FHS honors its class of 1978

1 Parmington High School's Class of 78 gamered numerous awards during ceremonies at the school recently. James Harrison was the recipient of the Keith Johnson award, the highest school award for citizenship, Julie Trevisan and Mark R. McDonald were presented American Legion awards for leadership and good citizenship. Sports awards went to Liz Merrell and Marty Bona, the highest awards presented to female and male athletes, respectively, while the highest athletic award for underclassmen went to junior Lou Milani.

ior Lou Milani.

Departmental honor awards in art
were presented to Sue Campbell, Jenhufer Madion, and Mark Tyler, ceramics; Judy Jagielky, drawing and paint-

ing; and Sue Wayne and Donna George, jewelry.

George, jewelry.

ENGLISH department honors were presented to Jim Philp and Janeen Woldt, drama; Dawn Cortez, Deon Edwards, Sandra Horne, Emily McMurray, Diane Nitkiewicz, Peggy Hankin, and Garol Svoboda, English; Jukka Lommi, Karen McGuigan, and Annette Shuffett, speech; and Alicia Bergers, John Curtis, Robert Finnell, David Jonas, William Neill, and Sean Pollock, writing, Jeff Mitchell, a member of the Class of 77 also received a writing award. Industrial arts honors went to Rick Mattson, career auto mechanics: Dave Compo. drafting: Art Carter.

Ask Mr. Fitness

Ken Holtyn, director of the Troy YMCA, is accustomed to promoting physical fitness and answering questions related to it. Here are some commonly-asked questions. Send your inquiries to Holtyn at the Troy YMCA, 123 W. Big Beaver, Troy 48084.

Benver. Troy 48084.

Could you give me a breakdown as to the most beneficial forms of exercise to the least beneficial? The President's Council on Physical Plines and Sports asked seven exercise experts to evaluate 14 popular forms of exercise in terms of protting physical fitness and general well being Parameters evaluated were—cardio-respiraments—cardio-respiraments—cardio-respiraments—cardio-mescade endurity—misscade endurity—misscade endurity—misscade and protter of the protter

electronics; Kay Kennedy, photo printing; and Dan Ulman, welding.
Allcia Bergers and Marian LaVere were honored with instrumental music awards, while Peggy Rankin garnered the vocal music award. Langusgage department awards went to Peggy Rankin, French: Uvian Looke, German; Stacy Dingle, Latin; and Richard Rossin and Jan Ryckman, Spanish.

man, Spanish.
Eric Esarey and Cheryl Sommers were presented science department awards, and Gary Kerstein, Bill Philp,

and Peggy Rankin were recognized for high achievement in social studies. Math department awards were pre-sented to Alicia Bergers, Eric Esarey, Richard Rossin, Lisa Varns, and Milke social to the properties of the com-tion of the competition. It is the competition of the competition of the competition of placing in the top five per cort in the state, earning Michigan Math prizes. Brent Bradley was presented the attendance award.

Harrison honors grads

Harrison High School recognized the accomplishments of many members of the Class of '78 at the annual Swing Out program recently.

Julie Markovich received the Dughters of the American Revolution Good Clizen award, while American Legion awards, presented for outstanding leadership and service, were awarded to Tim Kay, class president, and Mary La Foret.

Mark Dlekman, Mark Capicchioni, Greg Oeleman, David Turnquist, Barbara Erickson, Dawn Johnston, and Lana Widman were named Wolverine Boys and Girls State students.

The Michigan Legislative Merit award of a \$1,000 scholarship went to Kevin Perry.

Academic scholarship announce-ments included: Peggy DeCooke and Lisa Ginter, Michigan State Univer-sity; Maribeth Banas, the James A. Lewis award from Oakland Commu-nity. College: David Diskin, Wayne Sate University; Sharon Marie Good-win, Northwood Institute: Kevin Perry, Northern Michigan University: and Linda Hamel, the Oakland County Community Trust Organization. Other scholarship vinners included Tim Kay, Farmington Education Asso-ciation scholarship: Alamel and Tom Ervin. Farmington Parent-Teacher Association scholarships; and Edward McDonald. who received an award from the Rotary Club of Farmington.



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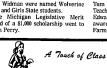
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