

The fashion plate

A softer complexion— your spring statement

By RUSTLE SHAND

Traditionally, February is the month when fashion-conscious women make a spring statement.

Years ago, the statement was made in the form of a spring-bright straw hat. Today, women are curing the February "blahs" by shedding their winter-weary facial skin—literally. And they're doing this at Sak's Fifth Avenue Beauty Salon in Troy, where a bio-cellular facial leaves them with baby-soft, spring-new skin.

"Marvelous," said Mrs. Michael (Jeanie) Flynn of Lathrup Village, who "never had a facial before," when she emerged from the facial room. She said she found the entire process relaxing as well as beautifying. The treatment includes a thorough cleansing, a scrub which removes all dead surface skin and a warm wax mask.

Kathy Buxton of Oxford, who administered the facial cautioned against using bar soap to cleanse the face because of the wax and alkaline content and recommends the skin be cleansed with cream, which then should be removed with a warm, moist towel or washcloth.

The cosmetics carried and used in the salon are by Adrienne Arpel. Lon Rossi, state supervisor for the cosmetics company, explained the theory of the "back-to-nature" cosmetics while they were being applied to Mrs. Flynn's new spring face.

"Adrienne Arpel cosmetics are hypo-allergenic, natural and organic, devoid of perfumes and are better for your skin," said Ms. Rossi. "The scrub, which should be used weekly, contains three natural ingredients to nourish and cleanse the skin; honey, which heals the skin, lemon to tone the skin and crushed almonds which flush the impurities from the skin."

She recommends the scrub be used in the bath "because the steam of the bath opens the pores. The scrub should be thoroughly rinsed away and followed with a mask to refine the pores."

An astringent or toning lotion follows the mask, and depending on the time of day, should be followed by a night cream or a make-up application.

EXPLAINING "because the face is always exposed to the elements, you must wear a protective screen under the moisturizer to nourish as well as protect," Ms. Rossi applied "Swiss Formula Cream" to Ms. Flynn's skin and then followed with a moisturizer.

Next came the skin toner—in a lilac color—to even the color tone of the skin and then a sheer aqua cream applied under the eye area to erase any dark areas. These sheer basics were then covered with a light film of foundation.

To give the eyes a soft smoky look, the in-



side lower eyelid was first lined with blue, making the white of the eye appear whiter and also opening up the eye. The same pencil liner was also applied just under the lower lash. A brown eye shadow was then applied from the upper lash line to the crease in the eyelid and the brow area highlighted with opalescent eye shadow.

A "fool-proof" method of mascara application was then demonstrated. By holding a hand mirror against the chest and looking down into the mirror, mascara may be applied without a smudge to both upper and lower lashes. When the mascara has dried, the lashes are combed with an eyelash comb.

Ms. Rossi cautioned against keeping mascara longer than three months, saying "after three months, throw it away—bacteria forms and can cause infection." An eyebrow cosmetic and tamer completed the eye makeup.

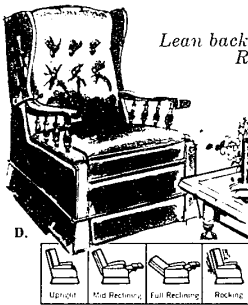
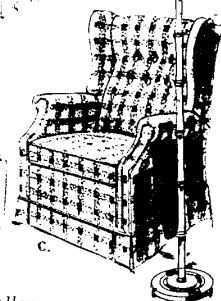
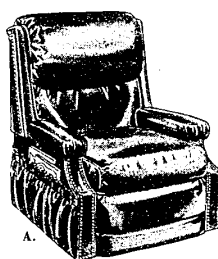
BLUSH WAS then applied from the center of the eye out into the hairline, the lip line was outlined with a lip pencil and then filled in with a lipstick brush.

"Because the eye area and the under-chin and throat area are devoid of oil cells," Ms. Rossi recommends an eye oil for the eye area, explaining that eye cream may cause the tissues around the eye to puff-up, and a neck and throat cream that "acts like an invisible chin strap."

As she left the salon, Ms. Flynn said "I learned so much today about caring for my skin. I don't like a heavy makeup and I feel today as if I am not really wearing any. My eyes are so much brighter and my face glows naturally."

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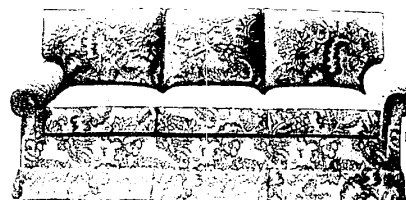
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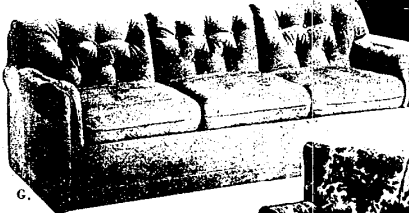
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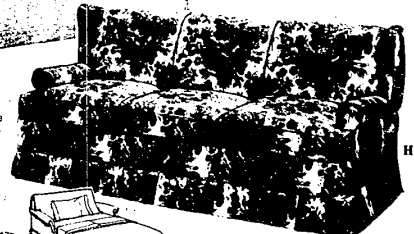
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PBB forum scheduled in Pontiac

A public forum on
PBB and its possible ef-
fects on human breast
milk will be held in Pon-
tiac next Wednesday.

Dr. Kenneth R. Wil-
cox, director of the Bu-
reau of Laboratories of
the Michigan Depart-
ment of Health, will be
the featured speaker.

PBB is a chemical fire
retardant which accident-
ally was mixed with
feed for livestock in
Michigan from April
1973 to June 1974. Al-
though the contaminated
feed was removed from
the market, studies have
shown that some Mich-
igan women, particu-
larly those who live on
farms, have high
amounts of PBB in their
breast milk.

The Michigan Depart-
ment of Public Health
has been sponsoring re-
search into the possible
side effects of PBB both
through its own labora-
tories and through con-
sultation with outside ex-
perts.

The forum will be held
at 7:30 p.m. at the Com-
missioners Auditorium
at the Oakland County
Courthouse, 1200 N. Tele-
graph Road, Pontiac.

High blood pressure topic

"How to Live with
High Blood Pres-
sure" will be discussed
by Dr. Eldred G. Zoble,
cardiologist and chair-
man of the Providence
Hospital department of
medicine, at 7:30 p.m.
Monday at the hospital,
16001 W. Nine Mile,
Southfield.

Free tickets should be
reserved in advance by
telephoning the family
practice center at the
hospital, 424-3441.