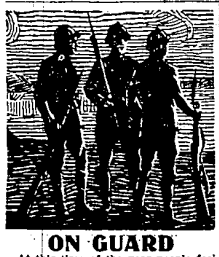

ON GUARD

At this time of the year people feel weak, tired, listless, their blood is thin, they have lived indoors and perhaps expended all their mental and bodily energy and they want to know how to renew their energy and stamina, overcome headaches and backaches, have clear eyes, a smooth, ruddy skin, and feel the exhilaration of real good health tingling thru their body. Good, pure, rich, red blood is the best insurance against ills of all kinds. Almost all diseases come from impure and impoverished blood. It is to be noticed in the pale or pimply face, the tired, haggard appearance or the listless manner.

Drink hot water a half hour before meals and for a vegetable tonic there's nothing better than Dr. Pierce's Golden Medical Discovery, the old-fashioned herbal remedy, which has had such a fine reputation for fifty years. It contains no alcohol or narcotics. It is made from Golden Seal root, Bloodroot, Oregon grape root, Queen's root, Black Cherry bark, extracted with glycerine and made into tablets and liquid. Tablets sixty cents, at most drug stores.

In order to insure pure blood and to build up the system try this tonic known as Dr. Pierce's Golden Medical Discovery. Get it now!

A Square Meal.

Some American soldiers in the trenches were discussing the food situation when one said: "Just think of it, potatoes, stew, butter, honey, fruit, pie, and two eggs."

Another soldier reminded him that such a feed was not to be had at any price.

"Why," said the first, "it's not to eat it's to think about."

Never Can Tell.

You can never judge a man by the size of salary he says he made before he went into service.

DODD'S KIDNEY PILLS

FOR BACK

Insist on the name with three D's and enjoy freedom from kidney ills. At all druggists.

ASSESSMENTS OF MUTUAL COMPANIES A LIEN ON THE PROPERTY INSURED

Act No. 256 of the Public Acts of 1917 provides that mutual companies in making assessments upon the policies of its members for the purpose of paying losses and expenses incurred, shall make the same a lien upon the property insured.

This is a wise provision and places mutual companies on a sound financial basis.

In every Company all should pay their just proportion and this provision distributes the burden so the few responsible men will not have to take care of more than their share.

THERE'S A TIME FOR EVERYTHING
Now is the time to
Clean Up!
ECONOMY IN EVERY CAKE
For MORGAN'S SANS SAPOLIO
with SAPOLIO

Clear Your Skin While You Sleep with Cuticura

Soap 25c. Ointment 25c & 50c

Cash for Old False Teeth Don't matter if broken, we pay $2 to $16 per set, also cash for old gold, silver, platinum, dental gold and old gold jewelry. Will send cash by return mail and will hold goods 10 days for sender's approval or my price. Mallie E. Rosser, Dept. B. 2007 S. 4th St., Phila. Pa.

SAYS ANTHRACNOSE IS ON "THE RUN"

Planting of Clean Bean Seed This Spring Will Rid Crop of Disease, Pathologist Says.

THOROUGH PICKING HELPFUL

Careful Removal of All Stained and Blotched Beans From the Seed Stock Lessens the Danger.

By DR. G. H. COONS, Plant Pathologist M. A. C. Experiment Station.

East Lansing, Mich.—Michigan bean growers have experienced two disastrous seasons in which weather conditions have practically cut in two crops grown at great expense. Before 1916 and 1917 plant disease, and especially anthracnose, had year after year brought enormous loss to the growers in many sections, and in some districts crop failure. To this dismal condition must be added the damage brought about in the fall of 1917 by the rainy period which caught nearly the entire crop while it was still piled in the field. As a result the beans that were produced were in the bulk of cases greatly lessened in value by "ground rot." Where farmers lacked facilities for spreading out the wet crop to dry, beans that picked 40 pounds to the bushel were not uncommon. Naturally under such conditions of moisture countless bushels have become musty.

Combined with certain vagaries in the price, these losses have caused many growers to question the advisability of longer clinging to this crop. A national problem of grave importance is wrapped up in this matter.

But discussion of the diseases of beans and not of acreage, the price of seed and the California competition is the province of this article, though undoubtedly these questions must be decided on a sound business basis, in which true patriotism and a desire to obey the call of the country must be paramount considerations.

What may the farmer expect in the way of bean diseases in 1918? To begin with, plant diseases are not caused by the weather. This has been said so often that it has become an old story to many farmers, but there are still many others who, seeing the direct relation between weather and disease epidemics, blame the whole matter on rainy seasons and stop there.

If the trouble stopped there this article would not be written, for no one has yet found a way to control the weather. There is, however, another side to be considered.

The "nigger in the woodpile" in this case happens to be a germ. Plant diseases are caused by germs, and the weather is concerned only in so far as it aids in the growth and spread of these germs.

Take bean anthracnose for example. Here we are dealing with a disease carried in the seed to the field and brought above the ground when the first seed leaves push out. Rain serves to carry the disease down the stalk to the young unfolding leaves, and rain also serves to wash the germs from the leaves to the pods and from plant to plant.

The transfer of bean anthracnose, aside from that which comes from cultivating beans while wet, and so forth, is wholly a matter of how far the rain can splash. If beans are grown in a greenhouse and irrigated instead of watered, they can be grown with absolutely clean pods—a point which is mentioned to show that rain does not cause anthracnose, but merely spreads it. Without the germ there would be no disease.

And so with other bean diseases. They are seed-borne and greatly influenced by the rainy weather. Yet without the germ the weather could be whatever it pleased without any danger of its ever making the beans blighted or spotted.

It is this last statement which gives us justification for making predictions for 1918. A farmer will certainly have disease in his fields if he plants diseased stock. If he can get "disease-free" seed—then he will have no trouble.

The matter is not so simple as it sounds, for the problem is to get disease-free seed. Probably there is not a bushel of seed absolutely free from disease in Michigan. All the farmer can do is to try to secure "disease-safe" seed.

The present year offers a golden opportunity to secure "disease-safe" seed. As a result of the last two dry summers the percentage of anthracnose has been reduced, so that judging from the thousand samples of beans that have been analyzed for disease by the department of botany it is safe to say that not one sample in 50 shows heavy infestation from anthracnose, and in fact many are totally free.

Anthracnose is in retreat, but if wet weather keeps up this year it can make a stand and intrench itself as firmly as ever. The present is an ideal time to get rid of the old enemy. It is wholly an individual problem.

If I were going to plant beans this spring I would get seed stock free from weathered beans and as clean and dry as possible, and then I would have it picked to absolute cleanliness. Every bean should be looked at and all with spots or stains should be thrown out. The women in the home who have registered for war service can do no better work than this.

It is true that there still will be a little blight left in the seed and the crop may show some leaf trouble, but with the ordinary clean sample, such as grown last year, close picking will absolutely remove anthracnose.

DAIRYMEN FACE PROBLEM

Milk Surplus Is on Increase, Chiefly Due to Lack of Shipping Space.

By J. A. WALDRON, Extension Agent in Dairying Michigan Agricultural College.

East Lansing, Mich.—Of problems which confront the dairymen of Michigan none, perhaps, is causing more general concern at the present time (May and June) than the apparently ever-increasing surplus of milk. Even questions of feed supply and prices have at least for the time being become secondary to it. This surplus of milk and dairy products, according to those who have looked into the matter, is mostly attributable to a dearth of shipping facilities, which is cutting us off from the European markets, where the shortage of necessary butterfat products is more acute even than is the oversupply of them on this side. Warehouses of the condensaries, and storehouses on the eastern seaboard, are consequently full to overflow.

What this means to the producer of milk it doesn't require much intuition to guess. The experiences of dairymen near Portland, in Ionia county, are typical of what is happening in numerous other parts of the state. This district was supplying about 10,000 pounds of milk daily to a Grand Ledge condensary, but during the last ten days in April (and this state of affairs may still be existing) the condensary had to turn this milk back. The company would like to have taken the milk and stored it until the finished product began to move, but it lacked the capital necessary to enable it to do this—and many other of the smaller enterprises are finding themselves in the same predicament.

Another cause of the surplus is to be found in the effort at adjustment of milk prices that has been made in several of the larger cities within the past winter. As a result of this effort and the growth of a feeling by a large part of the public against the producers, the consumption of milk in the cities has fallen off markedly—and this despite the fact that even at 12 and 14 cents a quart milk is one of the cheapest and most nutritious foods the consumer can purchase. The new lessons in food conservation and thrift are also having their effect in lessening the call for dairy products.

Meanwhile there is no doubt about the acuteness of the demand for butterfat products in France, Belgium, England, Italy and other European countries. For the American dairyman there might be a solution of these current difficulties if the government would place orders for future delivery upon which the condensaries and the milk corporations might borrow money—though there is nothing to indicate at present that this will be done. An organized campaign of advertising of dairy products by the dairy associations, in the manner in which the California growers enlighten consumers about the virtues of their fruits, would also help immensely in increasing the demand for and the appreciation of dairy products.

Among officials of the department of agriculture and the food administration the feeling is that this critical situation will be relieved by fall, when our launching of ships will begin to exceed the toll taken by the pirate U-boats.

Under the circumstances, it is the opinion of the writer that in the long run it will be wiser for dairymen to struggle along as best they can for the present, rather than sacrifice any of their herds, for while the present may look dark enough, a future is in prospect which, from the standpoint of profit and general good of the industry, should amply repay producers for the existing hardships.

BOOSTS FARM ACCOUNTING

Member of Extension Staff Demonstrates Value of Keeping Records.

East Lansing, Mich.—Points about farm accounting which it might be useful for farmers of the state to know are being communicated to agriculturists this year by a member of the college extension staff who is a specialist in farm management. The co-operation of over a thousand farmers has already been secured, and many score demonstrations of farm accounting arranged for. On February 1 six of these demonstrations had been signed up for in Alpena county, three in Branch, eight in Tuscola, eight in Kent, four in Wayne and ten in Manistee.

The central idea in the farm management program is to encourage farmers to adopt businesslike methods—such as will enable them at any time to know just what their income and outgo for various items of labor, seed, live stock, crops and so on amount to, though these are only a few of the problems taken up.

Art in Dipping Sheep.

There is an art in dipping sheep which is soon learned by use and observation. Keep the dip up to a uniform strength and also keep it well stirred. See that all the sheep get a proper soaking, especially under the jaws, as it is here the tick eggs find a secure lodgment.

Graduated.

Mary was in her third week at school. Imagine mamma's surprise one evening to see the child enter the door with her slate, books and pencils.

"Why are you bringing them home?" she asked.

"I've quit school."

"Quit school? Why have you done that?"

"Why, I know more than the teacher, mamma. I wrote my name on my slate and she couldn't tell me what it was, and I told her."—Baltimore News.

State of Ohio, City of Toledo, Lucas County—ss.

Frank J. Cheney makes oath that he is senior partner of the firm of F. J. Cheney & Co., doing business in the City of Toledo, County and State aforesaid, and that said firm will pay the sum of ONE HUNDRED DOLLARS for any case of Catarrh that cannot be cured by the use of HALL'S CATARRH MEDICINE.

FRANK J. CHENEY.

Sworn to before me and subscribed in my presence, this 6th day of December, A. D. 1886.

(Seal) A. W. Gleason, Notary Public.

HALL'S CATARRH MEDICINE is taken internally and acts through the Blood on the Mucous Surfaces of the System.

Druggists, 75c. Testimonials free.

F. J. Cheney & Co., Toledo, Ohio.

Recruiters Please Notice.

In our city they were recruiting a battalion of short men known as the "Bantams."

One day our little four-year-old soldier came in complaining of tiredness. When asked what he had been doing he said, "I've been recruiting all day."

"Which battalion are you recruiting for?" he was asked.

"The Bantams," he replied.

"How many did you get?" was the next query.

"Oh," he said with a little sigh of weariness. "I recruited 500 bantams and one rooster!"—Canadian.

FRECKLES

Now Is the Time to Get Rid of These Ugly Spots

There's no longer the slightest need of feeling ashamed of your freckles, as Othine—double strength—is guaranteed to remove these homely spots.

Simply get an ounce of Othine—double strength—from your druggist, and apply a little of it night and morning and you should soon see that even the worst freckles have begun to disappear, while the lighter ones have vanished entirely. It is seldom that more than one ounce is needed to completely clear the skin and gain a beautiful clear complexion.

Be sure to ask for the double strength Othine, as this is sold under guarantee of money back if it fails to remove freckles.—Adv.

May Come to This.

"I shall want some money today, dear," said George Pipwhistle to his wife before the latter set out for business one morning in 1927. And Mrs. Pipwhistle, grumbling the while, handed out the chips and waved her hand from the garden gate as she made a dash for the eight-nineteen.

Three hours after Mrs. P. had returned from the city, George Pipwhistle came in. He had a mountain of parcels in his arms and the light of triumph in his eyes.

"Yes," he panted, as he untied the parcels and disclosed four corkscrews, a stuffed owl, an assortment of paint brushes, a remnant of a cloth-bound "Uncle Tom's Cabin," six walking sticks, a toasting fork, a brace of tin openers and a roasting jack. "Such a scramble! It's just about the best bargain sale that ever was!"

Get New Kidneys!

The kidneys are the most overworked organs of the human body, and when they fail in their work of filtering out and throwing off the poisons developed in the system, things begin to happen.

One of the first warnings is pain or stiffness in the lower part of the back, highly colored urine; loss of appetite; indigestion; irritation, or even stone in the bladder. These symptoms indicate a condition that may lead to that dreaded and fatal malady, Bright's disease, for which there is said to be no cure.

Do not delay a minute. At the first indication of trouble in the kidney, liver, bladder or urinary organs start taking Gold Medal Harlem Oil Capsules, and save yourself before it is too late. Instant treatment is necessary in kidney and bladder troubles. A delay is often fatal.

You can almost certainly find immediate relief in Gold Medal Haarlem Oil Capsules. For more than 200 years this famous preparation has been an unfailing remedy for all kidney, bladder and urinary troubles.

It is the pure, original Haarlem Oil your great-grandmother used. About two capsules each day will keep you toned up and feeling fine. Get it at any drug store, and if it does not give you almost immediate relief, your money will be refunded. Be sure you get the GOLD MEDAL brand. None other genuine. In boxes, three sizes.—Adv.

Not a Best Seller.

"Have you any worth-while books in here?" asked the superior person.

"We have thousands of volumes, sir," replied the clerk. "I'm sure there is something in our stock to suit the most exacting taste. What do you require?"

"I want a book of synonyms."

"Just a moment, sir until I speak to the boss. I don't believe we have any ef-er-Synonym's works."—Birmingham Age-Herald.

Blocked the Move.

"I thought you told me you were going to break up housekeeping."

"We did intend to, but the cook refused to leave."—Boston Transcript.

It's Poor Economy to Endure a Bad Back

IN these days of rising prices, we need every ounce of strength and the ability to do a full day's work every day. The man or woman with weak kidneys is half crippled. Sore, aching kidneys; lame, stiff back, headache, dizzy spells and a dull, tired feeling and urinary disorders are daily sources of distress. You can't afford to neglect kidney weakness and make it easy for gravel, dropsy or Bright's disease to take you. Get a box of Doan's Kidney Pills today. They have helped thousands. They should help you.

Personal Reports of Real Cases

A MICHIGAN CASE.

Sam Willsie, 405 Pleasant St., Ionia, Mich., says: "I suffered for four or five years from sharp, cutting pains through my right side and across my kidneys. Nothing did me any good until I began using Doan's Kidney Pills. The first few boxes cleared up the kidney secretions and after the fifth or sixth box I passed a gravel stone about the size of a pea. The pain left and I know it was the stone that caused it. Whenever I have noticed the least disorder since, I have used Doan's Kidney Pills and they have always proven mighty beneficial."

ANOTHER MICHIGAN CASE.

Mrs. James M. Murphy, 510 Maple St., Sault Ste. Marie, Mich., says: "My health broke down entirely as a result of disordered kidneys. I grew weak and pale. My back ached and pained me terribly and I often had to scream. Headaches drove me almost frantic, my feet swelled and watery sacs came under my eyes. I got so bad, hope for my recovery was given up. Doan's Kidney Pills came to my rescue and saved me. They fixed me up. I am now well and strong again."

DOAN'S KIDNEY PILLS

60c a Box At All Stores. Foster-Milburn Co., Buffalo, N. Y., Chemists

SPOHN'S DISTEMPER COMPOUND

Spring Run of Distemper

MAY BE WHOLLY AVOIDED BY USING "SPOHN'S" A small outlay of money brings very great results. It is a sure cure and a preventive if you use it as per directions. Simple, safe and sure. The $1 size is twice the quantity and an ounce more than the 50c size. Get your horses in best condition for late spring and summer. All druggists, harness dealers or manufacturers.

SPOHN MEDICAL CO., Manufacturers, Goshen, Ind.

As Age Advances the Liver Requires

occasional slight stimulation.

Small Pill, Small Dose, Small Price, But Great in Its Good Work

CARTER'S LITTLE LIVER PILLS

CARTER'S LITTLE LIVER PILLS correct CONSTIPATION

Genuine bears signature Brent Good

Colorless or Pale Faces usually indicate the absence of iron in the blood, a condition which will be greatly helped by **Carter's Iron Pills**

No Pleasure in Idleness.

Idleness is never a source of pleasure. The nation puts folks on enforced idleness as a punishment. A well-earned rest is a boon to any busy man, but that's far from idleness. The idler is just a spender, a parasite, a candidate for social ostracism and the poorhouse. He soon loses the power for real enjoyment. He's just a burden to himself and the folks around him. He's always hunting happiness, but is too sluggish to use the means that bring it. His is the passive existence of indolence, stagnation and deadness. The very faculties capable of giving pleasure are obsolescent. It's no use to dream about happiness unless you are willing to do a little to help bring it. Like love it wears best when used.

Important to Mothers

Examine carefully every bottle of CASTORIA, that famous old remedy for infants and children, and see that it Bears the Signature of Chas. H. Fletcher

In Use for Over 30 Years.

Children Cry for Fletcher's Castoria

A Real Ambition.

"He has a fine ambition."

"What is it?"

"Says he wants to live so that he will be considered somebody's best friend."

Hard Times.

Birdie—"You've a very small family, Mrs. Hen." Hen—"Yes; at the price of eggs I can't afford to raise them."

Dr. Pierce's Pleasant Pellets are the original little liver pills put up 40 years ago. They regulate liver and bowels. Ad.

And yet contractors are employed to widen streets.

Help wanted by many women

IF a woman suffers from such ailments as Backache, Headache, Lassitude and Nervousness—the symptoms indicate the need for Piso's Tablets, a valuable healing remedy with antiseptic, astringent and tonic properties. A local application simple but effective—response comes quickly causing refreshing relief with invigorating effects. Backed by the name Piso established over 50 years, satisfaction is guaranteed.

PISO'S TABLETS Sold Everywhere 50 Cents

Sample Mailed Free—address postcard THE PISO COMPANY 400 Piso Bldg. Warren, Pa.

Why?

People prefer pills, provided prompt and proper performance proves promise. Beecham's Pills are used by people all over the globe and have the largest sale of any medicine in the World.

BEECHAM'S PILLS

Sold everywhere. In boxes, 10c., 25c.

PARKER'S HAIR BALSAM

A toilet preparation of merit. Helps to eradicate dandruff. For Restoring Color and Beauty to Gray or Faded Hair. 50c and $1.00 at Druggists.

Are You Bloated After Eating

With that gassy, puffy feeling, and hurting near your heart? For Quick Relief—Take ONE

EATONIC

FOR YOUR STOMACH'S SAKE

You can fairly feel it work. It drives the GAS out of your body and the Bloat goes with it.

Removes Quickly—Indigestion, Heartburn, Sour Stomach, etc.

Get EATONIC from your Druggist with the DOUBLE GUARANTEE

Send for the "Help" Book, Address Eatonic Remedy Co., 1018-24 So. Wabash Avenue, Chicago, Ill.

Costs a Cent or Two a Day