

# Teens explore ethnic customs

For centuries, people have used the coming of the Lenten season as an excuse for one last fling before fasting.

And the language students at North Farmington High School managed some pre-Lenten festivities with an ethnic dinner and folk dancing.

"We invited all the language clubs and classes," explained Nina Toffanetti, North Farmington Spanish teacher. And 120 students signed up for it.

The students usually celebrated International Night at the Old World Market in Detroit. This year, the students and administrators decided to celebrate in Farmington.

After a dinner of such ethnic specialties as stuffed cabbage and kugel (German noodles) with tortes and salad, the students picked up some folk dancing tips from Victor Zellars of the International Institute.

After going through the paces of Yugoslavian, American and French

dances, the lesson finished with a roudern favorite—the Hustle.

AS THE LINES of dancing students followed Ms. Zellars' instructions, the emphasis was on fun instead of perfecting the steps.

"When I teach, I encourage people by the fact that it was 18 months before I could do any dancing," Ms. Zellars said.

"I was so bad that I'd get in line and the person next to me would drop my hand after a few steps," she laughed.

Using the North Farmington students as an example, she noted that line dances allow shy dancers to overcome their self-consciousness.

"When you're folk dancing, you see each other at your worst. You're tired out, you're wearing ragged clothing. Through all that, you like each other. It's good for breaking down defenses," she said.

Her theories seemed to have worked at North Farmington.

"Last time I went to International Night, no one did much dancing," said Carol McCrie, a senior who is in a Spanish class.

"THIS TIME I LEARNED the dances and two new recipes," she said.

Most students agreed with her assessment of the evening.

"I liked a little bit of everything," said Larne Vickland, a senior, who is president of the school's Exchange Club.

Joan Daly, a junior Spanish student, picked out the dancing as the high point of the evening.

"I thought the dancing was really fun. I liked the Virginia Reel."

"When I signed up I thought it would be interesting to try the different foods and the different dances," she said.

Another Spanish student, Charlene

Crimaldi, a senior, liked the dancing and the kugel.

"Food was on the minds of some of the other dancers."

"I liked all the desserts," said Barb Wallace, a sophomore German student.

"I picked up two recipes tonight," chimed in Audrey Browne, a sophomore French student.

"The desserts were the best part," said Megan Crill, a junior French student.

Ms. Crill summed up her classmates' interest in languages, saying, "It gives me a chance to find out about other customs."

AFTER AN EVENING OF folk dancing, one catchy little step remained firmly in the minds of the dancers—The old-fashioned Hustle, of course.

"It's the only one you can do at the dances at school," explained Ms. Browne.

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# Color and curls spring into fashion

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applying a lightener to achieve natural-looking streaks.

Because he wants the lightener to require a minimum of care, he takes about an eighth of an inch of hair on the part and pins it up before he applies the lightener.

"This part will drop over the portion that is lightened and you don't have to constantly keep up the roots. This slows down a hairdresser's re-touches but it's good for the customers," he says.

Leaving the lightener on for about 10 minutes, Richter wanted to get a uniform look, so the hair that is lightened matches the ends of her hair.

THE CRIMPEURS' subclass one of their rooms to Ray and Ida's Boutique, so Louise could take a look at the new clothes for spring as well as learn about the art of makeup.

Louise Weinberg manufacturers Tina Norrell makeup, which the boutique carries. For Louise's makeover, Perle Stahl, who's been working with Ms. Weinberg for eight years, agreed to vacate "Perle's Stall" in Birmingham's Davidson's for a few hours to teach Louise how to apply the spring look in makeup.

After removing her makeup with a liquid cleanser and astringent to clean out the pores, Ms. Stahl recommends a honey and almond mask for oily skin like Louise's.

"I call it cleaning out the goopy things in the skin. The sebaceous glands are excreting too much oil, which you can't stop, but keeping your face clean helps part of the problem."

She then applied a moisturizer that she believes is necessary for all skin types. "Our heating systems, especially, rob the skin of moisture, but you don't want to use an oily or greasy moisturizer to replace that natural moisture."

"There are no perfumes in our products, which are often a cause of problems," she says.

"The look for spring is softer and younger-looking—makeup that has a glow to it. We don't want her face to look like it's stuck in a box of powder."

"And if you put pancake on, it looks like a mask. The effect we want is a smooth look without being dry."

Ms. Stahl finds her older customers have no desire to look like their 20-year-old daughters but they do want to look like a young 45.

"They want to look well-groomed without looking heavily made up. Sometimes it takes a little longer to achieve that look as we get older, but it's worth it."

She applied a rose-beige foundation, cautioning Louise to always hold the makeup well into the skin to avoid a line where makeup ends and skin begins.

"This color blends into her natural skin color, and light makeup does a much better job of covering up blemishes," she advises.

She added a little bronzer high on Louise's cheekbones to warm up the color a little, but she doesn't believe in shading colors unless you're on the stage.

"This is makeup you can do yourself," she says, stressing the importance of natural coloring.

Rather than blue or green eye-shadows, she applied a pinky-bronze powdery eyeshadow called moca-lie to Louise's eyelids to bring out her deep-set eyes.

Applying blonde eyebrow pencil to lighten her eyebrows and white under the eyebrows took a maximum of 30 seconds and widened Louise's eyes.

Navy mascara and a bronze-red lipstick—"we're throwing out bright reds"—completed Louise's makeup.

"Subtle—that's one of the words you'll hear about makeup this year," Ms. Stahl says.

TO MATCH HER new look with new clothes, Louise got some advice from Farmington resident Frances Berger who manages Ray and Ida's Boutique, which offers 20 percent off their merchandise to all customers.

"We try to give our customers personal attention in putting their clothes together," says Ms. Berger, who has clients who come from as far off as Flint to get help in coordinating their wardrobes.

THE SPRING LOOK is bright colors with white and lots of gold, according to Ms. Berger, both of which suit Louise's coloring.

Because Louise may be down on the floor with kindergartners in the morning and attending a city council meeting at night, her working wardrobe demands versatility as well as an easy look.

Ms. Berger suggested a bone-colored culotte suit—spring's answer to winter gauchous—with a short sleeved jacket that can be worn alone or with a turtleneck or T-shirt underneath.

With the neutral suit, Louise needed a bright red, long-sleeved French T-shirt handkerchief with wooden beads and lace-up sandals.

"The lace-up shoes are great with

spring clothes instead of boots," Ms. Berger suggests.

To polish off the look, she twisted and knotted a simple scarf to be worn around the neck, simulating the cords that will be popular this spring.

With the shop's discount, the suit sells for about \$80 and the T-shirt about \$36, and all three items can be worn with different clothes for a variety of outfits.

For a dressier outfit, Louise chose a white vested wool skirt suit that sells for about \$130.

"IT'S A CLASSIC spring look that can be worn in a variety of ways also," she says—casually with a turtleneck, dressier with a bright blouse and silver jewelry, or perhaps with just the vest and gold jewelry for an evening affair.

Ms. Berger suggests wearing the blazer with contrasting pants for a sportier look.

"Louise should wear the kind of clothes she feels comfortable in," she said. Although exchanging the comfort of turtlenecks and jeans might not be easily achieved, Louise liked the free-flowing suits that avoid constricting fits.

Bright with white, different shades of orchid, and an unusual appearance of grey highlight the spring fashions, Ms. Berger says.

"And everything has gold," she adds. Cane-cane tops, prints in lace, and handkerchief hems emphasize the European look prevalent in spring fashions also.

Ray and Ida's has found a home in Farmington for the past two years; and has had another shop in Oak Park for 16 years. Owner Ray Epstein does all her own buying, going to New York about every six weeks.

Louise found she could get the kind of professional help she wanted without getting on a plane.

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