WOMEN OF

Need Help to Pass the Crisis Safe-ly—Proof that Lydia E. Pink-ham's Vegetable Compound Can be Relied Upon.

"During Change of Life



Painful Sensations

in the muscles, 'neuralgia", soreness, aching back, pimples, boils, rashes and other eruptions, usually result from self-poisoning by products of imperfectly digested or non-eliminated food.

Beecham's

help to restore activity of liver, bowels, kidneys, and skin, and so counteract cause and relieve symptoms. Largest Sale of Any Medicine in the World.

Heal Itching Skins With Cuticura

all druggists: Scap 25, Ointment 25 & 50, Taleum 2 Sample each free of "Cutic.ra, Dept. 2, Bortes."

WHY SUFFER FROM RHEUMATISM?

W. N. U., DETROIT, NO. 37-1919.

Remember, girls, that it is easier to

Important to all Women Readers of this:Paper

ids upon thousands of womer

it.

en's complaints often prove to be;
else but kidney trouble, or the
of kidney or bladder disease,
e kidneys are not in a healthy conthey may cause the other organs
organization.



What the Major Knew •

By DORA MCLLAN

(Copyright, 1919, by the McClure paper Syndicate.)

IHE FARMINGTO.

lend his stordy patriotic aid to the war governor!

And he had been such a miracle of kindness and consideration to Beth in her tonelihess after Floyd had gone. And somehow Floyd away over there in the midst of the vast turmoll, everaged in such herolc things, seemed to need her so much less than this disappointed friend at home, who was desired the dearest aspiration of a patriotic young American!

And—sh, well, Floyd would understand. And, anyway, he must have far outgrown ordinary little Beth Hardwick!

Hobart took his sentence like the soidler he was. But he could not help wishing, bitterly, that the Hun's bomb had fallen a rod nearer.

It was Andrews, the major dector, law the true was the way that the sentence like the soiling what it was that had robbed life. And the way the way the way the major dector, when the way the major dector, we want to be some friend, Floyd, into conferent was the day of the way are seen and the days after surround assess and the days after surround was a seen and two days after.

his bosom friend, Flord, into confessing the second of the confession of the confess

CREVASSES HARD TO AVOID

Explorers in the Antarctic Particularly
Troubled by What Are Known
as "Devil's Traps."

Visitors to 'Switzerland alone can appreciate the dangers of crevasses in the ke sheets; but in the Antarctic they are more numerous and attain far greater dimensions than in Switzerland. They lie hidden under the snow and very often the explorer does not know that he is on a crevasse until he has traveled some yards, and then he hears a hollow sound. He will then wonder whether to go on or turn back, but experience has taught that the greater danger may be incurred by turning back.

Crevasses are peculiar to the icosheets overland. They are nonexistent at the north pole because there the ice is frozen ocean. All Antarctic expeditions have had to negotiate the difficulties of crevasses, and sometimes their existence has compelled the explorers to make a detour, of many miles.

Where land juts out into the see or.

Where land juts out into the sea or, Where land juts out late the see ar, to be more precise, into an Ice sheet in the Antarctic, several crevasses will be found radulting from this point. Some have been known to be 50 yards wide and 2000 feet deep, Instances are also found where a sledge has sunk haif way through the lee roof and has been rescued with the greatest difficulty. In these cases the explorers were luckity roped to the sledge, but they had the uncomfortable experience of being suspended over a deep chanca, Amundase calls the treacherous snow which conceals a crevasse "The Derul's Roof."

which conceals a crevasse "The Devill's Root."

Some Things About the Moon.
Like the earth, the moon receives its light from the sun, and its day, the internal from sunrise to sunset. Is a month. The Jong sunshine for two weeks and the absence of sun for the following two weeks and the absence of sun for the following two weeks and the absence of sun for the following two weeks and the absence of temperature. As tronomers have estimated that the temperature of the sun spite of the sun fall in the contingists to 20 degrees and the following the sun fall in the contingists of the sun fall in the form of clouds have been seen. It is possible that water—probably in the form of ice—may gats at the bottom of some of the deeper craters, but the low temperature would scarcely permit it to be liquefied even when the sun was shaling.

The Thing That Hurts. inter was gone from ner left hand.

The part health makes you nervous firstly be got may be depondent; it makes an the got may be depondent; it makes an the part of can see, Beth, be got may be depondent; it makes an the part of can see, Beth, be got may be depondent; it makes an the part of can see, Beth, be got may be depondent; it makes an the got many location of the part of the part

THE MEN IN CLASS A1

A sound healthy man is sever a beet man sound healthy man is sever a beet man sound healthy man is sever a beet man sound healthy man is sever about the control of the con

sd. "ucnee to be a first-class man now to your druggest at 2000.

But all the control of the control of the pure, origina, "They are made of the pure, origina, "They are made are used. Two deput and feeling files, the control of the pure, or the control of the pure, or the control of the pure, or the control of the pure, and the control of the contr

A man may not be a coward because is atraid of a woman.

A SUMMER COLD

A SUMMER CULD

A cold in the summer time, as everybody knows, is the hardest kind of a
cold to get rid of. The best end quickett way is to go to beed and say there
if you can, with a bottle of "Bockbeer's
Syrup" handyr io insure a good night's
rest, tree from coughing, with easy expectoration in the morning.
But if you can't stay in bed you must
keep out of draughta, avoid sodden
changes, ent sparingly of simple food
and tips occasional dosses of Bockbee's
Syrup, which you can buy at any store
where medicles is soft, a safe and efficient remedy, made in America for more
than fifty years. Keep it handy.—Adv.

Courage respects courage.-

HAD TO GIVE UP

Was Almost Frantic With the Pain an Suffering of Kidney Complaint, Doan's Made Her Well.

Lydia Shuster, 1838 Margare

The Nationally Accepted Wall Tint



Beautifu —Sanitary—Durable—Economical

for Homes, Schools, Churches and all Interior Wall Surfaces

Alabastine can be applied to plastered walls, wallboard, over painted walls that have become soiled, or even over soiled wallpaper solid on the wall and not printed in aniline colors.

Alabastine is a dry powder, ready to mix with pure, cold water, fall directions on each package. Alabastine is packed in white and beautiful tint. There combining and iterating, eachly own to carry out individual colder plan in matching may and desperter. Alabastine is used in the finest retificances and quality to the carry the collection of the control of the collection of the collecti

You will readily appreciate the economy of Alabastine over paint or wall-paper, and its results will be most gratifying.

New walls demand Alabastine, old walls appreciate Alabastine.

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TARRH MEDIS INE.

TARLL'S CATAR IH MEDICINE is takinternally and ucts through the Blood
the Mucous Surfaces of the System.

And hy druggists for over forty years.

A lazy dog does not get even bones.

EATIONIC FORM RACED-STORAGE

UNCLE SAM a SCRAP chew in PLUG form MOIST & FRESH

Acid-(Homach t)

et back your physical
be full of vim and
he happy, you must
stomach,
will find the very help
hranteed. So get a big
druggist today. If it
return it and he will

Cleveland City Hospital School for Nurses

USE TACTICS OF QUAIL How Villa and His Men Foil d bands do the superior federal behaves a level of burgos with them so they may transform the many transformation the many transform the many transformation the many transformation the many tr

How Villa and His Men Foil

Pursuit.

Bandits Scatter and Hide as Federals

Appear—Brown Uniforms

Aid.

Junrez, Mex.—Francisco Villas method of evading pursuit by Meatan method of evading pursuit by Meatan government troops is almost identical with that used by a covery of quall to escape the hunter. Even the detail of protective coloring has been applied by the control of the

ANTHRACITE PRODUCTION UP

ake a col-plains like Shipments Show Hundreds of Thou-great dust cands of Tone Over Latest Nor-mal Production.

Philadelphia — Shipments of anthractic for July as reported to the anthractic bureau of infurnation aggregated 8,052,334 tons, an increase over June of 432,743 tons.

pear in some jointing canyons and coronae over June of 482.743 tonk.

Ompared with July, 1916, the latest of into hiding i, etil the feederist pass, once the danger of attack is over the clottum reassenghles, occupies some count in the path inde again disappears.

To the shipments last until showed an income the shipments last until showed an income the country of the shipments last until showed an income of the country of the shipments last until showed an income of the country of the shipments last until showed an income of the country of the shipments last until showed an income of the country of the shipments last until showed an income of the country of the shipments last until showed an income of the country of the shipments last until ship of the shipments last until showed an income of the shipments last until ship of the shipments last until shipments last until ship of

FINDS CURE FOR POISON IVY

To seed the line of the window. CAPT. KIDD'S SPOOK SWINDLE
Early in tipe working there was a rug.
The property of t