOINING Parents Anonymous Ruth now feels more in control of herself. Both she and her teenage daughter are in individual therapy. She's realistic but hopeful about the future. "Things are better, but not miraculous," is how she puts it.

Her neighbors don't suspect the problems she's had. "Most people present a good face to the world. But when you're behind closed doors it may be very different."

Terry (not her real name) almost joined Parents Anonymous four years ago when her ex-husband abused her and their son and she didn't do anything to stop him. She "chickened out," that time, as she says, but joined in January of this year.

She had divorced her husband and remarried. She and her second husband have a daughter, and Terry is now pregnant. Her son is now in the custody of her parents, but Terry hopes to have him back soon.

"I want to be a good parent and things are changing now," says Terry. Terry's problems with her daughter began because she was jealous of her husband's attention toward the child. Terry began emotionally abusing her daughter, who was a year-and-a-half old at the time.

"I ignored her," she said. "I left her in bed all the time, except to feed and change her." However, she didn't act this way when her husband was home.

"Every thought was on myself," Terry added. "I always felt neglected. I was the oldest and resented my younger brother and sister." She ran away at 12, and spent a lot of time in psychiatric offices.

"Parents Anonymous and private therapy have been a godsend," continued Terry, who's now getting along better with her mother, too. "Maybe a lot of my problems were in my own mind."

Noted author Herbert Tarr will be the guest speaker at the first meeting of Temple Israel Sisterhood on Monday, Oct. 3.

Tarr's address will be sponsored by the Daniel M. and Sophie Hass Memorial Lecture Fund in memory of Mrs. Hass, a past president of the sisterhood and the Michigan State Sisterhoods.

An ordained rabbi, Tarr, the only American novelist ever invited to address the famous Moscow Seminar of Jewish-Scientists, authored the bestsel-

Psychic says: 'Everyone has some ESP'

By JACKIE KLEIN

"Most people don't realize they're sitting on a golden egg of innate psychic potential, and they can learn to hatch it."

That's the contention of Elaine Kissel who refers to herself as a "sensitive" because, she claims, "psychic" conjures up images of witchcraft, the devil, the occult and weirdoes in Gypsy costumes gazing into crystal balls.

Mrs. Kissel, an English born, 40-year-old mother of four and a grandmother, conducts Extra Sensory Perception (ESP) development classes in her new suite in Executive Office Park in Southfield. Nothing in her dress or mannerisms give a hint of her own extra sensory powers.

"We all have psychic abilities and ESP experiences," she maintains. "I used, developed and worked with mine. But if we all recognize this natural ability and use proven techniques to nourish it, we can be more complete beings."

Beginning Tuesday, Oct. 18 at noon, Mrs. Kissel will be teaching a five-week course aimed at helping individuals determine and develop psychic abilities. Another five-week course will begin 7 p.m. Monday, Oct. 24.

"Students will become acquainted with various psychic tools and scientific investigation in the field of paranormal phenomena," she explained.

"THEY'LL BE given an historical overview of occult practices and current trends in parapsychology. I will be teaching psychic development, perceptual awareness and mind control techniques. I also provide each student with a greater awareness of his or her own innate and total mental potential."

This includes bringing students a closer understanding and consciousness of their own psychological make up, Mrs. Kissel said, and how their individuality plays a vital role in the way ESP manifests itself to them.

How to relax, how to concentrate, how to control mind and body, how to dream constructively and interpret dreams are among subjects to be covered.

"About five years ago, after much experience and intensive study, I implemented this teaching program," Mrs. Kissel recalled. "You will discover that persons with highly developed psychic abilities are with it, closer to their environment and get along better with themselves and others."

"It's like walking in the comfort of your own living room, feeling more complete, learning to perceive and control your prejudices. My students don't feel like leaves in the wind because they have the tools to master their inner and outer environments. There's nothing to be frightened about because saints, inventors and other great men and women had paranormal abilities."



ELAINE KISSEL

SCIENTIFIC STUDIES of the human mind and brain have proven that people have within them a great potential for achievement, Mrs. Kissel believes. Extrasensory powers are part of that potential as is the power to control one's mind, body, and destiny, she said.

"You don't have to wait for science to prove everyone's ESP can be developed with proper tools and techniques," she said. "People from all walks of life, including more and more men, come to my classes. They come for a variety of reasons."

"Some want to become more efficient and intuitive in their businesses or professions. Others need guidance in order to cope and improve, achieve their ambitions, discover psychic experiences or fulfill their needs. I take the mumbo jumbo out of subjects like mind control by using simple, practical terms."

Mrs. Kissel admits she's tough on her students. She claims she's on 24-hour a day notice for people, and she expects them to do their homework and be on 24-hours a day for themselves.

Mrs. Kissel, also a free lance writer, has appeared on radio and television. Through Do Something Different Inc., she speaks to adult education groups on occult phenomena and conducts ESP workshops.

15 mile route set for Jaycees' walk

The Farmington Area Jaycees have put out a call for all walkers to start getting sponsors now for 1977's "Walk for Farmington."

The 15-mile route has been laid out for walkers who register at the Board of Education parking lot, on Shawassee and Pow s. Oct. 8. Registration begins at 8 a.m.

The word from Dennis Brills, spokesman for the Jaycees, is "Just show up with your sponsor sheet. We'll point you in the right direction."

The Jaycee walk is the chapter's campaign to raise money that is earmarked to support area community services. The YMCA, the Farmington Community Center, Burns Awareness Center, have all been past recipients.

"The goal this year," said Brills, "is for 1,000 walkers to walk as far as they can."

The walk set for this year will be the Jaycees' fifth annual walk, and it follows the format set in previous years.

AFTER WALKERS have secured sponsor sheets, mileage cards will be given to them at the time of registration. These will be verified at one-mile intervals along the route.

Also along the route, walkers will be invited to stop for light lunch snacks and beverages. Hygrade Meat Products, a contributor from past years, will again furnish the hot dogs.

The Jaycees' effort is assisted again by the Michigan Emergency Patrol, the Farmington City and the Farmington Hills Police Departments.

All walkers who are under the age of 18 must bring a letter of permission to join the walk from their parents, at the time of registration.

The walk will wind up at 5 p.m.

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