



Learning to sew your own fashion wardrobe and to use patterns in multiple ways can really enhance that wardrobe and provide first aid in the budget department. Lovely fashions like the long ruffled dress, the off-the-shoulder print and the pants and tunic outfit were all "home-sewn" for a recent show at Northland Center. (Photos by Jack Margolis).

## Sewing builds a wardrobe

A blazer, skirt, pants, T-shirt and shirt for \$45? It sounds impossible, but two fashion experts from *Mademoiselle Magazine*, Linda Branting and Liz Scott, are out to demonstrate that it isn't.

They are staging the magazine's first shows of fashions for the home sewer on a swing through the Midwest and South. Showings were held recently at Northland Center.

"We learned from a survey that 92 per cent of our readers make an average of eleven garments a year," said Miss Branting, sewing editor for the magazine.

She and Miss Scott, who is Midwest editor of the magazine, put together a collection of 27 outfits, using simple patterns and easy-care fabrics.

"We stress the interchangeability of separates in the collection and the number of things that can be done with one pattern," said Miss Scott.

Appearing together during the show were two models, one in a navy T-shirt top and white pants and the other in a white skirt, navy and white



checked shirt with a white grandfather collar and navy blazer

IF YOUR wardrobe is really bare you can start with these basic pieces and build one," said Miss Branting. The total cost for all these pieces is \$45.

The versatility of one piece was shown in a red nightshirt, which was used as a shirt with a skirt and as a tunic top for evening pajamas.

A white midsize top piped in navy was shown with a print skirt and with white shorts to create an individual tennis outfit.

A black tunic in an apron effect was bordered with gold braid and worn over black evening pajamas.

"You can take the apron pattern and use a sporty fabric to make a dress to wear with T-shirts. Miss

Branting said.

A long white costume featured a full-tiered skirt and off-shoulder peasant blouse and was made from the same pattern as a short black and white costume that had a gypsy look with a white scarf tied at the hip.

"It's the same pattern with less tier on the skirt," Miss Branting said.

One hi-loose red dress with T-shirt top made a surprise second appearance. Minus the shirt, it becomes a long, slinky T-shirt dress.

"One reason women sew is the simple fact of economy," Miss Branting told the audience.

"You can make a simple wardrobe of any of these clothes. Use your imagination, you don't have to make pot holders."

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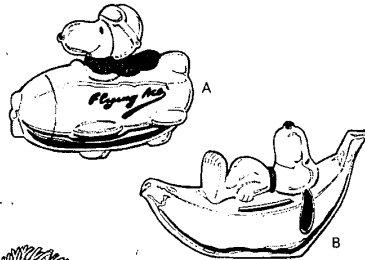
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## Where It's At

By JUDY SOLOMON

### Heart to heart

What have you got to lose by not knowing CPR (cardio-pulmonary resuscitation)? Perhaps somebody's life! Each year heart attack accounts for over 350,000 deaths which occur before the victim reaches the hospital. It doesn't have to be that way. What is done for the victim the first few minutes after a heart attack can determine survival or death and CPR can make the difference. Why not learn how to do CPR on April 6 during a free three-hour evening session at your choice of Beaumont Hospital or Oakland University?

CPR Classes, Oakland University, 377-3120 or Beaumont Hospital, 549-7000, ext. 227.



### Woman's writes

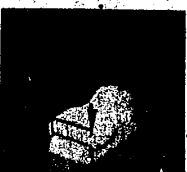
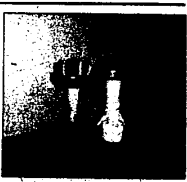
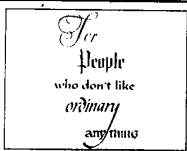
If you would like to present someone with a special proclamation (Mother's Day is sooner than you think) or a special invitation, you should know about Mary Kinzer. Mary specializes in calligraphy, that beautiful lettering done by hand in Script, Old English, Text, Cursive, Uncial, Italic, or Roman style. The cost is \$10 per hour which is about the time it takes to make one proclamation or to address 15 or 20 envelopes.

Mary Kinzer, 645-0914.

### Amazing feet

When day is done and your bones are weary, here's a lovely way to relax. Just put your feet up on one of these guaranteed-to-make-you-smile footstools and the whole world should seem a lot rosier. Featuring handcarved, painted pine bases, there are three styles to choose from: the Barefoot (\$50), the Tennis Shoe, with real laces (\$60) and the Wingtip (\$60). The padded, upholstered top is available in tweed or solid color fabric. It also unscrews from the base, allowing you to recover with your favorite fabric or needle-point design.

3 for the Show, 233 N. Woodward, Birmingham, 644-3433.



### Wee workshop

According to Time magazine, creating and collecting miniatures is the fastest growing hobby in America. Once you visit the Miniature Makers' Workshop, it's easy to understand why. All of those marvelous little things are nothing short of captivating. Starting in April, classes in 10 different categories will be offered there. Beginning furniture teaches the novice to make six pieces of furniture. More advanced students can learn to make such things as Early American kitchens, oriental rugs and Victorian cradles.

Miniature Makers' Workshop, 677 S. Eton, Birmingham, 646-4667.

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