

# Palms reveal guidelines for charting the future

By TERESA BANAS

She has soft grey eyes that read things most people cannot. As she stares deeper and deeper into one's palm, she begins to name the lines and configurations that she says are the key to one's destiny.

Teresa McLaughlin is a professional palmist who has studied the messages of the palms for more than 27 years.

She says everyone carries maps to the future, right in the palms of their hands. They are guidelines to follow in charting destinies, she says. The secrets are found in the creases and mounds of both hands.

The woman with bright red hair and fair skin that emits a rosy glow says, "I just want to help people up another step on the ladder (of life) without stumbling on something."

MRS. McLAUGHLIN HAS been working professionally in her life-long interest for about seven years. In addition to private readings, she lectures to community groups. She also reads palms at private gatherings like graduation parties.

However, she protests the title of "fortune teller."

"I don't tell fortunes," she said. "But I will tell you about yourself."

She says the lines on both hands are used to determine one's past and future capabilities and achievements. The left hand reveals the capabilities one was born with. From the right hand Mrs. McLaughlin gleaned an indication to what one has done with these capabilities.

As one matures, she says, so will the configuration of the lines on the right hand.

Several basic lines in the palm carry separate messages. The uppermost line, the heart line, reveals the love in one's life. The middle line is the head line and relates one's thinking processes. The third major line is the life line. It is the one that runs closest to the thumb.

Each finger also has a special meaning. Mrs. McLaughlin says. They are entitled with the names of the planets. The middle finger is the most prominent, ruled by Saturn, the oldest planet in the galaxy. She calls this planet the teacher, which stresses caution in dealing with one's impulses.

THE SHORTEST FINGER on the right is ruled by Mercury and reflects thought processes. The finger between those ruled by Mercury and Saturn is Apollo, the sign of the sun. It reflects everything that is beautiful, Mrs. McLaughlin says.

The thumb, ruled by Venus, is one of the most important features of the

hand, she says. It indicates your will.

The influence each feature, both fingers and lines, has is determined by the size, shape and configuration of the feature.

Although she has always believed in her ability to interpret the lines, at times she has felt pressure to stop practicing. But advice that she continue always won out.

Mrs. McLaughlin grew up in Scotland. When she was 11, she said she decided her palm-reading interest was one she should develop.

One day there was a knock on her family's cottage home door. When

Mrs. McLaughlin opened the door, she found a gypsy woman who was apparently selling small household items. Mrs. McLaughlin said her mother had warned her to avoid gypsies because they would kidnap her beloved children.

"The lady was standing there with a baby," she says. "She looked at my face and said 'You'll be doing what I'm doing someday but on a larger scale—in another country across the water.'"

IN THE SAME year, she says she came across another sign that got her

involved in palm reading. She and her father were in a book shop when one dusty volume fell off the shelf. She picked it up and found it was a book about palm reading, printed in the late 1800s.

Since then time she has struggled with the volume, she says. Her father thought her interest was a hobby, until she began studying it in depth. She attributes her eventual divorce to their disagreement over palm reading.

Mrs. McLaughlin says some psychologists also influenced her to continue with her studies of palmistry. She once visited a spiritualist, at a time when she was trying to avoid palm reading.

The woman told her she had a gift from God which she wasn't using.

"It was there—and I couldn't avoid it," she says. "I felt it couldn't be wasted. I eventually had their own designs."

She has regularly asked questions from her clients about love, children, marriage, health and careers, she says.

She suggests that people attempt to study their own hands for clues in developing their positive capabilities. She says these are the guidelines people should employ.

## Morman play scheduled

The contemporary musical "Saturday's Warrior," presented by the church of Jesus Christ of Latter-day Saints, will run two weekends, June 29-July 1 and July 6-8, in the Troy Athens High School at 4333 John R. Curtain time is 8:15 p.m., and admission is \$4, \$3, and \$2.

The musical romanticizes the Mormon belief in a pre-existence, the promises that are made there and the resulting mixups that occur in earth-life.

The cast of over 125 is basically from the tri-county area, the performers having many dramatic credits to their name and prove their willingness in "Saturday's Warrior." The same performers played to full houses in several performances last year.

Tickets are available through executive secretaries of the Local Wards of the Church of Jesus Christ of Latter-day Saints, by mail to Saturday's Warrior, 5555 Shadow Lane, Bloomfield Hills, 48013.

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