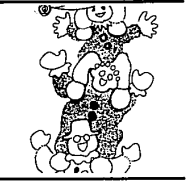


Where It's At

Where have you bean?
Ask any Californian! Life is no longer just a bowl of cherries. Now the thing is a bowl full of Jelly Belly jelly beans. (They've even been written up in New York and People Magazines.) What makes them so special? It's their delicious and unusual flavors. Available in chocolate pudding, peanut butter, coconut, mandarin orange, coffee, anise, green apple, cinnamon baked apple, boysenberry, licorice, root beer, cotton candy, marzipan, watermelon, cream soda, ice mint, lemon or banana. Jelly Bellies are priced at \$2.50 per pound. Sydney Bogg Chocolates, 3600 W. Maple at Lahser, Birmingham, 646-0344.



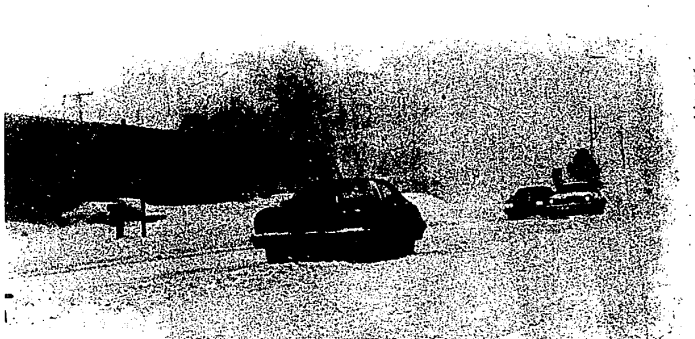
Wallflowers
For that special baby, here's a very special one-of-a-kind gift idea. Klara Orley paints charming wall murals for children employing marvelous colors and incorporating such objects as elephants, monkeys, giraffes, clowns, trains and rainbows into marvelous designs. Born in Budapest, Ms. Orley went to Israel at the age of 13 and was the chief graphic artist for the Israeli Army in Tel Aviv from 1969 until 1975. Then, luckily for all of us, she moved to this area. Ms. Orley also does hardedge super graphics, watercolors, pen and ink drawings and oil paintings.
Klara Orley, 688-4259.



Animal fair
When it comes to dog, cat or bird supplies, Napier's Kennel Shop is mecca. Besides the standard pet items, you'll find such unusual things as wool coats, sweaters, raincoats, britches, covered cat pans (for the modest cat), scratching posts from two feet to ceiling height, life-size fire hydrants and rawhide bones ranging from an inch to five feet in length. The store also carries a full line of show and grooming equipment, beds, mattresses and cages as well as carry-on suitcases and vari-kennels constructed especially for air travel. Napier's Kennel Shop, 1150 S. Woodward, Birmingham, Mich., 40655.



Frige benefits
In ancient France, these colorful hanging tassels were attached to the keys that were put in the keyhole of a desk or chest of drawers. If the key fell out, the owner was sure to know. Today people use them in all sorts of creative ways. For example, they look terrific tied to the handle of a drawer, as window shade pulls or hanging from a belt. In stock in solid and multi-colored, three lengths are available. The six-inch tassel is priced at \$8, the eight-inch tassel at \$12, and the ten-and-a-half-inch tassel at \$17.
The Hampton House, 523 N. Woodward, Birmingham, 645-433.



Driving in a blizzard can be a fearsome thing, especially when an abandoned car looms suddenly in front. (Staff photo)

Afraid to drive on snow?

By IRIS SANDERSON JONES
Fear of snow is a learned response, and it can be unlearned.
That's the word from Steven May, a behavioral psychologist at Ann Arbor's Center for Behavior Therapy, who treats many patients for fear and anxiety.
"A number of people are afraid to go out in the snow," May said. "They are afraid to drive in it, to walk in it and sometimes they get anxious looking out the window at snow."
"It can stop them from going to sleep at night, because they are worried about what would happen to them if they were to go out in snow. It's a way of preparing yourself for something you can't cope with."
May specializes in behavior modification, especially as it applies to fear and anxiety. He has some specific recommendations for people who are afraid of snow.
"If you are in the house feeling anx-

ious, do something else to keep yourself busy. Your long-range goal is to learn how to approach the feared situation while you are still in control of it. For that reason you may want to go walking in the snow or do a little shoveling.
"Try not to let your thoughts run wild, because that escalates the anxiety and you start imagining even worse things."
Fear of driving in the snow is a different matter.
"Your first concern should be safety. Don't go too fast. Try to feel you are in control of the car at all times. Test the road by pumping the brakes very lightly. When you skid put the car in neutral. If all that is too much for you, then try going out into an empty parking lot and practice spinning where it's safe. In the final analysis you may need professional help."
Counselors and psychologists around

the metropolitan area can help a person whose fears are so strong that they are prevented from leading a normal life.
May counsels a number of people with this problem at the Center for Behavioral Therapy, until recently known as the Institute for Behavior Change.
May also teaches group workshops called "Don't be Afraid" at the Continuum Center for Adult Counseling and Leadership Training at Oakland University.
May's final word to anxiety-ridden snow haters is this: "Don't be afraid. You learned the fear reaction and you can unlearn it. Sometimes it means imagining the worst thing that could happen, and in snow, if you drive slowly, that probably means a fender bender or an hour of being stuck in the ditch. Most people imagine the consequences of any feared situation as being much worse than they really are."

What to do if you collide

Most drivers increase their awareness and caution in negotiating winter's slippery roads, but the grim reality is that one out of every four drives will end in a traffic mishap, ranging from a fender bender to a total loss.
The Insurance Information Institute, source of that statistic, also had some information on what to do to prevent confusion if you are involved in an accident.
It listed specific tips, and suggested that a copy of the suggestions be kept in the glove compartment of the car so the driver will know what to do in such a situation.
Here are the suggestions:
• Stop, identify yourself and summon aid for the injured.
• Exchange names, addresses and driver's license numbers.
• Explain the details to the police

officer on the scene. Too often drivers walk away from an accident forgetting to look at the police report. Once the report is filed, the driver has so means of changing the account of the accident.
• Never admit fault under any circumstances.
• Make a note of the officer's name, badge number and jurisdiction. Also get the number of the police report for your insurance company.
• Refuse to sign any liability waivers or assurances that you're not injured. Many injuries are not immediately evident, so see a doctor if you suspect any injuries.
• Take notes on the circumstances surrounding the accident including time, place, weather and road conditions, any evidence of a law violation, approximate speed of cars and rele-

vant details.
• If the other driver admits fault, get it in writing and before witnesses, in case of a suit.
• Diagram the scene of the accident as accurately as possible, including the precise placement of cars and people.
• Report the accident to your insurance representative promptly, since most policies require such notification within a specified period. To speed up the claims settlement, include your policy number and all details of the accident in your report.
• If you or your passengers are injured, keep detailed information and bills from any medical examinations. The insurance company will ask for them later.

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