

Grassam

Chiropractic Life Center

MAY 1978

"THE DOCTOR OF THE FUTURE WILL GIVE NO MEDICINE

BUT WILL INTEREST HIS PATIENTS IN THE CARE OF THE HUMAN FRAME, IN DIET, AND IN THE CAUSE AND PREVENTION OF DISEASES." *Thomas Edison* 1847-1921

Like every Doctor of Chiropractic, Dr. Ian Grassam has a commitment to the health care of the community.

You must let people know that you care about them as people and that you have their best health interests at heart, says Dr. Grassam. "You must answer all of their questions with understanding and not with a lot of sophisticated language."

Dr. Grassam is always ready to explain health problems in simple, down-to-earth terms. He'll inform you, not confuse you.

And he'll fully explain the chiropractic principle which details how the brain generates powerful life-giving energy and sends it down the spinal cord, which is housed by the spinal column. The energy then is sent out the spinal nerves to all parts of the body. These life-giving nerve impulses supply the energy required by the body to carry on its normal functional activities.

The body functions properly only if the nerve channels are free and unobstructed. Nerve interference is caused when one or



Ian A. Grassam, D.C.

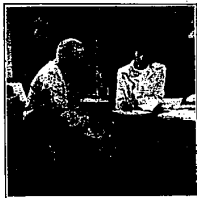
more of the 24 moveable vertebrae is thrown out of its normal alignment.

This misalignment, known as subluxation, can be caused by a sudden jar or jerk. Even nervous tension can twist and contort the spine, causing an interrupted flow of nerve energy.

Dr. Grassam corrects subluxations by locating and eliminating them. This allows the life force to flow unobstructed to every part of the body. When this happens, the body will return to a state of good health.

The Grassam Chiropractic Life Center is a multifaceted complex designed to meet the varied health needs of today.

Progressive analytical instruments and x-ray equipment are an important part of the facilities provided for the thorough examination of each patient. Up-to-date adjusting rooms and equipment enable Dr. Grassam to do the most for each patient.



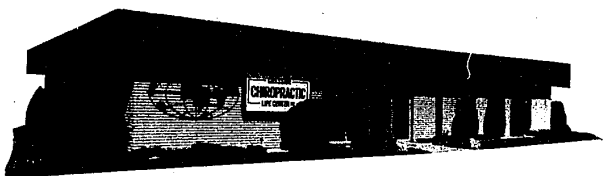
1. You may want to talk to our insurance specialist if you have any questions about any coverage.
2. If your condition requires, you may utilize the day care facility in our Chiropractic Life Center.
3. A detailed case history and chiropractic examination are all part of your health visit.
4. Spinal x-rays are necessary aids to your spinal analysis. We will use them to help determine the exact cause of your health problems.



Make an appointment
for your future
good health
Call Today - 422-7800

PUBLIC INVITED

Life and Health Lectures every Wednesday at 7:30 P.M.
Learn the secret of life of good health and happiness through Chiropractic Approach.



Three years ago I started receiving chiropractic treatment along with my wife. She had been in an automobile accident ten months earlier suffering from whiplash. Medical doctors said they couldn't help her because she was three months pregnant, then later told her it was too late so they put her on tranquilizers. Today she has recovered, only occasional headaches.

Perhaps what convinced me most about chiropractors was that after a few treatments Dr. Grassam asked me if I had stomach trouble or liver trouble. This shocked me because I had liver trouble and he knew only by feeling my spine. He showed me a chart of the spine where my back was out, and showed me that the nerves for the liver ran between those two vertebrae. From then on I was a believer in chiropractic. At the time I was having over a pint of blood taken every week and they (Medical Doctors) told me that it would have to be raised to two pints a week. I could hardly settle for this, so I made an appointment at Mayo Clinic in Rochester, Minnesota. Mayo confirmed this to be proper treatment. My illness was "Hemochromatosis" (too much iron in the liver). Diabetes would set in if I quit the bloodletting.

With doctor bills piling up faster than we could believe, we did what we should have done first. We went to Dr. Grassam asking "Please Help us." He asked us to trust him (which is the key to chiropractic treatment) and quit the bloodletting. He put me on a diet of fruit and vegetables, distilled water, fasting once a week and treatments three times a week. We did this for three months, then went back to the doctor for a blood check. The count had come down by itself without a single pint of blood taken.

I had my blood checked again in June and was informed by my medical doctor that my blood and liver are completely normal. We owe Dr. Grassam a lot, but most of all good health and a better outlook on the future. It may have taken three years to do it, but that's better than a life-time of giving blood every week.

We've continued to come at least twice a month for treatments. Even our two boys, who were four months old, and four days old at the time began treatment. Both are very healthy today.

Floyd, Phyllis, Michael & Jeffrey Peterson

Grassam

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