

Evelyn Forrest talks about women in law

By ALICE COLLINS
Life editor

Attorney Evelyn F. Forrest doesn't classify herself as a woman's lawyer, but when she talks about her law practice, a large part of it is domestic relations. Her concern for equal rights comes through.

Women have been raised with this myth. She's supposed to marry at 19 and a man is going to take care of her the rest of her life, she said.

Well, statistically, that's just not going to happen. A woman's got to be able to support herself and in order to do that she must have equal rights.

Mrs. Forrest, now of Birmingham, was raised in Royal Oak and taught school in Farmington and Royal Oak. Then she went off to Flint to live and raise a family.

But after a divorce from her lawyer husband, she moved to Birmingham in 1971 with two young sons and enrolled in Wayne State University Law School.

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MS. FORREST AND HER partner, Jan Young, formed their law firm a year ago with offices in Troy. We went to law school together and both passed our bar exams in October of 1974.

A large percentage of Ms. Young's practice is in criminal work. At least half of mine is in the area of domestic relations, said Ms. Forrest. The rest of mine is in will, contracts and things like that.

Ms. Forrest is also the president of the newly formed Women's Bar Association of Oakland County. There are about 250 women, she said.

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things especially important to women attorneys.

"WE HAD ANOTHER motive for forming our organization now," she said, "that's to get Alice Gilbert (now 6th District Court judge) elected to the circuit court in November."

That's the court that grants divorces, yet there is no woman judge on the circuit court. A woman would have an entirely different viewpoint on divorce, child support and things like that.

We're really putting out support behind her. It's about time there's a woman there.

The Women's Bar Association meets for lunch on the second Monday of each month and is open to attorneys and law students. We have two male lawyers in the group," Ms. Forrest said. "We don't want to be discriminated against and we won't discriminate."

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couraged into the field now," said Ms. Forrest. "They're going in."

"When Joan and I started at Wayne in 1971, about 10 per cent of our class was women. This year, the entering class at Wayne is 48 per cent female."

The field is also fertile now for finding a job. "Corporations under affirmative action programs are looking for women lawyers. And if you're black and a woman, your chances are even better," she said.

"Also, they're looking for competent. So, if you're a woman and competent, they'll hire you," Ms. Forrest said.

"I'VE NEVER FELT any discrimination about being a woman from any judge in Oakland County," Ms. Forrest said. "But I have been called 'honey' and 'dear' and 'madam' by judges I've appeared before in other counties."

"Women attorneys have many problems in common. Our association is going to be here to help solve them."

But one of the things we have to overcome is that old inner voice that says the man knows more than you do just because he's a man," she said.

Ms. Forrest expresses strong opinions about women being able to support themselves.

"If a woman comes to see me about a divorce and she says, 'I don't want to work,' then I don't want to take her case."

"In the first place, working would be good for her."

Oakland County has one of the highest divorce rates in the country, according to Ms. Forrest. There were 63 divorces for every 100 marriages in the county last year, she said.

The national average was almost 50 divorces to each 100 marriages.

IN ADDITION TO her law practice, Ms. Forrest teaches classes at Oakland University in women's legal and financial problems. She and Ms. Young teach domestic relations in the legal assistant program.

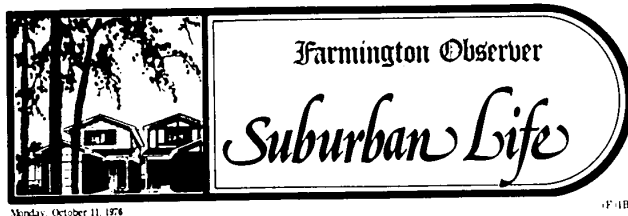
Officers of the Women's Bar Association, in addition to Ms. Forrest, are Mary Ann Zito of Madison Heights, vice president; Cheryl Scott of Oak Park, secretary.

Also, Donna Bookholder of Troy, treasurer; Sue Mirkin of Beverly Hills, publicity; Judith Jacobson of West Bloomfield; and Susan Feldsten of West Bloomfield, liaison to Women Lawyers of Michigan.

For additional information about the association, call 449-1415 or 546-1079.



Evelyn Forrest heads new bar association.



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P-1B

Maternity care course set

Orchard United Methodist Church will host a series of Prepared Childbirth Classes for expectant parents. The series is set to begin Nov. 6 and will run for six Saturdays from 9:30-11:30 a.m.

Charge for the course is \$25 for a couple. Both husband and wife are urged to attend together to get the maximum benefit from the course.

Emphasis will be put on family-centered maternity care.

Topics to be discussed will include prenatal care, birthing exercises, relaxation and breathing techniques for labor and delivery, care of the newborn and parenting.

Linda Foreback, instructor of the course, is a registered nurse, a member of

International Children Education Association, and is presently teaching childbirth classes at Henry Ford Hospital's Fairlane Center in Dearborn.

The classes will be held in the church at 3440 Farmington Rd. between Thorton and Fourteen Mile roads.

Mrs. Foreback will take registrations and inquiries by calling her at 477-2469.



MIRA LINDER

Mira Linder talks about aesthetics and cosmetology

Mira Linder, just back from Europe where she attended the World Congress of Aesthetics and Cosmetology, is excited about several new facts she learned about the world of beauty, but is zeroing in on a new camouflage makeup.

It's brand new, says the owner and operator of Esthetics of Mira Linder in Southfield. Its purpose is to camouflage such facial anomalies as birth marks, scars, burns and certain skin conditions.

It will be used for men, women and children, and it is waterproof. I have somebody coming into the salon who will instruct us all how to use it, and we will be instructing others in its use, she said.

Ms. Linder said she had a difficult time deciding which lectures seminars or courses she would attend while she was in Vienna, but singled out a couple of them to talk about, sharing tips and hints and a little about what's new.

One of the newest ideas introduced at the congress came from a cosmetic surgeon from Teleran who is now practicing in Paris. His specialty is cocktail shots, which is a combination of vitamins and plasma.

His shots purportedly smooth out age and expression lines in the face. She quotes the doctor as saying that anyone can benefit by the shots, but no one should have them more than three times in a lifetime.

"I want to know more about that," said Q & E

Ms. Linder, "so I got him to promise he would visit me some time in the near future."

ANOTHER NEW item for the aesthetician is an aloe vera mask, a face lift procedure that can be used at home as well as in a salon.

Well, not a real face lift, she said, but definitely a shrinking and tightening of the skin, all done quickly and safely with a series of treatments by a product made from the aloe vera plant.

As for a make-up preview, Ms. Linder said, "The color is no color. It's going to be a monochromatic world this fall, with great emphasis on the eyes. Shades of brown and ivory. Lots of black liner as in again. And coat after coat of heavy thick mascara with the corners of the lower lids underlined in black, as well.

No more blues, greens or turquoises.

Cheeks will be contoured in brown shade blushers, and lips will be outlined, then filled in with rich rust and cinnamon shades with a gold gloss on top."

While she stresses earth tones, and no more color, she says, "Still, the important thing is to do what you want to do. Look natural and you'll feel natural."

Her tip to keep make-up in place, moist and glowing is "spray with mineral water."

FROM THERE Ms. Linder jumped to the subject of lamnology, "an old theory, but new to me," she said. Lamnology is a

theory propounded by Arnie Sedel that the body is a self-correcting mechanism.

In Frau Sedel's lecture, Ms. Linder said, the participants learned that the commonplace acts of sitting, standing, getting up or lying down all must be done properly, and in most instances, relaxed.

"If you stand up not like a hungry woman, but like the queen, then you will feel regal even in a mundane job."

Something not so new to Ms. Linder is the use of Propil for getting rid of excess hair.

"To me, the ugliest sight in the world is excess hair. All kinds of methods have come along to rid the body of it—waxing, electrolysis, depilatories. But Propil seems to be the answer, and that was much in evidence in Vienna," she said.

It was invented by a French doctor, and a friend of hers. It is applied in the salon after waxing and goes right to the root of the hair. Then the client takes the product home and uses it over the waxed area. It is applied after every waxing, and in-between times. Gradually the growth of excess hair diminishes, until eventually it disappears altogether.

"We've been using Propil at our salon for a couple of years. Now the rest of the world seems to be catching on," she said.

Her salon is at 2860 Northwestern Highway.

Her recurring theme is "No woman need ever surrender her beauty to the ravages of sun, wind, dust, anxiety or time."

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