

Stop That Cold At Once CASCARA QUININE

INTERNATIONAL SUNDAY SCHOOL LESSON

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LESSON FOR NOVEMBER 25

A PSALM OF THANKSGIVING

LESSON TEXT—Psalm 103. GOLDEN RULE BIBLE SCHOOL, Chicago

This Psalm is man's response to the goodness and mercy of God. It expresses the joy and thanksgiving of a forgiven sinner as he worships before God. There is too much in this Psalm for one to attempt to set it forth, so we must be content to display some of its most prominent features.

I, Man's Entire Being Should Sing God's Praise, v. 1. The true worshiper praises God with every faculty of his being; his intellect, emotion, desire and will are all united in praising Jehovah. The entire being responds in a song of harmonious praise. Some praise God with their voices but not with their hearts; some with their intellect but not with their emotions; some with their wills. That praise which involves the entire being alone is pleasing to God.

God's Benefits Granted, v. 2, 3. The Psalmist exhorts man not to forget all God's benefits. This seems to be needed now as well as then, for most of us are better at remembering our troubles and adversities, than our mercies and blessings. It would be a good thing for some of us to keep a record of the good things of life and to read it when we are in our darkest or our heaviest of burdens. We have more days of sunshine than of clouds, more joys than we have of sorrows, more hours when we are free from pain than when we suffer. Let us be as God is, so forgetful of us as we are of Him, life would be hard indeed.

Forgiveness of sins, v. 3. In forgiveness we are freed from the curse of sin and its bitter effects are removed. We are not only forgiven, but we are healed of sin's disease, not only freed from the burden of sin, but of its effects, so that we do not get after the things of this world. To be saved from heaven means that we are saved from the world.

Redemption, v. 4. We have been saved by Christ giving Himself as ransom for our sins. (5) Satisfaction, v. 5. When God redeems, He so thoroughly renews the man that the good things which he gets from God satisfy him. His blessings are so real that he finds his life in God. Men and women of the world are reaching out after something, but they are never satisfied. Not so with the redeemed soul; he finds absolute satisfaction in the things which God gives him. Worshippers may be satisfied, but God's redeemed alone are satisfied.

Executing judgment in behalf of the oppressed, v. 6. He is always on the side of the oppressed. God undertakes for his own, and sooner or later He will mete out justice to all. There is a reckoning day for the world to come. Those who have done evil shall suffer loss; those who have done good shall be rewarded.

Attributes of God for which He should be praised, v. 7. These attributes have been displayed in God's dealings with his chosen people.

Merciful and gracious, v. 8. He is slow to anger and plenteous in mercy. An example of his mercy is seen in the father of the prodigal, willing to meet his son and kissing him. A very little thought will make very evident how God withholds his anger and waits patiently for an opportunity to extend his mercy.

He will not always "chide," v. 8-12. When God forgives he forgives forever. Men say they forgive, but how often they "chide" and "reprove." God has not dealt with us according to our sins, for, as the heavens are high above the earth, so great is his mercy toward them that they fear him. So great is his mercy toward us that our transgressions are as far removed from us as the East is from the West, an incalculable distance.

He is compassionate and tender, v. 13-14. This reveals a God of fatherly heart. He fully knows our weakness. He does not deal with us as though we were strong. He knows how weak and feeble we are through the fall, so he is condescending to know our "frame." He knows that we are "dust."

His mercy is everlasting, eternal, v. 15-17. Man is his best transgressor, but God is eternal. The one who trusts his hopes in God is eternally safe. This should encourage us to lean not upon man but upon God.

God is gracious to those who are in covenant relationship, v. 18. If we would enjoy these blessings revealed in God's attributes we must be God's children. His mercies are restrictive, only bestowed upon his own children. IV. A Call to All the Universe to Praise the Lord, v. 19-22. Since God is such a wonderful Being, He should have universal praise. His kingdom is over all; his Lordship should have recognition.

The true conquerors are often those whom the world calls the vanquished. —Max Muller.

Nerves All Unstrung?

Nervousness and nerve pain often come from weak kidneys. Many a person who worries over trifles and is troubled with nervous rheumatism, neuralgia and backache would find relief through the use of Doan's Kidney Pills. They have brought quick benefit in thousands of such cases.

A Michigan Case

Mr. James M. Doan, 110 Centre St., Detroit, Mich., writes: "I was miserable from backache and neuralgia, and was unable to attend to my household duties. My feet and hands were swollen and I suffered from headache and dizziness. I fell all the time and was unable to do my work. I had a very bad case of kidney trouble and put me in the best of health."

Doan's at Any Store, 40c a Box. Doan's Kidney Pills, 10c a Box. Doan's Backache Kidney Pills, 10c a Box. FOSTER-MILBURN CO., BUFFALO, N. Y.

TROOPS AT SO MUCH A MAN

Soldiers Furnished British Government by British States at Beginning of Revolutionary War.

At the beginning of the Revolutionary war the British government made treaties with several of the German states by which they were to furnish troops at so much a man to assist in subjugating the Americans. Applications for assistance made to Prussia and Holland were rejected, but several of the German states responded favorably. There was no united Germany or imperial government, no alliance with autocratic power, but each independent state had a separate government.

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agents of the princes, who kidnaped without scruple."

'Twas Easily Done. Hypochondria was the topic that was being discussed at a social affair, says the Chicago Press when Senator William A. Smith of Michigan recalled the following story:

A woman who was perfectly well, but imagined she had at least a dozen different diseases, called one day to consult an eminent specialist.

"I think I understand your case thoroughly, madam," said the doctor as the patient began to tell the story of her life. "Just sit quiet still a moment and let me look at you."

The patient complied and after studying her intently for a little while the physician glanced at his watch.

"There is nothing the matter with you, madam," finally said the doctor. "You haven't the slightest indication of fever, and your heart beat is perfectly normal."

"Why, how do you know, doctor?" exclaimed the patient in surprise. "You didn't take my pulse."

"I called the specialist," counted the vibrations of the ostrich feather on your hat."

\$100 Reward, \$100. Catarrh is a local disease greatly induced by constitutional conditions. It therefore requires constitutional treatment. HALL'S CATARRH MEDICINE is taken internally and acts through the blood on the mucous membrane of the eye.

HALL'S CATARRH MEDICINE gives the patient strength by improving the blood health and making it do its work. \$100 for any case of Catarrh of the Eye. HALL'S CATARRH MEDICINE. W. S. HALL, Inc., Buffalo, N. Y.

Not in It Often, Anyhow. Tom—Well, darling, I have seen your father and he has given his consent.

Grace—He approves of love in a cottage, then.

Tom—No, but he says that a girl who spends as much time golfing and motoring as you do really has not much need of a home.

Conservation. "This motion picture producer has the right idea."

"How is that?" "He makes the following announcement to the public: 'The jels used by our comedians in pelting each other are not real jels. We are helping Mr. Hoover.'"

An Iconoclast. "Do you remember the famous Greek artist who painted grapes that were so natural the birds pecked at them?"

"Oh, yes, I've heard that yarn," replied the superior person. "But ornithology teaches us that certain of the smaller birds have very poor eyesight."

One way to acquire popularity is to keep your troubles to yourself.

Los Angeles has 47,000 horses and 70,140 automobiles in service.

CASTORIA For Infants and Children. Mothers Know That Genuine Castoria Always Bears the Signature of Dr. J. C. Hathcock. In Use For Over Thirty Years CASTORIA

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ABSORBERINE STOPS LAMESSNESS from a Bone Spavin, Ring Bone, Splint, Curb, Side Bone, or similar trouble and gets horse going sound. It acts rapidly but quietly and no sedatives are being. Does not blister or remove the hair and horse can be worked. For 17 complete with each bottle tells how. \$2.00 a bottle delivered. Horse Balm 9¢ free.

SOME EXCUSE. Johnny was a typical boy, and full of excuses for any wrongdoing. One day he whistled aloud in school and his teacher asked how he happened to do it.

EASY TO RID HOME OF RATS AND MICE. There is no need of suffering from the presence of rats and mice now that Absorbine Paste is readily obtainable at nearly every drug store. A small box of this effective "weasandizer" costs only a cent and is usually sufficient to compare with the house, store or barn of rats and mice.

WIFE NAGGED HIM TOO MUCH. Jarvis Decided to Go Behind Big Cannons and Lose Hearing—Now Peace.

Synopsis: Jason Jarvis is a home-loving man. He loves to sit about in his carpet slippers reading the papers, and he loves his wife, Mrs. Creona, dearly, but hates to hear her complain of his shiftless habits, says the Detroit Free Press. Now, as she keeps complaining of them from morning till night, Jarvis finds it extremely difficult to keep his mind on his pipe and his paper. He thinks of spending his time at a club or at movies, but is inherently such a home-loving man that the very thought is repugnant to him.

Conclusion: "It's true that we are badly in need of men to help fire these new 90-lynder cannons," said Colonel Kimmel, in charge of the government proving grounds at Stoughton. "But it is my duty to inform you that the shock of the firing is extremely bad for the ears. In fact, 18 men in the past week have been deafened and honorably discharged with a separator. 'I want the job,' said Jason Jarvis firmly.

In three days the drums of both his ears were shattered. Returning home, he found he subscribed for a dozen extra papers, bought four more pipes and settled down to smoke and read contentedly on his pension, entirely unaware as to whether his wife was talking or not.

Two Great World Grains are combined in the perfected ready-cooked cereal — Grape-Nuts

This appetizing blend of Wheat and Barley is over 98% Food. ECONOMICAL HEALTHFUL DELIGHTFUL

Please the Children

by using a hot drink at table that they can share in.

There's no need of caution about a second cup, no fear of sleeplessness, only healthful invigoration, when you serve

INSTANT POSTUM

Everyone can drink one cup—two cups or three cups of this beverage of delightful coffee-like flavor without the least fear of hurt.

There isn't a harmful thing in this pure and wholesome cereal drink; and a hot cup of Instant Postum on a cold day is just about the cheeriest thing at mealtime you can imagine.

No raise in Price. 50-cup tin, 30c. 100-cup tin, 50c.

"There's a Reason"

