WOMAN'S NERVES MADE STRONG

By Lydia E. Pinkham's Vegetable Compound.



ad St. Winous, Minn oftend or bear the expression, women, "I amsoneryous, I can-the season of the season as though fight," Such women should profit. Local women and the profit. E. Tinkham's Vegetable Com-atrial.



Kill the Cold. At the first HILL'S CASCARA QUININE





GRAY'S SYRUP
RED SPRUCE GUM
Mantreal D WATSON ET CO. Non York



duce them and leave no blemishes.

sameness assemptly. Does not blisremove the hair, and horse can be
\$2.50 abottle delivered. Box 8 first NE, FR., for mankind, the Englant Seats, Swellings, Varie Semenation. Price \$1.25 a bert Will acid you move of you writ





HEALS RUNNING SORES



Practical Frocks of Silk or Wool



Two afternoon frocks of the simple | waist it follows the line of the flour

Two afternoon frocks of the simple and unpretentious sort that prove most a consider a shown in the picture and an all and a source of the street of the str



Concerning the Care of Si k Hosiery | before inserting the hand in a ste Merchants inform their customers, ing rings having sets should be with good reasons, that the price of ord or lurned so that threads raw silk is likely to advance. There

Anything that breaks a thread is fatal to silk hose, therefore they should
be threads will not be strained Roll down
to pleasant to take. Alk your draggeter

PISO'S

Anything that breaks a thread is fatal to silk hose, therefore they should
be threads will not be strained Roll down
to the heel and insert the foot, then
pull the stocking carefully ion, avoiding under strain when bringing it over
the foot. Rings which catch and
break threads will ruin any lose and
break threads will ruin any lose and

HOT SOUPS FOR COOL EVENINGS

HOT SOUPS FOR COOL EVENINGS.

The expert soup-maker will obtain delictous flavors by using lettover means and vege-time that the source of the

cook ten minutes. Strain and serve with cubes of toasted bread.

Quick Eng. Soup.—Stir' a tenspoon ful of beet extract into a quart of boiling water, add a grated onton, celery salt, salt and, pepper to taste. Postrablespoontings of boiled rice and two well heaten eggs.

Splik Pea Soup.—Pick over, wash and put to jeach in plenty of cold water one cupful of split peas. In the morning cook, in two quarts of water, add a two-fuch cube of salt pork and one siliced onlon. Cook and stir often until the piags are soft, rub through a sileve, thicken with two tablespoonfuls of flow and butter, add milk to thin the purper to the desired consistency. Senson well and serve very hot.



Cheese in the same like of the same kind of the same kind

sneese. Four this over the pountoes mease. Four this year, and bake until a golden brough.

Baked Fish with Playant Stuffing.—
Bass of any firm-fleshed fish of moderate size inty be used for baking. If the fish least sat limet stripe of pork in grashes alping eight side of the fish. Baked Egos With Cheese—Brigak four eggs into a buttered baking dish and cook in a bot oven until they begin to turn white around they dear of the fish of



Whón Children are Sickly

MOTHER CRAY'S SWEET POWDERS FOR CHILDREN

Doed by Mothers for over thirty years. Do Not Accept Any Substitute for MOTHER GRAY'S SWEET POWNERS.

FOND OF GERGEOUS RAIMENT

Queen Elizabah, in Full Regalia, Must Have Had come Resemblance to

Queen Elizate, in Full Regalia, Must Have H32chome Resemblance to Manahow.

The wards of Queen Elizabeth accircular to the recording to the resemblance to the recording to the resemblance of the resemblance of the resemblance of the recording at or time included 99 robes. 126 kirtles. 29 gowns, 136 foreports. 126 petitions, 92 closks, 83 doublets, 83 safeguards and 18 hap manutes. Designers fashlowed her gowns from the richest materials, including gold tissue, crimson sptin, cloth of gold, cloth of silver, white velvet, drake-colpred still, dove-colored velvet, lady-blush sathi and manutes of white pleas striped with stan's damage of the standard of these and many damage of the resemblance of the restance of the resemblance of the resemblance of the resemblance o

ed. She had all of these and many more.

A descrift of one of her characteristic of App is: A forepart of white satin, at broidered very fair with borders of this sum, mon and other signs and part of ventee; gold, silver and silve of under doftons, with an embroidered street of beasts beneath.

She carried an with white feathers; and with a street of beasts beneath, and the silver and silver of beasts beneath, and with a street of beasts beneath, and with a street of beasts beneath, and with a street of consistency. Jeer silpress were made of cloth of the pre-mbroidered with seed pearls; he wore a persue of crimson velve damask, striped with with and silver lake, with a ris. pe with damask, striped with gol and silver lace, with a f me per of pearl.

OTHER GLAYS SWEET POWERS.

Origin of Hawailians Sought.
Largely fanneed by the trustees of
the Bernice Paunhi Bishop estate and
the Bernice Paunhi Bishop inseem, a
scientific expedition will leave Hawailian
to the South reast
to specify the Commission of the Polymestan race and
to trace its various migrators until
Hawaii, the northeastern outpost of
Polymesia, was reached. Bernice,
Pautahi was an Hawailian princess who
married Clarics R. Bishop, plopeer
Honolulu Janker. She once declined
an offer of the throne of Hawaii. Her
estate, valued at many millions, provides revenie for a number of Institutions designed to promote the interests of the native Hawaii. tions designed to promote t ests of the native Hawalians.

Not Warm Enough to ignite.

"What have you there?" asked a curious fright.

"A package of old love actiers," replied the hist.

"Going to burn them?"

"Yes. When I wrote these missives, they were so fererent I had an idea they night the ignited by spontaneous combustion, but I think I'll have to use a match, after all,"—Houston Post.

A Gentle Hint.

He—"I revah eat lobsters myself,
Miss Gwac." She—"I'd think you'd
feel like a cannibal if you did."

The careless man is usually the lazy

Let your own experience decide—

If defee does hunt your nerves and general health, try a change to

Y will find this cereal drink of delicions coffee like flavor, satisfying to the taste, and a friend to health.

Truly Economical, Too

for fifteen minutes after boiling

Two sizes, usually sold at 15c and 25c

Made by Postum Cereal Company Battle Creek, Michigan