

Building up for the Spring Attack at the Front is a good deal like purting to the Spring Pattack at the Front is a good deal like purting of the germs of arily, posemonia or of the germs of arily, posemonia or "Spring fover" here at home.

At this time of the year most people suffer from a condition often called Spring Fover. They feel tired, worn or the spring fover. They feel tired, worn or the spring fover is frequent headaches and sometimes "pimply" or pale skin and white libs. The reason for this is that during the wintertime, shu up within doors, jenting too much meat and too little green vegetables one birned up and the clinkers remain to pulson the system—a clogging up of the often that the state of the system—a clogging up of the often little green vegetables. The state of the system—a clogging up of the often little green vegetables. The state of the system—a clogging up of the often large the system of the system—a clogging up of the often large the system of the system of the system. The state of the state of the system of the system of the system of the state of the state of the system of the state of the state of the system of the upper feet of the cycle of the starred in the system of the upper feet of the starred nerves for food. When suffering from such pike is the effect, and neuralgia or other lerve pains disappear because such pike is the effect, and neuralgia from such pike is the effect, and neuralgia from such pike is the effect and neuralgia or the constant tired feeling, the simple way to overcome these discretors is mercity or offered. This is an up-to-date hotel, all

This is a beyonder love, in the state of the

THE TRUTH ABOUT

Does Your Back Ache?

Do YOU facts Artice:

Do YOU fould in difficult to

hold up your head and do

you world? Distressing symptoms cansad by unhealthy conditions. Constrainly no medicine
is required, mersly local application of Picos Tablets, a

valuable healing remody with
antispire, astringent and tonic

effects—simple in action and
application, soothing and re
freshing. The fame in the

name Pieo guarantee saties.

DISO'S Sold TABLETS GO Ceater



MEN WANTED AT ONCE

in Detroit to learn automobile and airplane business. (Experience unnecessary.) Con cars while learning. Good advancement Write RATIONAL TRAINING CORPORATION, 704 Woodward Ave.

W. N. U., DETROIT, NO. 15-1918.

LOYAL AMERICANS **MUST CONTRIBUTE**

RUSHING OF GERMANY CAN BE ACCOMPLISHED ONLY BY OUR FINANCIAL AID.

RESPOND TO LIBERTY LOAN

racy.

(By WINSTON CHURCHILL, Who Recently Returned From the War Gonolany imay be likened to a great tree that has fapion across the path of democracy. The trunk is being chopped through by two axis, the millitary ax and the propagandist ax. If the trunk is jube seyered and the obstruction removed, nother ax must be spared. Americans must contribute willingly to help their allies, to support their army and navy, which will be the deciding military factor in the struggle.

cover feel the effect, and has been of the nerves feeling as a Dr. where the second of the nerves feeling as a Dr. where the effect and neuralfa or the nerves feeling as the cover feel the effect, and neuralfa or the nerves feeling as the cover feel the effect, and neuralfa or the nerves feeling as the cover feel the effect, and neuralfa or an annual pains here or there, or that obstant the feeling, the simple way of overcome these disorders is neveral and the pains here or there, or that other the cover feeling, the simple way of overcome these disorders is neveral and the pains here or there, or that or or the cover feeling, the simple way of overcome these disorders is neveral to overcome the new to the new to the total to the control overcome the new to the new to

Fighting for Oppressed.

This is the spirit in which America has entered the war. We are fighting for the oppressed energy where. We want to the property of the oppressed energy where the property of the oppressed energy where the property of the oppressed energy where the property of the oppressed energy of the oppr Fighting for Oppressed.

Bonds Feed the Soys.
Every farmer knows show his bors
like took Mother's fried chicken
show the Mother's fried chicken
show the chicken show the bors is the show of a chance in the world when
the bors sit down at table. Lots of
farmers boys are In France and the
farmer doesn't want them to go huntry over there. Liberty Bonds buy
food for them.

Don't Bury You' Bond.

When you and your neighbor have bought your Liberty Bonds, don't take them borner between the your country but the them borner between the them to your country take them have him give you certificates of deposit for the bonds. Your banker can take these bonds to a Federal Reserves bank and borrow money for your use in case you soutdenly find yourself in need of funds. Hiding a bond is as bad as hoarding money. Keep the bonds and the money in circulation and the formers.

WHY CHART LACKED DETAIL

Wife Found It Simply Impossible to Put Down All the Remarks Hubby Had Made.

Hubby Had Made.

A physician needed a nurse's medical chart, but had none at hand. The map's wife was nursing him, so he drive lines on a sheet of paper to represent a chart. He instructed the wife how to fill it out and lot.

Next day the physician but the looked at the chart and was preced, for removed from things medical—remarks must trively and the chart and was preced, for removed from things medical—remarks must trively and the chart and was preceded in the chart of the lower trively made to the lower trively made to the lower trively with the lower trively made to the lower trively made to the lower trively made to the lower than the lower trively made to the lower trively made trively made to the lower trively made to the lower

with husband to hear the upways ownist make for him.

You, see, doctor, I couldn't put down with the remarks he made, even if you did want to know them. I'm awfully sety—hut—you—dee—he used, so many swear words about you, doctor, behause you wanted to 'know every wird a man said."

GREEN'S AUGUST FLOWER

GREEN'S AUGUST FLOWEN,
This been used for all inliments that are Naused by a disordered stomach and functive liver, such ins sick head-ache, constitution, sour stomach, evolus indigestion, ferimentation of food, nalpitation of the heart caused by gales in the stomach. August Flower is a gentle locative, regulates digestion both in stomach and latestines, cleans and sweetens the stomach and allumentary canal, stimulates the liver to secrete, the bile and impurities from the bibod. Sold in all civilized countries. Give it a trial.—Adv.

Contrariness.

Contrarines.

"Spenking of the kaiser's contrary or arbitrary attitude in this pence that." says a well-known engelation. The interest of the contrary and the contrary and the state that the contrary and the state that the contrary and the contrary and the state that the contrary and the contra

important to Mothers
Examine carefully every bottle of
ASTORIA, that famous old remety
for infants and childred, and see that it
Bears the
Signature of
Low of the Control of the Control
I use for Over 30 Years.
Children Cry for Fletcher's Castoria

"Home Grown" Drugs.
Wate conditions have cut off our supply for digitalits, and we are obliged to
turn to our own resources for the drug.
Indictures made from the wild species
forgiove—common in Washington
and Oregon, compare favorably with
tools made from the imported urticle.

Cuticura Kills Dandruff.
Abolint spots of dandruff with Outcure Olutinent. Follow at once by a
bot shampoo with Cuticura Soap, if a
anti, next moring it is woman. For
free eamples address, "Cuticura, Dept
E. Boston." At druggists and by mail.
Soap 25, Olutinent 25, and 50.—Adv.

Why She Broke it Off.

Dick-Everyone says I'm a puzzle.

Tess-In that case there's only one thing for me to do-give you up.

Dr. Pierce's Pellets are best for bowels and stomach. One little for a laxative, thuse for a cathart for a larstive, there for a catharti"Why did you make an open fire in
his room?" "Because I saw the grate
opportunity for one."

An implement has been patent
a New York man to enable a
person to thread a needle.

Middle Aged **Women**

Are Here Told the Best Remedy for Their Troubles.

Freemont, 0.—"I was passing through the critical eriod of life, being forty-six years of age and in a symptom incident to that change—hea finances, and was in a general run down condition, of t was hard for me to lio my work. Lydiu 2. Finik am's Vegetable Compound was recommended to me a heat remedy for my toubles, which it sarrely proved to the province of the condition of the

In Such Cases

LYDIA E PINKHAM'S VEGETABLE COMPOUND

has the greatest record for the greatest good

LYDIA E.PINKHAM MEDICINE CO. LYNN. MASS.

Carter's Little Liver Pills to be found in food queues. The head of the family recently write to a London inwappier that himself, wife and family of four have lived for 14 weeks wholly on raw vegetable sulnds indeed of grated timple, carrots, parisipus, beets, cabbages, etc., portler, with fruit jaslads; foost and gridden and healthler as a result. They use additionally a say they are all much stronger and healthler as a result. They use additionally a say they are and route for the say they are most independent family in England.

New York World. You Cannot be Constipated

and Happy

A Remedy That Makes Life Worth Living

ABSENCE of Iron in the Blood is the reason for many colorless faces but CARTER'S IRON PILLS will greatly help most bale-faced people

Scenes of Prosperity



The thousands of U. S. farmers who have accepted Canada's genrous offer to settle on homesteads or buy farm land in her provinces have been well repaid by tourtful crops of wheat and other grains.

Where you can buy good farm land at \$15 to \$30 per acre— get \$2 a bushel for wheat and raise \$20 to \$5 bushels to the acre you are bound to make money—that's what you can do in Western Canada.

In the provinces of Manitoba, Saskatchewan or Aberta you can get a

HOMESTEAD OF 160 ACRES FREE

HUMIENTEAD OF 160 Ad and other land at very low prices, During many years Canadian what fields have weraged 20 bushels to the acre—many yields as high as 50 bushels to the acre. Wonderful crops also of Oats, Barley, and Filst. Mixed Paraning is as profitable an abooks, churches, tharists coversied, climate excellent. Writefo Eliterature and gardiculars as to reduced railway means 500,00 to 100 and 100 a

$m{\$}$ Send for

Swift & Company's 1918 Year Book

It shows that Swift & Company sells the meat from a steer for less money then the live steer cost!

Proceeds from the sale of the hide, fat, and other by-products covered all expense of dressing, refrigeration, freight, selling expense and the profit of \$129 per steer as shown by Swift & Company's 1917 figures as follows:

Average price paid for live cattle per steer 68.97 Average price received for meat 24.09 Average price received for by-products 93.06 Total received This leaves for expenses and profit 8.61 1.29 Of which the profit per steer was i.

Grandma—He'd make you a husband by all accounts.

Bessie—All accounts but bank count.

"Is young Huggins still paying tention to your daughter?" "No; they're married now."

There are many other interesting and instructive facts and figures in the Year Book.

We want to send our 1918 Year Book, to anyone, anywhere — free for the asking. Address Swift & Company, Union Stock Yards, Chicago.

Swift & Company, U.S.A.



