

# French crepe dates back to 1800

By TOM MACKENNON

I found where this weekend at the Chateau Dornin in a small town called Reckingen, on the border where Luxembourg meets Germany.

I was greeted by a man named Jon who lives with his wife in their chateau atop a small mountain. Fruit trees rise tall above the stone wall which surrounds the chateau.

Through the trees one can see a breathtaking view of the rolling hills that line the border of Germany, had carved over the centuries by the men and women who tend their farms.

On the first morning after my arrival, I was awakened by the scent of freshly brewed coffee from the kitchen where crepes were being prepared for breakfast.

It was my lucky day. The crepes were made with a fresh peach filling, cooked to perfection enveloped with low fat yogurt. With some hesitation I asked for the recipe, and when I received it was told that it dated as far back as the early 1800s when grandma made her own yogurt.

and add water slowly, until the batter is as thin as milk.

Grease fry pan with oil and place on stove. When pan is hot, place enough batter in pan to thinly cover the bottom. Brown on one side, then turn and brown the other side.

Procedure for peach filling: Put and slice peaches, including the skins, because the skin is the most nutritious part of the fruit. Place in sauce pot.

Add sugar and water, then cook until sugar, water and the juice from the fruit thicken to the consistency of syrup.

Add yogurt and stir slowly with spoon so as not to break the peach slices.

Place a portion of the filling in the center of a crepe and roll.

For an added touch, place a small amount of the filling over each crepe and sprinkle on some powdered sugar.

The dish is somewhat low fat, and healthy, and can be used as a desert as well as for the morning meal.

### SOME TIPS

For crepes, use a nonstick fry pan. Crepes can be made as far as seven days in advance and kept in the refrigerator.

Your pan should be hot enough to sizzle water, but not so hot that it smokes.

If you wait until the peach filling has cooled before adding the yogurt, it is much less likely to break apart.

Bon appetit.

## Library gets book gifts

In honor of the United States bicentennial celebration, the Farmington Musaeum has given the Farmington Hills Community Library "Music for Patriots, Politicians and Presidents" by Vera Payne and Lawrence J. ...

The book contains many manuscripts including a copy of the original "Star Spangled Banner."

The group believes that students in particular, will find the book a valuable research tool because it contains much history along with a portion of the book called "Harmonies and Ducords of the First Hundred Years."

The gift was given to Gordon Lewis, who accepted it on behalf of the library from Anita Mallette, president of the musaeum. The Farmington Musaeum is a member of the National Federation of Music Clubs.



FRENCH CREPES

## Rummage sale runs 3 days

Country Corners Chapter of Women's American ORT (Organization for Rehabilitation and Training) will hold its bi-annual rummage sale Sept. 16-19, from 10 a.m. - 4 p.m. each day, in the garage of Phoebe Mainster, 6878 Alderley Way, West Bloomfield.

All of the items on sale are donated and all the profits go to ORT.

Country Corners is one of the 1,000 ORT chapters which carry out non-governmental, vocational training programs for students in underdeveloped countries of the world.

The objective of the ORT program is to train individuals to be self-sufficient and independent.

Included in the sale will be men, women and children's clothing, household goods and toys. Some of the merchandise is new.

Paintings in Oil and Watercolor  
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## Farmington Players set 1976-77 schedule

William Shakespeare's "Twelfth Night" opens the Farmington Players season Nov. 5. Bob Casemore, who convinced the players to try Shakespeare's works with adaptations of "Julius Caesar" and the "Taming of the Shrew" will direct the production.



BOB CASEMORE

Casemore was last seen on stage as the defense attorney in the players' production of "Inherit the Wind."

Two winter plays are on the agenda: "Night Must Fall" and English melodrama to be directed by June Payne, and "6 Men/Riv'Vw." a modern comedy to be directed by Dennis Broadhead.

The season will conclude with Tennessee Williams' "Night of the Iguana," directed by Don Craig.

The players have a new box office number: 477-1066.

## YMCA begins fall session

The Farmington Area YMCA's fall session begins the week of Sept. 20 offering adults a wide variety of programs.

Tennis classes will be taught indoors at four locations with both evening and daytime classes offered.

And a new racquetball program will be started at the new Racquetball Courts at Farmington again, both day and evening classes are offered.

David Heister, YMCA community program director has expanded fitness programs for men and women in Mercy Center in Novi and at Sarah Fisher.

Yoga and belly dancing for women will be taught at both Mercy Centre and Sarah Fisher. Painting and crafts, two new programs will be offered days at Sarah Fisher and the YMCA building.

All classes will run for six weeks and all have limited enrollments.

Registration information is available by calling the Y at 474-3222.

Farms, near Fourteen Mile and Hazzerty Registration information is available by calling the Y at 474-3222.

## Horsebackriding classes scheduled

The Farmington Area YMCA will sponsor a series of English riding classes for children and adults at Crystal Valley Farms, near Brighton and at Havenhill Farms, near Fourteen Mile and Hazzerty.

Registration information is available by calling the Y at 474-3222.

## Lamaze group starts fall program

The Lamaze Childbirth Education Association of Livonia, Inc. will host a Sept. 14 coffee reunion for all women who have taken its childbirth classes.

The event will be held from 9:30-11:30 a.m. in Newburg United Methodist Church, 3600 Ann Arbor Trail, Livonia. Topics for discussion will include: breast-feeding, cesarean section and postpartum experiences. Mothers are urged to bring their babies and preschoolers.

For further information contact Mrs. Vicki O'Reilly at 459-0008.

The organization has also completed its schedule of childbirth classes for October and November to be held in various locations in the area.

The six week classes are taught by registered nurses and should be taken eight to 12 weeks prior to delivery.

Series of classes are underway in St. Mary Hospital, Livonia, while other series will start Sept. 13, Oct. 25 and Oct. 29 in Henry Ford Junior High School, 8055 Dixie Westland.

Schoolcraft College will host a series commencing Oct. 2, as will Novi Middle School, Novi, beginning Sept. 13 and Oct. 27. Others will start on Sept. 21 and Oct. 20 at Oakland Community College in Farmington.

A series will also begin Sept. 16 in Clifford Smart Junior High School, Walled Lake.

To register or obtain further information on the classes contact Mrs. Kathy Gray at 477-1060. Register as soon as possible as enrollment is limited to 10 couples per class.

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**CRANBROOK academy of art / museum**

The MUSEUM has restructured it's four program, and has ten positions available on the DOCENT COUNCIL.

The DOCENT COUNCIL is composed of individuals who volunteer their time to give tours of the museum to groups of children and adults. In preparation for giving MUSEUM tours all Docents will complete a series of special training workshops that include a 20th Century Art History course which will emphasize developments of the 60's and 70's, specialized study with Academy instructors and lecture programs by visiting Artists and Curators.

For Application information, contact the Museum Education Office 645-3315, or 645-3312.

Applications must be received before September 12th.

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