

A Medicine for Women

For Forty Years Lydia E. Pinkham's Vegetable Compound has Relieved the Sufferings of Women.

It hardly seems possible that there is a woman in this country who continues to suffer without giving Lydia E. Pinkham's Vegetable Compound a trial after all the evidence that is continually being published, proving beyond contradiction that this grand old medicine has relieved more suffering among women than any other medicine in the world.

Mrs. Kleso Cured After Seven Month's Illness.

Aurora, Ill.—"For seven long months I suffered from a female trouble, with severe pains in my back and sides until I became so weak I could hardly walk from chair to chair, and got so nervous I could not do my house work. I was entirely unable to do my house work. I was giving up hope of ever being well, when my sister asked me to try Lydia E. Pinkham's Vegetable Compound. I took six bottles and today I am a healthy woman able to do my own housework. I wish every suffering woman would try Lydia E. Pinkham's Vegetable Compound, and find out for herself how good it is."—Mrs. KARL A. KLESO, 906 North Ave., Aurora, Ill.

Could Hardly Get Off Her Bed.

Cincinnati, Ohio.—"I want you to know the good Lydia E. Pinkham's Vegetable Compound has done for me. I had been suffering from a female trouble for a long time and my mother said I want you to try Lydia E. Pinkham's Vegetable Compound. So I did, and it has certainly made me a well woman. I am able to do my housework and am so happy as I never expected to be. I wish every woman who knows what Lydia E. Pinkham's Vegetable Compound has done for me."—Mrs. JOSIE CORRY, 1668 Harrison Ave., Fairmont, Cincinnati, Ohio.

If you want special advice write to Lydia E. Pinkham Medicine Co. (confidential) Lynn, Mass. Your letter will be opened, read and answered by a woman and held in strict confidence.

METZ Le Veque-Bastion Motor Sales Co.
CARS \$633 86 Jeff Ave. STATE DISTRIBUTORS - Detroit
LIVE AGENTS WANTED

OLD MUSICAL INSTRUMENTS WANTED
Will buy or exchange used Band Instruments, Violins, Cellos, Violins, etc. Write full description and lowest price in first letter to Willard Bryant, 218 Woodward Ave., Detroit, Mich.

The man who is too busy to figure out whether he is losing generally is.

Pure blood is essential to Good Health. Gardol's blood purifier, cleanses the system and eradicates disease. Adv.

"Chinese New Year's English."
An Englishman who was appointed to an important post in China married soon after. Among the recipients of the usual little cardboard boxes containing plates of wedding cake was a Chinese merchant with whom the bridegroom had an outstanding account for goods supplied. After the honeymoon of one of the first persons the newly-wedded husband met was his Chinese creditor.


"And how did you like the cake?" said the Englishman, laughingly, after the usual congratulations.
"Ah, ha," returned the Chinaman, with a cunning leer, "me no such big foot as him, sah, me put cake in fire. Burn him up. Ha! ha!"
"Oh, that's too bad," said the Englishman, very much hurt. "You might have tasted it at least, out of compliment to my wife and myself. Why didn't you?"

"Me too, sah," said the Celestial, with the same cunning smile. "You owe the money, sah; sendee poison cake! I eat him; I die; you no payee up. Houp-la! He! he! he! I know you English!"

Customer Had Change Coming.
A man bearing a small basket of potatoes on his arm went into a grocery store to make a purchase. He could not produce enough change by 5 cents, and, handing the clerk a medium-sized potato, started out. The clerk called to him, saying: "You have forgotten your change," and, walking back to a sack, picked out two lima beans and passed them to the customer.—Cleveland Plain Dealer.

No Doubt of It.
"What is a portable house, pa?"
"Any house carried away by a cyclone."

There's a good way to keep growing boys and girls healthy and happy and that is to give them



Grape-Nuts
for breakfast.

This wonderfully nourishing food has a sweet, nutty flavor that makes it popular with children.

One of the few sweet foods that does not harm digestion, but builds them strong, and bright.

At grocers everywhere.

INTERNATIONAL SUNDAY SCHOOL LESSON

(By E. O. HILLIARD, Acting Director of the Sunday School Course in the Moody Bible Institute of Chicago)
(Copyright, 1915, Western Newspaper Union)

LESSON FOR APRIL 1

JESUS GIVES SIGHT TO BLIND.

LESSON TEXT—John 9:1-11, 25-34. (Read entire chapter.)
GOLDEN TEXT—I am the light of the world.—John 9.

This, another of the signs which Jesus performed, was recorded only by John. It probably occurred in October, six months before the crucifixion, while Jesus was attending the Feast of the Tabernacles. There are six other instances of blindness recorded as having been cured. Look them up.

I. The Case (vv. 1-4). It was absolutely hopeless. No human skill could touch it, but Jesus "passed by" and that changed everything. What men cannot do Jesus can. Jesus is Jesus today, and we may expect things quite as wonderful to happen (John 14:12). This blind man illustrates the unsaved sinner (1 Cor. 2:14). He never had seen. He was beyond human help (v. 32). He was without sympathy, suspected and despised (vv. 2, 34). Poor—he was a beggar. He is also a type of the nation of Israel (John 9:17). We must not attempt to explain all sickness (v. 3). God frequently uses it for the advancement of his kingdom (John 11:4). Jesus was not only passed by but he was seen. The cure was the work of that curiosity and contempt. His feeling was that of compassion (vv. 2, 4 and 6). Sickness sometimes manifests God's sustaining grace (1 Cor. 12:8-10). It is doubtful if there is a large percentage of sickness is the direct result of sin (John 5:14; Mk. 2:5; Acts 12:23).

II. The Cure (vv. 4-11). The word "cast" in verse four is a strong one. The time for us to do our work is "now." This word "must" carries with it the idea of a divine imperative, and the reason for that imperative is the fact that the "must" is in the future. The cure was the work of that curiosity and contempt. His feeling was that of compassion (vv. 2, 4 and 6). Sickness sometimes manifests God's sustaining grace (1 Cor. 12:8-10). It is doubtful if there is a large percentage of sickness is the direct result of sin (John 5:14; Mk. 2:5; Acts 12:23).

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In hunting dangerous game, don't shake the bushes to scare the quarry.

To keep clean and healthy take Dr. Pierce's Pleasant Pellets. They regulate liver, bowels and stomach.—Adv.

In Georgia.
"Ben Jason."
"Yes, sah."
"Accused of being under the influence of liquor on Christmas eve."
"Yes, sah."
"Profanity."
"I might or swo—yes, sah."
"Resisting officer."
"I sho' tried ter lick dat Irishman, judge."
"Petty larceny."
"Comm—dat in, too."
"Been—the law must deal heavily in your case. Is there anything you left out on your holiday spree?"
The negro scratched his head.
"Yes, sah; ef' yo' could tell me out for a few minutes, I'd like ter bust up my woman fo' 'cep'tin' presents from a Macon barber."—Case and Comment.

A Lucky Bullet.
Hussar declares that there is no mascot to compare with the bullet with which a man has been wounded. At the Battle of the Marne," he says, "I was struck by a bullet which lodged in my right thigh without doing much damage. When it was extracted I drilled a hole through it, and suspended it by a string from my neck. And, although I have been through dozens of fierce battles since then, including the hottest fights on the Somme, and have seen my comrades fall in hundreds, I have not produced enough change by 5 cents, and, handing the clerk a medium-sized potato, started out. The clerk called to him, saying: "You have forgotten your change," and, walking back to a sack, picked out two lima beans and passed them to the customer.—Cleveland Plain Dealer.

She's Right, at That.
"She's so old-fashioned in her ideas."
"Yes; she believes that as a punishment for children spanking takes the pain."

Energy never is enough, but it always is half enough.

The KITCHEN CABINET

The shortest and surest way to live with honor in the world, is to be in reality what we would appear to be: all human virtues increase and strengthen themselves by practice and experience of their benefits.

SPRING SALADS.

By carefully covering dandelion plants with boards they will be white, tender and especially delicious for the first green things of spring. Add to them a little shredded green onion and French dressing, well seasoned just before serving.

Vegetable Harlequin.

Cook a half peck of spinach in the water, but fling to the leaves after washing, when tender. If there is any liquor save it as this is valuable in iron salts. Chop the spinach fine and season with salt, pepper and butter. The three best known shades of green are: green, white and red. Chop the spinach in a steamer, with a little butter, season well and add a pinch of salt, heated and seasoned in the same way. Arrange the spinach around a platter, inside the ring place the beet and in the middle the peas, keeping the line as straight as possible between the colors. Sprinkle the whole with finely minced parsley and send hot to the table.

Spinach Salad.—Wash and cook a half peck of spinach; young and tender it will cook in its own juices and the water that clings to the leaves. Heat it very gradually and watch it to prevent burning. When tender, drain and chop it with six hard-boiled eggs. Add a cupful of toasted, buttered crumbs and a half cupful of minced cooked hick. Pack in small molds and chill. Serve with olives and any desired salad dressing.

Radish Salad.—Slice as many radishes as are needed; lay them in overlapping slices around a bowl of lettuce. Place on the lettuce a mixture of green, vegetables picked with salad dressing that are at hand.

Cucumber Jelly Salad.—Peel and cut two cucumbers in slices, add one slice of onion, a half teaspoonful of salt and a dash of pepper. Season until the cucumbers are tender in a pint of water, cook at first; add a tablespoonful of gelatin, softened in water. Line a mold with fresh slices of cucumber, cut very thin and put in the jelly slowly. Set in the ice chest to chill. Turn out on lettuce and serve with red French dressing. Garnish with red peppers.

How many homes one goes into that have perfectly useless, clumsy things in conspicuous places! What a gain for repose and beauty, and for the elimination of these objects could be eliminated.

GOOD THINGS FOR THE TABLE.

To serve a variety of food and keep within the limits of one's allowance is the aim of all self-loues. It is not the aim of the meal too much is used it may be balanced by a simpler less expensive food at the next, thus keeping the diet very varied. Satisfy or satisfy a variety of food and keep within the limits of one's allowance is the aim of all self-loues. It is not the aim of the meal too much is used it may be balanced by a simpler less expensive food at the next, thus keeping the diet very varied. Satisfy or satisfy a variety of food and keep within the limits of one's allowance is the aim of all self-loues. It is not the aim of the meal too much is used it may be balanced by a simpler less expensive food at the next, thus keeping the diet very varied. Satisfy or satisfy a variety of food and keep within the limits of one's allowance is the aim of all self-loues. 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