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35 DONES

CASTORIA

ALCOHOL - 3 PER CENT

A Laxative Preparation for Regulating the Bowels of Infants and Children

LINNÆUS & CHILDREN

Thereby Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

Prescribed and Sold by:
 J. C. Watson, Apothecary, Seattle, Wash.;
 J. A. Allen, Druggist, Astoria, Ore.;
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A helpful Remedy for Constipation and Biliousness, and Feverishness, and LOSS OF SLEEP resulting therefrom-inflamy

The Simple Signature of
J. C. Watson

THE CLEVELAND DRUG CO.,
 NEW YORK.

At 6 months the old
35 DONES - 35 CENTS

Extra Copy of Wrapper.

CASTORIA
For Infants and Children.
Mothers Know That
Genuine Castoria
Always
Bears the
Signature
of
Dr. H. H. St. John
In
Use
For Over
Thirty Years
CASTORIA
THE SMITHSON COMPANY, NEW YORK CITY.

INTERNATIONAL SUNDAY SCHOOL LESSON

(BY E. O. SELLERS, Acting Director of the Sunday School Course in the Moody Bible Institute, Chicago)
(Copyright 1917, Western Newspaper Union.)

LESSON FOR FEBRUARY 4

JESUS THE SAVIOR OF THE WORLD.

LESSON TEXT—John 3:1-8.

GOLDEN TEXT—For God so loved the world that he gave his only begotten Son, that whosoever believeth in him, should not perish, but have everlasting life.—John 3:16.

This most famous interview in history occurred probably in some room in Jerusalem where Jesus was a guest, a room reached by an outer stairway so that he could receive visitors privately.

1. The Teacher of the Jews (rv. 1, 2). Nicodemus was a member of the sanhedrin (Ch. 7:50). He belonged to the Pharisees who were much devoted to the scriptures, and in whose hands the political affairs were largely placed by the Romans. There are several reasons why Nicodemus came to Jesus by night. Prudence dictated secrecy, but that he came at all was encouraging. He was more apt to find Jesus at home in the evening. He had much that he wished to learn, and needed a quiet hour, removed from the crowd. The things that Jesus had done and taught made Nicodemus think that Jesus must be the Messiah. Nicodemus wanted to know how to be blessed or happy.

II. A Teacher From God. (rv. 3-8).

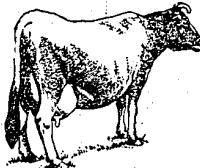
DAIRY FACTS

MILK FROM THE FAMILY COW

Animal Should Be Housed in Clean, Well-Lighted Shed and Provided With Shed for Exercise.

The family cow should be a constant source of cheap, pure and delicious milk, says Clemson agricultural college of South Carolina. Such may be the case, if a few precautions are taken. It is frequently observed, however, that under the conditions surrounding the family cow only dirty, diseased milk can be produced.

A cow may be suffering from tuberculosis, the worst disease to which she is subject, and still show no signs of it to the proud owner. For the sake of the children who drink this



Fine Type of Jersey.

milk, a qualified veterinarian should be called upon to inspect and test each cow every year.

With the assurance of a healthy cow she should be housed in a clean, well-

**MOTHERHOOD
WOMAN'S JOY**

**Suggestions to Childless
Women.**

Among the virtues of Lydia E. Pinkham's Vegetable Compound is the ability to correct the irregularities in the cases of many women. This fact is well established as evidenced by the following letter and hundreds of others we have published in our columns.

Poplar Bluff, Mo.—"I want other women to know what a blessing Lydia E. Pinkham's Vegetable Compound has been to me. We had always wanted a baby in our home but I was in poor health and not able to do work. My mother and husband both urged me to try Lydia E. Pinkham's Vegetable Compound. I did so, my health improved and I am now the mother of a fine baby girl and do all my own house work."—MRS. ALLIE B. TIMMONS, 212 Almond St., Poplar Bluff, Mo.

In many other cases, once children are there are now children because of the fact that Lydia E. Pinkham's Vegetable Compound makes women normal, healthy and strong.

Write to the Lydia E. Pinkham Medicine Co., One Lynn, Mass., for a free trial. It will be confidential and helpful.

Must Be Spared.

First Mother—Is it a nuisance have to stow up so often on account of these foot pedestals?

Second Mother—Indeed, it is, but everybody says we've got to have bigger standing army.

This is a serious matter with **Impres-
sionists** as **social pictures** are constantly
going up. To overcome this, cut out
the high priced meat dishes and serve
your family more Skinner's Macaroni
and Spaghetti, the cheapest, most de-
licious and most nutritious of all foods.
Write the Skinner Mfg. Co., Omaha,
Nebr., for beautiful color book, telling
how to prepare delicious dishes for
every day. Free to every woman.—Adv.

The Trouble.

"What do you think of this wonder-
ful work you have done?" she asked as she
proudly led him to where was hang-
ing in state the Impressionist land-
scape she had purchased.

"If I think," he replied, after care-
ful consideration, "that the man who
did it must have had painter's coffee."

**SWAMP-ROOT STOPS
SERIOUS BACKACHE**

When your back aches, and your head-
ache and kidneys seem to be disordered, re-
member to get a bottle of your
nearest drug store and get a bottle of Dr.
Kilmer's Swamp-Root. It is a physician's
prescription for diseases of the kidneys

It has stood the test of years and has
a reputation for quickly and effectively
giving relief in thousands of cases.

This prescription was used by Dr. Kil-
mer in his private practice and was so
very effective that it has been placed on
sale everywhere. Get a bottle for 50c
and \$1.00, at your nearest drugstore.

However, if you wish first to test the
great preparation send ten cents to Dr.
Kilmer, One Cent Building, New York, for
a sample bottle. When writing be sure and
mention this paper.—Adv.

Overlooked Convenience.

"Waiter," said a guest at the sum-
mer hotel, "call the manupor."

The waiter did so and the manager

A man should have a good excuse ready before committing a mean act.

A postal card to Garfield Tea Co., Brooklyn, N.Y., asking for a sample will pay you.—Adv.

One trouble with sowing wild or rest is that you don't find time to get the rest of the crops in.

Only One "BROMO QUININE"
To cure colds, coughs, croup, whooping
cough, influenza, all full-time LAXATIVES,
BROMO QUININE is the only medicine
that gives a cold its own day's life.

Don't Call on Pneumonia Patient
"Kissling a pneumonia patient is most as hazardous as to kiss a dyltheia or scarlet fever patient." Henry Officer J. B. Landis asserts in an editorial in the weekly Bulletin of the American Lung Association, New York department, in which he declares that "pneumonia is a communicable disease and that contact is important factor in its spread," and declares that "numerous physicians are of the opinion that the unusual prevalence of the disease and the severity type that prevails."

"Visitors have no business call on a pneumonia patient!" Declares the St. Louis statesman—Clueless! The Star

Not a Learner.

"Do you think you will learn anything from this stock market investigation?"

"No," replied Mr. Dustin Stux. "I don't believe there are any kinds in the stock market game that I don't already know."

Estimating the Breakage.

"You won't have to take the pledge,"

"That's right. And I have no doubt it is rather more difficult to break a law than it is to break a pledge."

A \$100,000 knitting mill in Florida is owned by negroes.



There was a young lady named Bader, who slept while she was in a caber.
"Swear to me," when she heard the man say,
"You know or I might anybody to awake uncovered out of a sound sleep with the first symptoms of a cold catching at the throat and

Jesus came from the common people (cf. Cor. 1:25) yet for all that He was born again. "I must be born again." The answer of Jesus was according to the condition of the man before him, the deepest need of his soul. Literally, he said, "Most assuredly, except you shall be born again, you shall not see the kingdom of heaven." To be born again means to be born again. It matters not what your parentage may have been, whether you were born of without sin, like Nicodemus, that man. He was moral, religious and sincere. The instrument through which this birth is effective is the word of God (1 Peter 1:23; cf. 1 John 1:9). The word which is the Holy Spirit (cf. 1 John 3:5). [Water is a symbol of the word (Eph. 5:28). Literally translated, this passage reads, "Except one be born of water and the Spirit, he cannot enter the kingdom." The word "water" in this verse, which is the Holy Spirit, refers to one factor in regeneration, the Spirit, so the water manifestly refers to the other element of regeneration, the word. The main component in this word is the instrument in the regeneration. Although not expressly mentioned here, it is elsewhere.

on my brains.
She—You flatter yourself!—Puck.
Explanation.
She—I wonder why men lie so.
He—Because their wives are so blamed inquisitive.
Contusion, indigestion, sick-heads and bilious conditions are overcome by course of Garfield Tea. Drink on retiring.
—Adv.
In Chile, teaching has attracted a few native women.

equipped with all modern conveniences," said the guest.

"We do," replied the manager. "and I believe you will find that we live up to our promise."

"Very well. Please put a maximum silence on your orchestra."

**"CASCARETS" FOR
SLUGGISH BOWELS**

No sick headache, sour stomach, biliousness or constipation by morning.

Get a 10-cent box now.

Turn the wheels out—the headache, biliousness, indigestion, the sick, sour stomach and foul-gases—turn them out to-night and keep them out with Cascarets.

Millions of men and women take Cascarets now and then and never know the misery caused by a lax liver, clogged bowels or an upset stomach.

TAKES OFF DANDERINE

HAIR STOPS FALLING

Gloria Trif, Thinks Hair Too Glossy, Thinly, Beautiful—No Matching Scalp.

Within ten minutes after an application of Danderine you cannot find a single trace of dandruff or falling hair and your scalp will not itch, but will please itself most well after two weeks use, when you see hair fine and downy at first—yearly new hair growing all over scalp.

A little Danderine immediately bleas the beauty of your hair. No itching, no redness, faded, brittle, scraggly, just moisten a little Danderine and carefully draw through your hair, making one strand at a time. The effect is instantaneous. Your hair will be light, fluffy wavy, and have an appearance of abundance; an incomparable softness and luxuriance.

Get a 25 cent bottle of Known Danderine from any store, and get it as fast as you can, and say—as they—that it has been neglected by careless treatment—be all—your surely can have beautiful hair if you will just try the Danderine. Adv.

**Boschee's
German Syrup**

handy there is no need to worry. It gently soothes inflammation, eases the cough, insures a good night's sleep, with free expectoration in the morning. This old remedy has been successfully used all over the civilized world for the last 81 years. 25c. and 75c. sizes at all druggists and dealers everywhere. Try it and see.

**Don't Persecute
Your Bowels**

Cut out cathartics and purgatives. They are dangerous and unhygienic.

CARTER'S LITTLE LIVER PILLS

Purely vegetable. Act gently on the liver. Cleanse bile, regulate bowels, cure constipation, biliousness, headache, dizziness, indigestion, acid stomach, etc., etc.

CARTER'S LITTLE LIVER PILLS

Small Pill, Small Dose, Small Price

Genuine must bear Signature

Wm. Wood

MAGIC

WASHING STONE

10 P. V.) and yet he did not know fundamental a truth as the new birth, though he was a Jew, a Pharisee, a Rabbi. The Pupil's Difficulty (Pv. 9-15). The works of the flesh as contrasted with the fruits of the Spirit are brought out in the Epistles, yet, like Nicodemus, people are asking if they can see these things. The Teacher changes Nicodemus with the words, "Art thou a teacher of Israel and understandest not these things? What Jesus said to Nicodemus (Jv. 11-19) is true of the Christian. They Testament, They testify to the facts which Jesus knew and revealed, he having been in heaven, and come down from heaven for the purpose of saving the world. The Bible implies that it is the starting point of a new life, that we must grow as a child grows to be a man until it reaches to the "perfect man" unto the measure of the "perfect age" of the Father (Eph. 4:13).

IV. The Lesson Illustrated (Ev. 14, 15, 18). Jesus believed in objective teaching, and he here refers to a memorable event in the early life of his firstborn. He was with his teachers. The journey through the wilderness to the promised land became weary and discouraging, and the Israelites complained bitterly to God and against Moses. Punishment came in the form of fiery serpents, called by from the burning, stinging sensation caused by their bite. The serpent

down their milk, cows with uneven udders and placement of teats and cuds with very fleshy teats. Some herds may not contain any defective cows, some may contain one or two and some herds may contain several.

Cows with such defective udders and teats should never be used as foundation cows. Some herds may have cows that milk easily by machine should be selected. It is especially important to select a herd bull that comes from ancestors that have well-formed mammary organs. The herds should have a good herd bull that is known to produce daughters of large, symmetrical and well-placed teats of good quality.

SUITABLE PLACE FOR COWS

Stalls Should Be Provided for Each Animal—Plenty of Ventilation Is Recommended.

To give best results milch cows should be provided with suitable stalls for milking and milking. Stalls should be provided for each cow. Feed boxes and manger racks should be so arranged that they will be easy access for the cows. The stall, the labor, should fit any ordinary milch cow. Twenty-five dollars, with stalls for five cows and the necessary feed boxes, mangers, and gates. Plenty of ventilation is essential. A cow's udder is somewhat like a human leg, the thrives best w-

my new
medicines for
I have used
them with benefit
My kidneys were disordered
and I had weakness and
pain across the small of
my back. I could hardly
do any lifting or
stooping and my kidneys
were aching.
Doan's Kidney Pills regu-
lated the action of my
kidneys and benefited me in every
way.

DOAN'S KIDNEY PILLS
GET DOAN'S AT ANY STORE, OR A BOX
FROM THE DOAN MEDICINE CO.,
POSTER-MILBURN CO., BUFFALO, N. Y.

For Bilious Troubles

That heavy headache, torpid
liver, sick stomach, bitter taste
in mouth, furred tongue, dark
eyes and muddy skin, all come
from a poor supply of bile.
These unhealthy conditions are
promptly corrected by

DOAN'S KIDNEY PILLS

which stimulate the liver to
regulate the flow of bile
and sweeten the stomach, a

Don't put in another day of distress Let Cascarets cleanse your stomachs, remove the sour fermenting food, and take the excess bile from your liver, and carry out all the constipated waste matter and poison in the bowels. Then you will feel great.

A Cascaret tonight strengthens you out by morning. They work while you sleep. A 10-cent box brooks any stomach clear, a clear head, sweet stomach and clean, healthy liver. It acts like a charm. The children love Cascarets because they never grip or sick. Ad.

Unmarried and Cross.

"Pop?"

"Yes, my son."

"My schoolteacher isn't married, is he?"

"No, I believe not, my boy."

"That makes her so cross, then?"

"Pop!"—Yonkers Statesman.

HAVE SOFT, WHITE HANDS

Clear Skin and Good Hair by Using Cuticura—Trade Free.

The Soap to cleanse and purify, the Ointment to soothe and heal. Besides these fragrant, super-creamy cleansers, this potent little stick of Cuticura is the best for keeping the pores free from obstruction. Nothing better at any price for all toilet purposes.

Free sample each by mail with Cuticura postcard, Cuticura, Dept.

The average wages of ploughmen throughout the country is \$3 for an eight-hour day.

Chile's national forests cover 7,000,000 acres of land.

Why Rheumatism Writeth

BY VALENTINE

A close connection exists between these two cold weather ailments, writes Dr. Alex. Haig, of London, in the *Medical Profession* in the belief that the cause in the system of uric acid, which, in excess, is the real cause of rheumatism. Everyone has recognized the difference in the nature of the two ailments, and it is as yet quite often a copious sediment of uric acid in the blood, which is the cause of the disease, which, in turn, causes rheumatism, gout, or clearly joint, or swellings or painful joints. For one reason or another, the uric acid does not throw off the usual profuse sweating, as in the hot weather, and it stays in the blood, and the double danger. Another

[illegible]

Provision should be made to take of the manure. This can be done providing padding of bedding in the stalls. If strappings are used, having water-tight gutters about inches wide and 10 inches deep along full length of the stable.

RELIEVE SCOURS IN CALVES

First Thing is To Remove Cause,
Give Linewater, Saze Expensive
of North Dakota

To relieve scours in calves, W. Peters of the North Dakota State gives the following remedy:

The first thing is to remove cause and then give them linewater in the milk. Two tablespoonsful in the day for a calf two months old, for larger calves half a cupful.

Make the linewater by putting a handful of lime into a pail of water. When it has slackened and settled, pour the clear portion and bottle for future use.

A household remedy
 proved by sixty years of
 ill service. For every
 illness, Becham's P
 are a tester
Remedy
 Largest Sale of Any Medicine in the W
 everywhere. See below. U.S. 24-25
DON'T CUT OUT
A Shoe Bolt, Capped
Hack or Bursitis
 FOR
ABSORBINE
 "IT'S THE WAY TO GET OUT OF IT"
 will reduce them and leave no bles
 Stop lameness promptly. Does no
 of removal of hair, and horse
 worked. \$2 a bottle delivered. Book 6
ABSORBINE, JR. for skin ills,
 Gums for hemorrhoids, hemorrhoids, Perf
 Ague, Pains and Inflammation. Price \$1.50
 (except where delivered). With 1000000
 W. F. YOUNG, P. O. F., 318 Temple St., Springfield

Just Why He Objected.
Jack—"But what does your father see in me to object to?" Edith—"doesn't see anything in you. That's why he objects."—Boston Transcript.

Relative Gigging.
It is not the man who rears the biggest but who has the biggest beef nor the man who has the longest horns who has the largest brain.

Many School Children are Sickly.
Children who are delicate, feversish and weak will find immediate relief from Mother Gray's Kidney and Bladder Pills. They strengthen the stomach, act on the liver, and are recommended for the treatment of all ailments of the urinary organs. Used by mothers for 30 years. All druggists sell. Write for free literature. All Gray's Co., Le Roy, N. Y.—Adv.

It has been said that one quart of milk has the same nutritive value as a pound of beef.

Dr. Pierce's Favorite Prescription will cure women's strong, sick ailments with alcohol. Sold in tablets or liquid—Ad.

Guatemala has only one furniture factory. It employs 150 men.