

Good eating in Grosbous

(Editor's note: Tom McKinnon is a Farmington resident who is spending his summer in Europe pursuing his career as a chef, working for Pierre Kermeyer's restaurant, traveling, and writing about haute cuisine.

By TOM MCKINNON

I spent the 4th of July at a party in Chateau d'Amersbourg, in Luxembourg, given for about 1,800 people. All the food and wine you could eat and drink, all the beautiful decorations and the main were all compliments of the American Embassy.

I left the party with a young couple I met there who invited me to their home in Grosbous, about 40 kilometers from Amersbourg.

They invited me to stay for dinner and I happily accepted because they were both very much into healthy foods.

We had fresh smoked ham with nut bread and salad made from the vegetables in their garden, but then came what I have been looking for and what I am here for, a new recipe.

They served a low-fat raspberry soufflé, made with low-fat raspberry yogurt that won't put a dent in your pocket book.

SOUFFLE FROMMOISE

Sauce

1 1/2 cups yogurt (raspberry low fat)
1/2 cup flour
1/2 cup margarine
4 egg yolks
1/2 tsp salt
2 lbs sugar (if you want a sweeter taste only)

Heat yogurt in sauce pan until just before boiling.

Melt margarine in another pan and add flour while stirring to a smooth paste. Add this to the hot yogurt to make a thick heavy cream.

Add egg yolks to the sauce one at a time while stirring gently.

Then add sugar, if preferred.

Israel Bond Women form new committee

Mrs. Allen Charlipuski of Southfield, chairman of the Women's Division, State of Israel Bonds, has announced the formation of the Women's Division Executive Committee.

Appointed to serve on the committee were Mrs. Norman Allan, Mrs. Pearl Nossar, Mrs. Julius Schanberg, Mrs. William Sherr and Mrs. Harvey Weisberg of Southfield.

Also Mrs. Merrill Gordon, Mrs. Irvin Green and Mrs. David Polack of Franklin.

Others are Mrs. David Herken, Mrs. Albert Newman and Mrs. I. Walker of Birmingham, Mrs. Matt Soltman of Oak Park and Mrs. George Dazam of Detroit.

Congratulations to the newly appointed committee, Mrs. Charlipuski said.

"While each of us has our own purpose for actively participating as leaders in any given area of communal work, in Israel Bonds we have the common purpose of aiding Israel to become a strong, viable and secure Jewish homeland."

"I am sure it will give us all great personal happiness if we can in any way help raise the sights of women in our community. There is a well of untapped woman power that needs to be directed to the support of Israel's economic development."



Mr. and Mrs. Richard Lee

Pamela Rae Marberg, daughter of Mr. and Mrs. Paul Marberg of Farmington Hills, became the bride of Richard Lee of Plymouth in a ceremony in the First Presbyterian Church of Farmington.

The bridegroom is the son of Mr. and Mrs. Lee of Farmington Hills.

Honor attendants for the couple were Nancy Sellers of Chicago and Franklin Po of Los Angeles.

The newlyweds went to Montreal for their honeymoon and will live in Plymouth until their new home in Troy is completed.

The new Mrs. Lee is a graduate of Michigan State University. Her husband attended the University of London and the University of Michigan and is employed as a staff photographer by the Detroit Free Press.

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Whites
Whip whites with salt until soft peaks are formed.
Add sauce to whites, folding 10 or 12 times with wooden spoon.
Pour mixture into greased and sugared soufflé dish and place in oven at 400 degrees for 30 minutes.

SOME TIPS to remember
1) Do not beat yogurt because it will separate.
2) If you are using an electric oven, with the coils on top of the oven, place a pan on a shelf between the coils and the soufflé dish to prevent burning the top of the soufflé.

3) When you fold the sauce with the whites of the eggs, do not fold more than 10 or 12 times. This will keep the air in the whites and keep an airy light texture to your soufflé.



Paul on honor roll

Paul Thomas Fitzpatrick, son of Mr. and Mrs. David J. Fitzpatrick, of 3325 Shawnee in Farmington is on the current honor roll at David Lipscomb College in Nashville, Tenn.

3 make dean's list

Shawn M. Conway and Kelly Anne LaCore of Farmington, and Patricia A. Johnson of Farmington Hills, have been named to the dean's list for the spring term at Northwood Institute in Midland, Mich.

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