

# Getting Around

By ETHEL SIMMONS

## Sign of the Beefeater serves up roast beef

Any way you slice it, the specialty is roast beef at The Sign of the Beefeater cafeteria-style restaurants.

Going through the cafeteria line, you can order a generous portion of the lean roast beef for \$1.65 (five and one-half ounces). Ask for rare, medium or well. A one-and-a-half order is priced at \$2.10, a double order at \$3.20.

The sliced roast beef can also be ordered on an onion roll or sandwich with whole wheat, rye or pumpkinseed.

My lunch was followed by a tour of the kitchen, looking into the cold food locker where the 60-70 pound rounds of Western grain fed beef are kept, then peeking into the oven where the rounds are cooked overnight (12 hours at 225 degrees).

"THE ROUND cooks in the middle, with a crust outside," said Gary Cole, manager of The Sign of the Beefeater at Orchard Lake Road near Maple in West Bloomfield. "Each round loses about 15 pounds in shrinkage."

In the kitchen, there's a giant stock pot, filled with lots of goodies to make gravy using the natural ingredients of the beef. Fresh vegetables go into an equally big steamer, to come out tasty.

As you leave the kitchen, a sign says: Be professional. Be neat. Smile. Think customer.

Back to where the customers are, you see a roomy dining area decorated in the warmth of Early American. Every Beefeater restaurant has a fireplace, antique prints and accessories including a grandfather clock.

All 14 restaurants in the chain keep the same hours, 11 a.m.-9 p.m. seven days a week. All feature the same two main dish specials each day.

AMONG THESE are knockwurst and sauerkraut on Monday, beef hash on Tuesday, chicken pot pie on Wednesday, liver and onions on Thursday, baked haddock on Friday, beef stew on Saturday and stuffed breast of chicken on Sunday.

All food is baked, to give it that home-cooked taste. Cole said. Most of the desserts are homemade, including rice custard and the shortcake for the strawberry shortcake. Everything is made on the premises except fruit pies, which are frozen and baked at the restaurant.

Appetizers include shrimp cocktail, and there is a choice of eight salad dressings and croutons to serve yourself if you select a tossed salad going through the line.

Waitresses take you tray to the table, pour free beverages on additional servings and will even take your food back and reheat it if anything gets cold (a hazard in cafeterias). You can get free pickles and beets at a relish bar.

Dining cafeteria-style isn't glamorous but can be convenient and is designed to be relatively inexpensive. Beefeater tries to serve a full dinner at \$3.54. The food is wholesome and filling.

THE FIRST Sign of the Beefeater opened 28 years ago in Royal Oak. When the chain became a subsidiary of Montgomery Ward's in 1972 there were seven restaurants.

Today locations include Southfield and Eight Mile in Southfield, Square

Lake Road at Woodward in the Bloomfield-Pontiac area, Oakland Mall in Troy, as well as Westland, Eastland, Southland, Dearborn, Allen Park and Mount Clemens.

The chain has spread to Chicago, where there are three more restaurants and one "a-building." By 1980, plans call for 15 Beefeater restaurants.

The West Bloomfield Beefeater does a light lunch business, according to Cole, but is busy at dinner. "We can handle large parties afternoon or evening—and exclude them in the back but we can't have programs—especially on Sunday," he said.

The family-oriented cafeteria goes through about 22 rounds of roast beef a week.

ATTENTION January dieters: Another place to go for frozen yogurt is the Gazebo in Birmingham's Continental Market. Restaurateur Pamela Pupp has just installed a frozen yogurt machine in her natural foods ice cream parlor serving quick meals.

She reminds, "Yogurt has only one-third the calories of ice cream." The yogurt at the Gazebo is all natural, with natural flavoring, nothing artificial and sugarless, she said.

It is being served in sundae, as well as cups and sugarless cones. Flavors include peach, red raspberry, vanilla and tropical fruit. Sundae comes with a choice of toppings: Pure maple syrup, honey, nut, coconut, raisin and the restaurant's own granola.

These treats supplement the two unsweetened Hagen Daz ice cream flavors already on the menu.

MS. PUPP said the frozen yogurt also will be served as dessert in the Paradigm, her natural foods restaurant next door in the Continental Market.

Always filled with ideas and enthusiasm, Ms. Pupp reeled off more plans, including a bakery she will open next month at Miracle Mile shopping center in West Bloomfield.

"This will be a wholesale and retail outlet, selling freshly baked products and salad dressing, as well as snacks (toasted nuts, granola bars) to health food stores in the area."

At the same location will be a larger version of The Gazebo. A retail bakery outlet, it also will feature salad, sandwiches and homemade soup, ice cream and frozen yogurt.

At the Paradigm, Sunday smorgasbord will extend in February, between the hours of 11 a.m.-7 p.m., with live classical entertainment.

"BIRMINGHAM is dead on Monday night when most of the restaurants are closed," she said, "so we'll open for Monday dinner smorgasbord beginning in February. Also, we're going back to breakfast at the Paradigm, at 7:30 a.m., beginning in March."

The Paradigm and Gazebo have been open about nine months now, and expansion shows the success of the venture.

She's particularly thrilled about the baking operation. "What I needed to do was establish a reputation and somewhat of a following. Someone was going to do it. . . . A lot of bakeries are rethinking."

## Theater season set

Will-O-Way Repertory Company, under the direction of Celia Merrill Turner, will open its spring season Jan. 21 with the comic "Visit to a Small Planet" by Gore Vidal. "Visit" will run for three weeks, Friday and Saturday at 8:30 p.m. through Feb. 5.

Open readings and casting continue through Thursday.

"My Sister Eileen" by Joseph Fields and Jerome Chodorov will open Feb. 18 and run four weeks through March 12.

"Twelfth Night" by William Shakespeare will open March 25 and play (with the exception of Easter weekend, April 8-9) through April 23. Open

## Ragtime show due

"Pianist-entertainer Max Morath will bring his musical show "The Ragtime Years" to Detroit's Music Hall for one performance only at 6:30 p.m. Jan. 30.

Among the many who have tried to describe this show, critic Bob Dyer probably did it most succinctly when he wrote in the Phoenix Gazette, "A whole of ragtime time pianist," a folk historian, a good saloon singer, and excellent lowkey comedian, a serious student of a genuine American

## How to send news items

Ethel Simmons is entertainment editor for the Observer & Eccentric newspapers.

News releases, photographs or other information on theater, movies, night life, restaurants, travel, TV and radio can be mailed to Ms. Simmons at 1225 Bowers, Birmingham 48012, or delivered to any office of the Observer & Eccentric.

The Birmingham office can be reached by phone at 544-1100.

### Dining And Entertainment Guide

## ON THE TOWN

**ALL CINEMAS—EVERY DAY 'TIL 2:30 P.M.—\$1.50**

**SOMERSET INN**  
643-0764  
N. MI. RD. (B. BLVD.) & COOLIDGE  
THE SEVEN PERCENT SOLUTION  
1:35-3:40  
4:15-6:15  
7:15-9:15

**PONTIAC MALL**  
682-5544  
N. TEL. RD. & ELIZABETH (K. RD.)  
SOMERSET INN  
643-0764  
N. MI. RD. (B. BLVD.) & COOLIDGE  
THE SEVEN PERCENT SOLUTION  
1:35-3:40  
4:15-6:15  
7:15-9:15

**PONTIAC MALL**  
682-5544  
N. TEL. RD. & ELIZABETH (K. RD.)  
THE PINK PANTHER STRIKES AGAIN  
1:35-3:40  
4:15-6:15  
7:15-9:15

**NICKEL ODEON**  
2:15-4:45  
SAT & SUN  
7:15-9:15  
4:45-7:15-9:15  
CHILDREN'S MATINEE SAT & SUN  
1:45-3:15 (G) ALL SEATS \$1.50

**GENERAL CINEMA THEATRES**

**HELD OVER**

"PRIVATE LIVES"

STARRING JIMMY LAUNCE

**EVERY FRIDAY AND SATURDAY**

Dinner 7:30

Curtain 8:45

Reservations call 643-8865

SOMERSET DINNERS

Play Back to Back at 4:00 p.m.

at 4:00 p.m.

Alfred



**MOY'S RESTAURANT**

CANADIAN & AMERICAN CUISINE

CHINESE & JAPANESE

Carry outs on Chinese food

Closed Mondays

CHINA: 11:30-11:45 AM - 12:15 PM

JAPAN: 11:30-11:45 AM - 12:15 PM

12:15-12:30 PM - 1:00 PM

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