

# OUCH!

## Sunbathers repent in haste for sin of their leisure

By LYNN ORR

Do you have flaky skin?  
If your response is positive, you probably were among most Michigan residents who rushed into the season's first heatwave and did a lobster number on their skins last weekend.  
Sunbaking, however, has its perils, as those who winced into Tuesday discovered. Some sun lovers, perhaps those who more acutely pined for an

absent spring, had to make a trip to an emergency room for treatment.  
Botsford General Hospital in Farmington Hills treated about 15 patients for sunburn in the emergency room over the weekend. Providence Hospital in Southfield had four heat-related cases Monday.  
While prevention is the best tactic for coping with sunburn, there are some cheap, easy remedies available, according to medical authorities.

Both Dr. Gerald Lopez of Providence and Dr. John Anderson of Botsford advise cool water for sunburn treatment, rather than over-the-counter medications.  
Immersing the burned area in cool water for at least one hour, followed by cool baths, is Dr. Lopez's recommendation.

"It's effective and less expensive than various preparations in the stores," he advises.  
Dr. Anderson advises against using creams or lotions on sunburned skin. If severe pain, swelling of the involved areas, severe blistering and/or high fever is involved, medical treatment is required, Dr. Anderson adds.

Those with symptoms of heat exhaustion, such as dizziness, nausea, and disorientation, also should seek

medical help, both physicians say.  
Avoiding strenuous activity and wearing loose clothing are other ways to beat the heat and heat exhaustion, Dr. Lopez explains. Heart patients and the elderly should take particular care in avoiding exertion during hot weather.

For persons who must work outside in hot weather, he suggests salt tablets to replace the body's normal concentration of salt. Persons with high blood pressure or heart conditions should consult their physicians before taking salt tablets, he adds.

Children, the elderly and those with fair skin should take particular care to avoid prolonged exposure, Dr. Anderson advises. And take care to look at the ingredients in the suntan lotion you use, he says. An effective sunscreen

contains para-aminobenzoic acid as an active ingredient, but lotions lacking an effective sunblock often are labeled sunscreens.

Some persons may be unaware that they have a skin disease, such as lupus erythematosus, which causes a rash when the skin is exposed to sunlight.

The general rule of thumb is to consult a physician if you're coping with

more than a typical sunburn, the doctors agree.

IF ITCHING and peeling is your problem, you just have to suffer, says Dr. Anderson. Severe cases can be alleviated with the use of oral steroids or steroid sprays prescribed by a physician.

But time's the only healer of typical holiday flakiness.

## Summer spurs classes for Farmington activists

Rock climbing, bicycling and kayaking are three of the upcoming classes offered to summer sports enthusiasts by the Farmington Hills Parks and Recreation department.

The Hills recreation and police departments will combine forces to offer a bicycling workshop 7-9 p.m. June 7, at Farmington Hills City Hall, 31555 Eleven Mile Road. Touring, maintenance, selection, construction and safety are among the topics to be covered. The free clinic is offered to everyone and will be conducted by Mike & Sport, Ltd. of Pontiac.

An introductory rock climbing class will offer basic concepts of safe rock climbing. Classes are scheduled 7-10 p.m. June 7, 14, 21 and 28 with a day outing on July 8. Course fee is \$39. Instruction will include set-up on belay system, rappelling, use of equip-

ment and proper procedures for the novice rock climber. Minimum age is 14. Classes will be conducted at city hall, with a day outing to Grand ledge.

An introduction to kayaking will be offered 7-10 p.m. on June 8, 13, 20 and 27, with a field trip on July 8. Class fee is \$39. Classes will be held at North Farmington High School in the pool, while the field trip will be conducted in Hudson Mill metro park.

The participant will learn basic techniques of handling the responsive river crafts, including 12 hours of combined classroom and pool training, and six hours of river experience. All equipment will be supplied. Minimum age is 14.

For further information or to register for classes, call the recreation department at 474-6115.

**CITY OF FARMINGTON HILLS  
INVITATION TO BID**

Bids will be accepted until 10:00 A.M., June 14, 1978 for one 1978 Intermediate four-door sedan. Specifications may be obtained at the office of the City Clerk, 31555 Eleven Mile rd., Farmington Hills, Michigan.

Published: June 1, 1978

**FARMINGTON PUBLIC SCHOOLS**

TO THE QUALIFIED ELECTORS OF FARMINGTON PUBLIC SCHOOL DISTRICT OAKLAND COUNTY, MICHIGAN:

NOTICE IS HEREBY GIVEN, that a Public Accuracy Test will be taken by the Farmington Public School District for the June 12, 1978, Annual Election. The test will be taken on Tuesday, the 6th day of June, 1978, at 12:00 P.M. The test will be held at the City Clerk's Office, City of Farmington Hills, 31555 W. Eleven Mile Road, Farmington Hills, Michigan.

Published: June 1, 1978

**CITY OF FARMINGTON HILLS PLANNING COMMISSION  
PUBLIC HEARING**  
Thursday, June 15, 1978  
8:00 P.M.

Farmington Hills City Hall  
31555 Eleven Mile Road  
Farmington Hills, Michigan 48018

The City of Farmington Hills Planning Commission will give formal consideration to a Proposed Amendment (Resolving Request #15-478) which would rezone part of the Northeast 1/4 of Section 18, City of Farmington Hills, County of Oakland, State of Michigan, being more particularly described as:

A parcel of land in the N.E. 1/4 of Section 18, City of Farmington Hills, Oakland County, Michigan, T. 1 N., R. 9 E., more specifically described as follows:

Commencing at the N.E. corner of Section 18; thence S. 87° 30' 50" W. 1548.80 ft. along the North line of said Section and the centerline of Twelve Mile Road for a place of beginning; thence S. 87° 30' 10" E. 1181.25 ft.; thence S. 87° 31' 20" W. 401.13 ft. along the North line of Interstate I-96; thence N. 02° 13' 11" W. 1205.76 ft.; thence N. 87° 30' 50" E. 400.00 ft. along the North line of said Section and the centerline of said road to the place of beginning, containing 11.07 acres of land.

This property lies West of Farmington Road, on the South side of 12 Mile Road. The above-mentioned request would rezone the above-mentioned property from its present RA-1, One-Family Residential District classification, to OS-1A, Office Service District classification.

The proponent in this matter is Roman (Lewis Casselman) who seeks this rezoning for professional offices.

Any person who is interested is invited to participate in the discussion of the proposed zoning change. Blueprints and maps and zoning texts may be observed at the Farmington Hills City Hall on any business day between 8:30 a.m. and 4:30 p.m.

FRED HUGHES, Chairman  
CITY OF FARMINGTON HILLS  
PLANNING COMMISSION

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Beginning at the N.E. corner of Section 18; thence S. 87° 30' 50" W. 1548.80 ft. along the North line of said Section and the centerline of Twelve Mile Road for a place of beginning; thence S. 87° 30' 10" E. 1181.25 ft.; thence S. 87° 31' 20" W. 401.13 ft. along the North line of Interstate I-96; thence N. 02° 13' 11" W. 1205.76 ft.; thence N. 87° 30' 50" E. 400.00 ft. along the North line of said Section and the centerline of said road to the place of beginning, containing 11.07 acres of land.

This property lies West of Farmington Road, on the South side of 12 Mile Road. The above-mentioned request would rezone the above-mentioned property from its present RA-1, One-Family Residential District classification, to OS-1A, Office Service District classification.

The proponent in this matter is the Farmington Hills Planning Commission who seeks this rezoning in order to conform to the Master Plan.

Any person who is interested is invited to participate in the discussion of the proposed zoning change. Blueprints and maps and zoning texts may be observed at the Farmington Hills City Hall on any business day between 8:30 a.m. and 4:30 p.m.

FRED HUGHES, Chairman  
CITY OF FARMINGTON HILLS  
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**RETIREMENT & YOU?**

I earned my money, paid my bills, and then took all the rest. And saved it in a place I thought would surely do the best.

For there would come a day, I would need all that was there. As to retire graciously and not live in despair.

So when that day came forward, I went to get my money. But as I started counting it, something struck me funny.

The dollars were all there, of course, but poverty was mine. Inflation dealt a deadly blow, my dollar's worth a dime!

**FINANCIAL PLANNING SEMINAR**  
conducted by Joseph W. Maczuga  
June 19 & 20 Birmingham Area  
CALL: 424-8990 for more information

OC RUFF IS SURE GONNA MISS DIGGIN' UP YOUR FLOWERS THIS SUMMER, MR. WILSON.

IM GOING TO MISS IT, TOO, DENNIS!

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The City of Farmington Hills Planning Commission will give formal consideration to a Proposed Amendment (Resolving Request #15-478) which would rezone part of the West 1/2 of Section 31, City of Farmington Hills, County of Oakland, State of Michigan, being more particularly described as:

TIN, RSE, SEC 31, S. 586 FT. OF W. 31.40 ACRES OF NW 1/4; 7A;  
TIN, RSE, SEC 31, THAT PART OF N 75 FT OF W 1/2 OF SW 1/4 LYING W OF I-96 HWY, 155 A

This property lies at 21500 Haggsbury Road and 21500 Haggerty Road, between Eight and Nine Mile Roads.

The above-mentioned request would rezone the above-mentioned property from its present RA-1, One-Family Residential District classification to OS-1A, Office Service District classification.

The proponent in this matter is William Bowman who seeks this rezoning for permitted uses under the Zoning Ordinance.

Any person who is interested is invited to participate in the discussion of the proposed zoning change. Blueprints and maps and zoning texts may be observed at the Farmington Hills City Hall on any business day between 8:30 a.m. and 4:30 p.m.

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A parcel of land in the N.E. 1/4 of Section 18, City of Farmington Hills, Oakland County, Michigan, T. 1 N., R. 9 E.; more specifically described as follows:

Commencing at the N.E. corner of Section 18; thence S. 87° 30' 50" W. 1548.80 ft. along the North line of said Section and the centerline of Twelve Mile Road; thence S. 87° 30' 10" E. 1181.25 ft. for a place of beginning; thence N. 87° 30' 50" E. 400.00 ft.; thence S. 87° 30' 10" E. 536.44 ft.; thence S. 87° 31' 20" W. 402.12 ft. along the North line of Interstate I-96; thence N. 02° 13' 11" W. 1205.76 ft. to the place of beginning, containing 8.00 acres of land.

This property lies West of Farmington Road, on the South side of 12 Mile Road. The above-mentioned request would rezone the above-mentioned property from its present RA-1, One-Family Residential District classification, to OS-1A, Office Service District classification.

The proponent in this matter is Roman (Lewis Casselman) who seeks this rezoning for a proposed office building.

Any person who is interested is invited to participate in the discussion of the proposed zoning change. Blueprints and maps and zoning texts may be observed at the Farmington Hills City Hall on any business day between 8:30 a.m. and 4:30 p.m.

FRED HUGHES, Chairman  
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Fort Rd.  
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The City of Farmington Hills Planning Commission will give formal consideration to a Proposed Amendment (Resolving Request #15-478) which would rezone part of the Northeast 1/4 of Section 26, City of Farmington Hills, County of Oakland, State of Michigan, being more particularly described as:

Lots 43 & 44, except the East 130 ft. thereof - Superiors Plat of West- Hill Woods, a Subdivision of part of the W. 1/2 of the N.W. 1/4 of Sec. 26, T. 1 N., R. 9 E., Farmington Twp. now City of Farmington Hills, Oakland County, Michigan. (As recorded in Liber 49 of Plats, Page 56.

This property lies at 23304 Orchard Lake Road, between Fink and Rockdale Street.

The above-mentioned request would rezone the above-mentioned property from its present RA-1, One-Family Residential District classification, to OS-1, Office Service District classification.

The proponent in this matter is John R. O'Connor, C.C. who seeks this rezoning for a chiropractor's office.

Any person who is interested is invited to participate in the discussion of the proposed zoning change. Blueprints and maps and zoning texts may be observed at the Farmington Hills City Hall on any business day between 8:30 a.m. and 4:30 p.m.

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The City of Farmington Hills Planning Commission will give formal consideration to a Proposed Amendment (Resolving Request No. 13-478) which would rezone part of the Southeast 1/4 of Section 20, City of Farmington Hills, County of Oakland, State of Michigan, being more particularly described as:

A parcel of land in the S.E. 1/4 of Section 20, T1N, R9E, City of Farmington Hills, Oakland County, Michigan, described as follows: Commencing at the S.E. corner of Section 20, T1N, R9E, and proceeding thence along the South line of said Section 20, N 87°14'30" W, 333.00'; thence N 0°13'30" E, 50.00' to a point on the North line of Grand River Avenue (US 16), said point being the Point of Beginning of the parcel herein described; Th N 0°13'30" E, 50.00'; thence East, 537.88' to a point on the East line of said Section 20; thence along said line, S 0°13'30" W, 727.00'; thence S 18°41'30" W, 168.18' to a point on the North line of said Grand River Avenue (US 16); thence along said line, N 87°14'30" W, 479.87' to the Point of Beginning, containing 10.7130 Acres, said parcel being subject to easements of record and said parcel being subject to the rights of the public in the Eastern 33.00' thereof (measured at right angles to the East line of said Section 20) for road purposes.

This property lies at the Northwest corner of Grand River and Drake Road. The above-mentioned request would rezone the above-mentioned property from its present RC-2, Multiple-Family Residential District classification, to B-3, General Business District classification.

The proponent in this matter is Siegal/Tuomala Associates, George Erdstein, who seeks this rezoning in order to construct a shopping center.

Any person who is interested is invited to participate in the discussion of the proposed zoning change. Blueprints and maps and zoning texts may be observed at the Farmington Hills City Hall on any business day between 8:30 a.m. and 4:30 p.m.

FRED HUGHES, Chairman  
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