Consumer Mailbag CONCERN INC. ONE Northfield Plaza Troy, Michigan 48098 879-1333

ommunity? Carol T., Redford Township

Yes Carol, and the timing of your question is just perfect. Concern Inc., Detroit holds conferences twice a year in different parts of the city. We have two of them planned for April.

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"Food Chemicals and Health,"
"Energy Conservation and the Consumer," and "Shopping, Itow to
Reduce Waste and Save Money," are
the subjects of the three workshops
offered at each conference. On April
14, Helen Milliken, wife of the governor and long-time environmentalist,
will be the keynote speaker at our conserence for the consumer to be held at
the Downriver Y, 3211 Fort Street,
Wyandotte.

On April 21, Pamela Frucci, vice chairman of the Resource Recovery Commission, and recently announced candidate for the United States Secrete will be the keynote speaker (cour conterence for the consumer to a field at the Northwest 11, 1700 Grand France.)

Both programs will begin at 3 a.m. and conclude at noon. The cost is \$1 and you may register by mail. Please include your name, address, phone number and choice of workshop. For further information call Concern Inc., Detroit, 879-1333.

Is your contest for Sun Day posters on solar energy open to kids in private schools? When is the deadline for entries? Can entire classes enter? An interested teacher

Birmingham

Our solar energy poster contest is open to all children in grades four through eight. Yes, entire classes can enter, but each child must submit his or her own original operar. The contest closes April 21 and the winners will be announced in May in the Observer & Eccentric Newspapers. The three top prize winners will appear on the Chandel 2 Good Morning, Detroit show on May 3, which is San Day. For more information call your local Observer & Eccentric office or Concern Inc. Detroit 179-1333. Detroit #79-1333.

The lively needle

You can do your own framing

You've finished your cross stitch sampler or put the final touches on your Jacobean crewel work. It would look perfect by the living room window, but how do you frame the needlework?

Mounting and framing are not difficult, but they take time and fussing. Since you care about the embroidery, you're the best person to give the job that they have been person that they have been person that they have been person the job that they have been person to give the job that they have been person to give the job that they have been person to give the job that they have been person to give the job that they have been person to give the job that they have been person to give

If this is true in your case, buy a ready-made frame if you can find one that will fit. Otherwise, go to a frame stop and have one custom made for your needlework.

Our needlework of the firm of the thing of the your needlework o



sheeting, carefully mitering the cor-ners. Sew the sheet tautly to itself on the back.

Lay your embroidery on the covered mount board. Position it by placing the frame on top and moving the cloth beneath it until you are satisfied. Fold

mitering the corners. Attach to the back with masking tape. Again check the embroidery's position against the frame and change if necessary.

WHEN EVERYTHING is centered and straight, lace the embroidery cloth across the bace the lop edge to the bottom edge, and then one side to the other. Adjust tension so that the cloth is held total and snug. Keep corners mitered at all times.

Place the mounted embroidery within the frame. Insert tiny brads or special fasteners sold for this purpose to keep the board from shifting. Cover the back with brown wrapping paper, leaving half an inch of the frame's back showing on all four sides. Attach the paper with moistened gun tape. After the tape is cyf, fasten serew eyes and wire, and hang your creation. Your living room will brighten immediately.

WSU women plan career day in Troy

A oue-day conference for women.
"Managing Your Career," will be held from 9 a.m. to 3 p.m. Saturday in the Michigan State University Management Education Center, 811 Square

A resource center will be open for special kinds of assistance and information. Continuous film and discussion programs will be shown

Reservations, including lunch and materials, are \$11.75 for members and students and \$13.75 for others. Call the

Valunteers

The Oakland Councy Volunteer Dursay, a prayers of the Volunteer Action Centre of Lee & Community Services, have been brough of agreed moding volunteer Further information about these agencies and over 200 others that need volunteer services may be obtained from the vol-inteer bureau, 642-7272.

HEALTH EDUCATION ASSIST-HEALTH EDUCATION ASSIST-ANTS-Volunteers are needed by Henry Ford Hospital in West Bloomfield to participate in commu-nity education programs. Training is provided for volunivers interested in cardiac pulmonary consistation to enable them to lead community clas-ses. Other areas of education are also being developed. NURSING HOME ASSISTANT—A variety of duties are available to the volunt at interested in working at Gargian Homotheid in Bloomfield fills. 14-bp is needed in deliversing an deading mail to patients, assisting in chapel, playing games and helping with bedside crafts. A commitment of one half day a week is preferred.

PARENT AIDE VOLUNTEER— Oakland County Cooperative Exten-sion Service is looking for volunteers to visit families on a regular basis to offer support and assistance in times of difficulty. Twenty hours of training are provided in areas of home man-agement, burnar development, nutriagement, human development, nutri-tion, communication skills, and child development. Time commitment is between two and four hours.



SAVE SPACE when moving by wrapping dishes and other fragil items in wash cloths, towels and other linens. You get more space in the garage and closets by selling idle items with an Observer & Eccentre Classified Ad.



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AUCTION

644-1400

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