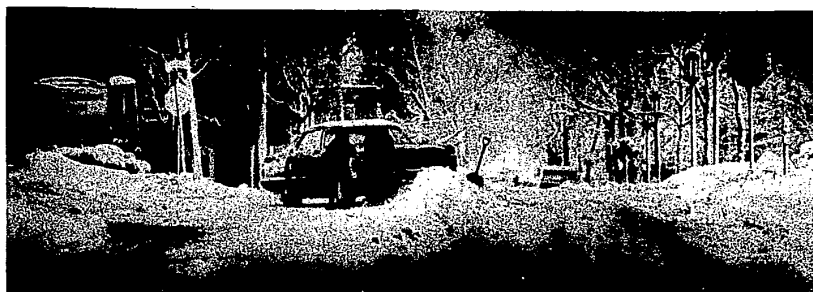
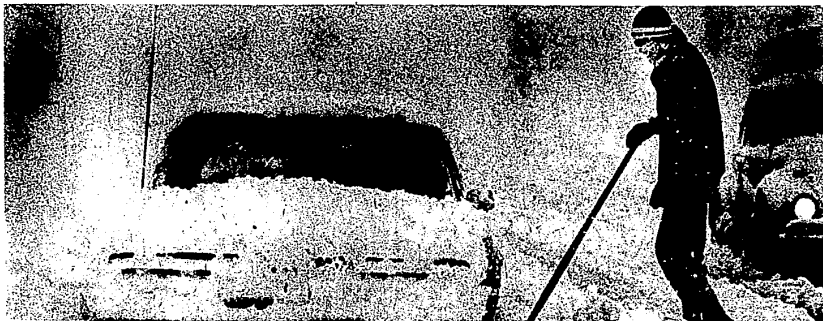


Old man winter socks KO punch, area down but not out for the count



A good friend is someone who lends a helping hand when the car gets stuck.



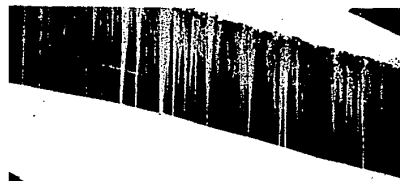
Snow shovels came in handy for freeing cars trapped in the blizzard.



At times, city streets were only fit for skiers and snowmobiles.



Parking meters froze solid, but so did many other more critical things like power lines during last week's blizzard.



If beauty is in the eye of the beholder, there were works of art to be found.

Staff Photos by
Doug Bauman, Dick Kelley
and Charlie Kidd

At Your Leisure

CURTAIN TIME

The Tempest fantasy with music by William Shakespeare at Meadow Brook Theatre on Oakland University campus in Rochester. Through Sunday, Feb. 19. Performances are at 8:30 p.m. Thursday and Friday, 2 and 6:30 p.m. Saturday and 6:30 p.m. Sunday. Tickets at Hudson's or by calling Meadow Brook box office, 377-3300.

Here Lies Jeremy Troy comedy by Jack Sharkey at Somerset Dinner Theatre in Troy. Pierre Turgeon and Jimmy Launce Production each Friday and Saturday at theater in lower level of Somerset Mall. Buffet by Alfred's Restaurant begins at 7:30 p.m., followed by show at 8:45. Reservations at Alfred's, 643-8865.

A Thousand Clowns dinner theater presented by Theatre of the Arts Cocktail Playhouses on Thursdays and Sundays at Alvaro's in Troy. Thursdays, dinner 7 p.m., show immediately following; Sundays, dinner 2 p.m., show immediately following. Reservations at 649-0903.

The Boyfriend dinner theater presented by Theatre of the Arts Cocktail Playhouses on Fridays and Saturdays at Alvaro's in Troy. Dinner at 7 p.m., show immediately following. Reservations at 649-0903.

Two Gentlemen of Verona dinner theater presented by Theatre of the Arts Cocktail Playhouses opens Thursday, Feb. 2, at Botsford Inn in Farmington Hills. Performances Thursdays and Sundays; on Thursdays, dinner at 7 p.m., show immediately following; Sundays, dinner at 6 p.m., show immediately following.

Pippin Saturday matinee box to musical show at Detroit's Fisher Theatre will leave Kendallwood Shopping Center at 12:40 p.m. Feb. 4, on trip sponsored by Farmington Community Center.

One Flew Over the Cuckoo's Nest drama runs through Saturday, Feb. 4, at Will-O-Way Repertory Theatre, Bloomfield Hills. Curtain time 8:30 p.m. Friday and Saturday. For information and reservations call 644-4418.

Promises, Promises Broadway hit based on Neil Simon comedy with

music by Bert Bacharach and lyrics by Hal David, presented by Birmingham Village Players on Thursday-Saturday, Feb. 2-4; Friday and Saturday, Feb. 10-11 at playhouse in Birmingham. Curtain 9 p.m. except Thursday at 8. Ticket information at 644-2075. AFS Benefit Night Thursday, Jan. 26; call Judy Mammel at 647-0192 for information.

Charlie and the Chocolate Factory written and adapted to stage and screen by Roald Dahl presented by Farmington Family Players at 7:30 p.m. Saturday, Feb. 4, and 7 p.m. Sunday, Feb. 5, at Franklin Community Church, Feb. 3 in snow date. Tickets by calling 632-3222 or 642-8367. Group rates available.

Star-Spangled Girl Neil Simon comedy presented at second annual dinner-theater production to benefit Detroit Country Day School Friday-Saturday, Feb. 3-4, and 10-11, in the school learning center at the Main Campus in Birmingham. Meal served promptly at 7:30 p.m. Produced by Sinitz Productions, Inc. Tickets by calling Mrs. Bernice Matecki at the school, 646-7717, ext. 23 weekdays between 9:30 a.m.-4:30 p.m.

CONCERTS

Contrasts multi-media chamber music and dance concert concludes Faculty-Professional Series at 3 p.m. Sunday, Feb. 5, at Varner Rectal Hall on Oakland University campus in Rochester. Artists include Kathleen Winkler, violin; Marvin Holaday, clarinet; Richard Pipo, cello; Stanley Hollingsworth, piano, and others. Ticket information from Old Department of Music box office at 377-3225.

ON FILM

Wednesday Noon Lancelotti Film Program presents "Why Man Creates" and "An American Account—Story of Banking" noon to 1 p.m. Wednesday, Feb. 1, in second floor Jeanne Lloyd Room of Baldwin Public Library, Birmingham. Audience invited to bring brown-bag lunches; coffee available.

Thursday Thriller series presented by Friends of the Southfield Public

Library presents musical "Can-Can" starring Shirley MacLaine, Juliet Prowse, Frank Sinatra and Maurice Chevalier at 7:30 p.m. Thursday, Feb. 2, at Southfield Civic Center in Parks and Recreation Building in Lower Level Lounge. No charge for parking or movie.

First Thursday program at Troy Public Library presents "Roots—The Escape" at 7 p.m. and "The Ascent of Man—Music of the Spheres" at 8 p.m. Registration at 689-5665.

Adult Film Night at Troy Public Library presents Cary Grant and Rosalind Russell in "His Girl Friday" at 7 p.m. Monday, Feb. 6. Registration at 689-5665.

Travel Film Series at The Community House presents "Australia—Great Land Down Under" narrated by Kenneth Armstrong at 8 p.m. Friday-Saturday, Feb. 3-4.

How Should We Live? a 10-episode film series by Dr. Francis Schaeffer, Wednesdays through March 15, 7:30-8:30 p.m. at Church of Christ in Troy. Each episode followed by discussion. No charge; registration by calling Jesse E. Clayton at 646-5180 or 647-5035, or Tom Doederlein at 647-6455.

TALKING

Coping With Change series of lectures by Rabbi Sharvin Wine presents Simone de Beauvoir's "Coming of Age" at 8:30 p.m. Monday, Jan. 30, at the Birmingham Temple in Farmington Hills. Admission charge.

Russell Barnes Current Events Lecture 1-3 p.m. Tuesday, Jan. 31, in second floor Jeanne Lloyd Room of Baldwin Public Library, Birmingham. Admission charge.

Troy Town Hall presents David Atlee Phillips discussing "The CIA, A Peculiar Service" at 11 a.m. Wednesday, Feb. 1, at the Troy-Hill Library. Admission open to season ticket holders only.

Booked for Lunch discussion program at Troy Public Library features John Leggett's "Ross and Tom, Two American Tragedies" noon to 1 p.m. Wednesday, Feb. 1.

Space 1979 lecture Wednesdays, Feb. 1 through March 1, at Cranbrook

Institute of Science in Bloomfield Hills. Program 7:30-9 p.m. Admission charge.

From the Newsroom Lorraine McClish, editor of the Suburban Life section of the Farmington Observer, talks about her job with the news chain and the people she meets who make the news, on Fabulous Fridays program on Feb. 3 at Farmington Community Center. Continental breakfast at 9:30 a.m. precedes program. Reservations at 477-8404.

CHILDREN'S CHOICE

Spring Story Time at Troy Public Library. Two sessions offered for Mother and Tot (3-year-olds accompanied by parent) on Tuesday at 9:30 or 10:30 a.m. Regular Story Time sessions for 4- and 5-year olds offered on Thursdays at 10:30 a.m. and 1:30 p.m. Story Times last one-half hour. Registrations in person or by phone week of Jan. 30 through Feb. 4. Call 689-5665.

Think Spring family program in honor of Grounding Day 7:30-8:30 p.m. Thursday, Feb. 2, at Boys and Girls Department of Baldwin Public Library. Mary Ann Verdi, ventriloquist, entertains. Also films and stories. Suggested age for children—5 and up.

Saturday Cinema at Troy Public Library presents "Paddy to the Sea" and "The Superintendence"

at 1:30 p.m. Saturday, Feb. 4. Program for upper elementary school children.

MAIN STREET

Registration for third series of skating classes at Birmingham Ice Sports Arena begins Monday, Jan. 30, for residents and Thursday, Feb. 2, for non-residents.

Michigan International Camper & Outdoor Living Spectacular '78 through Sunday, Feb. 5, at Pontiac Silverdome Stadium. Second annual show is season's first viewing of 1978 recreational vehicles, including camping equipment ranging from simple tents to "house-like" campers. Hours noon to 11 p.m. Saturday, Feb. 4; noon to 9:30 p.m. Sunday, Feb. 5; 4-10 p.m. Friday, Feb. 3. Admission priced for adults and for children under 12 years.

What's Line on what's happening in the Greater Detroit area. Call 259-1911 for recorded phone message of entertainment information updated daily.

Solemn Aleichem Institute Art Show and Sale 15th annual event Friday-Sunday, Feb. 3-5, at Shenandoah Country Club in West Bloomfield. Some 3,500 works from 150 of Michigan's professional artists on display. Sip and Shop, Friday, Feb. 3, 8-10 p.m.; A Happening, Saturday, Feb. 4, 6 p.m. Open to the public.

Hours 11 a.m. to 5 p.m. and 8-10 p.m. Friday, 11 a.m. to 10 p.m. Saturday and 11 a.m. to 5 p.m. Sunday. Admission charge.

Summer Opportunities Fair 12:30-5 p.m. Sunday, Feb. 5, at Cranbrook School Performing Arts Center in Bloomfield Hills.

Ceramics workshop at Farmington Community Center 10 a.m. to 2:30 p.m. Mondays, Feb. 6, 13. Helen Frick will help you create a one-of-a-kind ceramic piece. Further information at center, 477-8404.

Traveling Under the Stars February Planetarium topic at Cranbrook Institute of Science in Bloomfield Hills. Programs at 4 p.m. Wednesdays; 2, 3, 4 and 7:30 p.m. Saturdays; 2, 3 and 4 p.m. Sundays. Admission charge.

Ski Bus to Mt. Brighton Saturday Ski Bus runs each week that is suitable for skiing through March 4. Chaparral bus leaves Farmington Community Center at 8:30 a.m. for full day of skiing that includes lesson. Open to all young people 5th grade up. Call center at 477-8404 for details of program.

For area events in Oakland County to be considered for listing, send information to: Ethel Simmons, Entertainment Editor, The Observer & Eccentric, 1225 Bowers, Birmingham 48012. Deadline is two weeks in advance of event.

Doc pooh-poohs anti-joggers

Dr. Kenneth Cooper, creator of the "aerobics" exercise program that is followed by millions of Americans, says that joggers at his Aerobics Activity Center track here have logged over one million miles "without a single fatality."

In an article published in the January issue of the Reader's Digest, Cooper asserts, "Despite scattered claims and headlines about the dangers of jogging and other aerobic activities, the evidence in favor of an aerobics program is overwhelming." Since 1971, he says, more than 5,000 people have exercised at the Dallas

track without serious mishap. He concedes, though, that "It is true that unaccustomed, unsupervised, strenuous exercise, especially by cardiac patients and sedentary people, may be dangerous."

But he insists that if safe and sensible guidelines are followed, there is no danger to the individual. He calls for persons taking up exercise to obtain a "complete physical examination before they begin, not to run within two hours after a heavy meal, to warm up gradually before starting out and to cool down after completing exercise."

"As yet, we don't have enough evidence to claim that diet and exercise can actually rebuild and open up clogged arteries—only evidence that the process can be slowed down," Dr. Cooper writes. "But there is overwhelming evidence that aerobic exercise will not only work to prevent or delay the onset of heart disease, but also help you survive a heart attack." Furthermore, he notes that disease of the "cardio-vascular system—while accounting for 55 percent of all deaths—has declined almost 14 percent since the 'late 1960s. Doctors credit increased preventive action."