

A GREAT DISCOVERY

(By J. H. Watson, M. D.)

Enlarged hands, ankles, feet are due to a dropical condition, often caused by disordered kidneys. Naturally when the kidneys are diseased the blood is thick with poisonous waste matter, which settles in the feet, ankles and wrists, enlarging the eyes in bag-like formations. As a remedy for these easily recognized symptoms of inflammation caused by uric acid as swelling urine, backache and frequent urination, as well as redness in the urine, or if uric acid in the blood has caused inflammation, use Dr. Pierce's Great Discovery. It is simply wonderful how quickly Anker-Pain-Expeller, the pains and stiffness rapidly disappear. For Anker, double strength, is many times more potent than ordinary Anker-Pain-Expeller. As hot water melts sugar, all drugs, Dr. Pierce's Pleasant Pellets for the liver and bowels have been favorably known for nearly 50 years. It is a recent scientific discovery that Dr. Pierce, Chief of Staff at the Indiana Hotel and Surgical Inst., in Buffalo, N. Y., found there for a trial of Anker. Large package 60c.

MANY MICHIGAN MOTHERS CAN SAY THE SAME

(By J. H. Watson, M. D.)

Detroit, Mich.—"I found Dr. Pierce's Favorite Prescription to be a splendid medicine. I took it before and after my baby came. It came through my sickness fine and my baby was healthy. I saved the lot and saved the lot of suffering. I am very thankful to know of such a good medicine. Dr. Pierce's medicines are all good. I cannot recommend them too highly."—MRS. H. GUNTHER, 17 Fulton Ave. Write Dr. Pierce, Invalids' Hotel, Buffalo, N. Y., for free book, "Mother and Baby"—Adv.

Carter's Little Liver Pills

You Cannot be Constipated and Happy

A Remedy That Makes Life Worth Living

ABSENCE OF Iron in the Blood is the reason for many colorless faces, but CARTER'S IRON PILLS will greatly help most pale-faced people

SPIDERS BRING GOOD LUCK

Qualify Portuguese Superstitions Still Lingering—Believe Whistling at Night Communication With Evil Spirit.

The Portuguese never kill a spider that comes into the house, for it means they are going to receive a letter that will bring good news, according to a corresponding.

When the palm leaves it means you are to receive money, and the Portuguese men spit on the palm and thrust it into their pocket, while the women who have no pockets content themselves by rubbing the palm on wood.

The Portuguese never whistle at night, because that would be communicating with the devil; and those who talk to themselves also communicate with the devil in doing so.

If the wind should howl open the door of the house, no one should ever say, even in a joke, "Come in," as people often do, for the devil is liable to walk in.

If the first child born to a family is a girl and resembles the father, she is sure to have good luck all through life.

If a black cat comes to your house, it means good luck; but if it happens to be a white cat then there will be a death in the family.

One of the customs in the Azores was the "telling of cantos." Story tellers would visit the different houses at night and spend the whole evening telling the most awful ghost and witch stories, some that had been handed down for generations. In Provincetown it was customary to tell tales at night for the purpose of "telling cantos."

In making bread the Portuguese women always make a cross with the final pat in kneading and say a prayer, for the bread will not come out well.

Brooklyn, N. Y., finds many men more than fifty years old unable to get jobs.

Why That Lame Back?

Morning lameness, sharp twinges when bending, or an all-day backache; each is cause enough to suspect kidney trouble. Get after the cause. Help the kidneys. We Americans go it, too hard. We overdo, overeat and neglect our sleep and exercise and so we are fast becoming a nation of kidney sufferers. 725 more deaths than in 1890 is the 1910 census story. The Doan's Kidney Pills. Thousands recommend them.

A Michigan Case

William Hough, 46 years old, Grand Rapids, Mich., says: "I had kidney trouble after I left the army and I kept getting worse. The kidney secretions were painful and too frequent. In pajamas I had lumbago and rheumatic pains. My limbs were so heavy I had to be helped around. Medical treatment failed and almost gave up hope when I heard of Doan's Kidney Pills. They cured me."

DOAN'S KIDNEY PILLS

FOSTER-MILBURN CO., BUFFALO, N. Y.

Why?

A man at sixty years of age is either a failure or a success. BEECHAM'S PILLS have been made for sixty years and have the largest sale of any medicine in the World! Millions use BEECHAM'S PILLS

Sold everywhere. 25c. 50c. 1.00.

W. N. U., DETROIT, NO. 50-1917.

INTERNATIONAL SUNDAY SCHOOL LESSON

By E. O. SELLERS, Acting Director of the Sunday School Course of the Moody Bible Institute (Chicago).

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LESSON FOR DECEMBER 16

NEHEMIAH ENFORCES THE LAW OF THE SABBATH.

LESSON TEXT—Nehemiah 13:27-32. GOLDEN TEXT—Remember the Sabbath day to keep it holy.—Exod. 20:8.

Nehemiah remained in Jerusalem twelve years from B. C. 444 to B. C. 432. He was then recalled and was in Persia some years, perhaps five or seven, but returned about B. C. 425. The year Artaxerxes died, for we know he died after the rebuilding of the city. Therefore, the date of this lesson would be sometime in the summer of early autumn of 425 or 424 B. C. 16 or 18 years following last Sunday's lesson.

In the section, vv. 10-14, we see that the gifts for the house of God and the Levites, who led in worship, had been neglected. Whenever the house of God and its service of worship is neglected, we may expect that the Sabbath day and the worship of God will also soon fall into contempt. Ezra had dropped out of our history without a hallo to be heard.

"Remember" (v. 14) the Sabbath of God's house (v. 14). The neglect of God's house grew up out of the neglect of the Sabbath. Nehemiah realized that the Sabbath was the key to the restoration of the temple and the worship of God.

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Lungs Are Weakened By Hard Colds

CASCARA QUININE

The old family remedy—in tablet form—safe, sure, easy to take. No counter-indications or unpleasant after-effects. Cures colds, coughs, croup, whooping cough, influenza, bronchitis, and all lung troubles. Money-back guarantee. Get the genuine bottle with Mr. Hill's picture on it. 4 Tablets for 25c. At Any Drug Store.

Recalls Economy of 1864.

Let the persons who think worthless and needless days are a hardship listen to the venerable men and women whose memories take them back to the Civil war, says the Associated (Mont.) Standard.

Honesty, hardy, patient, even, elderly, and every generation, dried and roasted were used as coffee substitutes. White or granulated sugars were a rarity, and only on the table for company. Brown sugar and old-fashioned black molasses, bread and honey and even bread and ham fat were considered pretty good enough for all but the old people. In those days nearly every family in town kept a cow. Those who didn't, as a rule, went without milk. The papers of that day emphasized the fact that coffee and tea were more nutritious when used without milk.

KIDNEY TROUBLE OFTEN CAUSES SERIOUS BACKACHE

When your back aches, and your bladder and kidneys seem to be disordered, go to your nearest drug store and get a bottle of Dr. Kilmer's Swamp Root. It is a physician's prescription for ailments of the kidneys and bladder.

It has stood the test of years and has a reputation for quickly and effectively giving results in the most delicate cases. This preparation so very effective, has been placed on sale everywhere. Get a bottle, medium or large size, at your nearest drug store.

However, if you wish first to test this preparation send ten cents to Dr. Kilmer & Co., Binghamton, N. Y., for a sample bottle. When writing be sure and mention this paper—Adv.

Collecting Military Stamps. Collectors in the United States are now gathering postmarks of letters sent from the American camps in France, which are stamped "U. S. Army Postal Service." They figure that if anything, definite results from the peace talk, the expeditionary force's postmark will be valuable because of its comparative rarity, as they believe that most of the letters coming to the United States from the soldiers abroad are sent to close friends and relatives who for sentimental reasons will save the missives, envelopes and all.

State of Ohio, City of Toledo, Lucas County, ss: I, Frank J. Cheney, make oath that he is sole proprietor of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that he has paid the sum of ONE HUNDRED DOLLARS for any and all Castoria that cannot be cured by the use of HALL'S CATARRH MEDICINE.

Sworn to before me and subscribed in presence of this 6th day of December, A. D. 1916.

W. W. Gibson, Notary Public. HALL'S CATARRH MEDICINE is taken internally and also through the blood on the mucous surfaces of the System. Druggists, 15c. a bottle; 50c. a dozen. F. J. Cheney & Co., Toledo, Ohio.

Being a Millionaire. A nice thing about being a millionaire is the anxiety of all the merchants to sell you goods on credit.

Schools of Bahia, Brazil. Bahia, Brazil, has 13,464 children in 238 public schools employing 335 teachers.

"Remember" (v. 29) the Holy Priesthood, (vv. 29-31). In this section we see that the priesthood had given up the Sabbath. Nehemiah entered upon a cleansing process, (vv. 30-31). The use of this "remember" verse 14, 16 and 20 is very strong emphasis to the three cardinal sins against which Nehemiah was battling.

IV. Summary: As in Nehemiah's time, so now, Sabbath desecration is the greatest hind to national unity, and large proportion of our present calamity can be traced to growing irreverence for the Lord's day. Jesus swept away the cobwebs of Sabbath irreverence but did not tear down the house. He kept the principle, but removed the barriers with which the Pharisees and Jews had encumbered it. Jesus taught that the Sabbath was made for man and not for the Sabbath. (Mark 2:27, 28), and he set himself as an example in this regard, for he is Lord of that day as well as the other days of the week.

The Sabbath is a day of rest and it is observed, workmen without exception will produce more than is possible if it is not observed.

The chief value of the Sabbath, however, is in connection with the worship of God. The feeding of the spiritual nature; the rest which is to be differentiated from mere holiday or pleasure; its need for adult and child life; its recreational value; its opportunity for Christian service and exaltation of family relations, all show it to have been created to fill a real need and to manifest the wisdom and goodness of God.

Queen Mother's Gift Bible.

Upon one of his journeys during the Antarctic expedition Sir Ernest Shackleton was obliged to reduce his baggage to the smallest possible amount. He states that up to this point the Bible given by Queen Alexandra to the ship's library provided by the British and Foreign Sailors' Society had been carried with the party. In leaving other things behind it was decided with reluctance that this also must be abandoned.

As the Bible contained on its fly leaf a message written by Queen Alexandra, the fly leaf was cut out, and also the page containing the "Twenty-third Psalm, and the chapter in the Book of Job which speaks of the son being frozen. These three pages were carried to the end of the journey and brought back to this country.

Sir Ernest has promised to present the three pages to the society to be sold on behalf of its funds.

The Pollu Magnificent. After one of the uses of the word "pollu" a man who had distinguished himself for conspicuous gallantry was called over by an officer. "Of what religion are you?" he asked. The soldier answered respectfully replied: "I am of that religion that looks God in the eyes." It is the "pollu magnificent."—Capt. Gustav P. Cipriani in the New York Herald.

Even a man who is fond of elaboration is apt to balk when a hundred yards or so of red tape is offered him.

Dr. Pierce's Pleasant Pellets are the original liver pills put up 40 years ago. They regulate liver and bowels. Adv. Sir Ernest has promised to present the three pages to the society to be sold on behalf of its funds.



Perhaps if your head were as clear as a whistle, it would not ache—

Try Kondon's for your headache

(at no cost to you)

25,000,000 have used this 25-year-old remedy. It cures all headaches, colds, coughs, colds, sneezing, nose bleed, etc. Write for complete directions, or buy a tube at drug store. It will benefit you! Send time more than it costs or we will give you money back. For trial cost free write to KONDON'S, 123 N. 1st St., Buffalo, N.Y.

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For the prompt relief of Asthma and Hay Fever. Ask your druggist for it. It costs one cent and one dollar. Write for FREE SAMPLE. Northrup & Lyman Co., Inc., Buffalo, N.Y.

Net Contents 15 Fluid Ounces

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CASTORIA

ALCOHOL—3 PER CENT.

Vegetable Preparation for Assuaging the Stomach and Bowels of INFANTS, CHILDREN, YOUTH, AND THE SICKLY.

Therapy Promoting Digestion, Cheerfulness and Rest. Contains neither Opium, Morphine nor Mineral. NOT NARCOTIC.

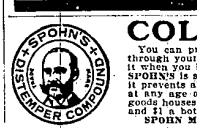
A helpful Remedy for Constipation and Diarrhea, and Feverishness and Loss of SLEEP resulting therefrom in Infancy.

Facsimile Signature of *Wm. L. Chas. H. Smith*

THE CASTORIA COMPANY, NEW YORK.

At 60c. a bottle, 35c. a dozen.

Exact Copy of Wrapper.



COLT DISTEMPER

You can prevent this loathsome disease from running through your stable and cure all the colts suffering with it by the use of the treatment. No matter how young, SPÖHN'S is safe to use on any colt. It is wonderful how prevalent and how dangerous, no matter how colts or horses at any age are "exposed." All good druggists and turf goods houses and manufacturers sell SPÖHN'S at 50 cents and 21c. a bottle; 15c. and 11c. a dozen.

SPÖHN MEDICAL CO., Mfrs., Gothen, Ind., U. S. A.

Stop! Women and consider these facts

Every statement made in our advertisements is true. Every testimonial we publish is genuine and honest, which proves that

LYDIA E. PINKHAM'S VEGETABLE COMPOUND

Is the greatest remedy for women's ills known

LYDIA E. PINKHAM MEDICINE CO. LYNN, MASS.

