Process Foods Now for Quick Meal Preparation



The new wave in food preparation is "processing": slicing, grating, shredding, grinding, chopping, mincing, mixing and pureeing in one appliance. The food processor does each task in a fraction of the time it normally takes to do by hand.

Now every homemaker can afford this convenience with the low-priced General Electric food processor. It gets the tedious jobs done quickly, leaving more time for the fun of cooking.

In less than 60 seconds, it shreds a two-pound head of cabbage, chops a pound of raw beef cubes for hamburger, or mixes the pastry for two 9" pie crusts.

Many of the foods and special dishes that required long preparation can now be made every day. Biscuits, sandwich spreads, pate, and salads are just a few of the dishes that use the power of the food processor to mix, blend, puree and chop.

Here is a recipe for scalloped potatoes that is as delicious as it is quick to prepare. Cheesy Scalloped Potatoes

1/2 lb. Cheddar cheese

¼ cup butter or margarine 4 tablespoons flour -

2 cups milk

1 teaspoon pepper

5 medium potatoes*

2 small yellow onions

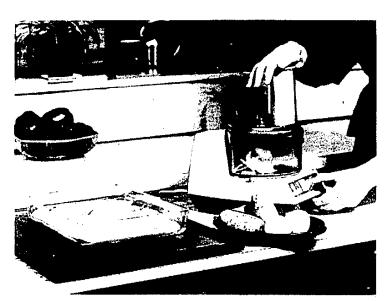
Preheat oven to 350 F. Shred cheese in food processor; set aside.

Melt butter over low heat in 2 qt. saucepan. Blend in flour. Add milk. Cook, stirring constantly, until slightly thickened. Add shredded cheese, salt and pepper. Continue cooking and stirring until cheese melts. Remove from heat. Spread one-half cheese sauce in bottom of shallow 2½ qt. baking dish.

Slice potatoes and onions in food processor. Arrange potato and onion slices over cheese sauce layer. Top with remaining cheese sauce, spreading evenly. Bake at 350 F. for 1 hour or until potatoes are done.

Yield: 6-8 servings.

*Peel potatoes only if desired. They look fine with the skins left



SCALLOPED POTATOES ARE A SNAP TO MAKE with the new General Electric food processor. Potatoes and onions slice in seconds, and many other time-consuming chores normally done by hand can be accomplished in a fraction of the time: shredding, grating, mixing, blending, grinding, mincing and chopping.

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