

## Son still wetting his bed

Dear Dr. Cash:

My five-year old son still wets his bed at night. I've tried everything to make him stop—restricting liquids after dinner, waking him to urinate before I go to sleep, and even threat-ening or punishing him. No luck. All of his friends have been dry at night for a long time. Is something wrong with him?

This is probably a problem in delayed physical maturity rather than a medical illness. The most common cause of bedwetting is deep sleep. The



By  
DR. RALPH  
CASH, MD

child isn't awakened by the sense of urgency most of us feel when the bladder is full. Most children achieve this developmental task by age 5. But up to 10 per cent of 7-year-olds still wet at

night. Often there is a family history of bedwetting with such "primary enuresis" (when a young child has never had consistent periods of dryness at night).

For some reason, parents are able to understand that some 4-year-olds can ride a two-wheel bike long before some 6-year-olds. But they have trouble transferring the same thinking to bladder control.

Try not to pay too much attention to the bedwetting. It's a normal variation of your child's development, and you don't want to superimpose psychologi-

cal problems on it.

But if a child has stopped wetting at night for a period of time and then begins to wet again, there is a reason to seek medical advice. For this "sec-

ondary enuresis", Dr. Alan Perlmutter, chief of pediatric urology at Children's Hospital of Michigan and professor of urology at Wayne State University school of medicine, recom-mends having the child's urine tested to rule out diabetes or an infection as the cause. Children older than 4 who also wet during the day should defini-tely be checked.

For children 8 years old and up who wet at night, the following treatments have been somewhat successful. Keep in mind that the treatment should not be worse than the problem.

**Double-voiding:** Have the child urinate a second time before falling asleep to be sure the bladder is completely emptied.

**Medication:** The drug imipramine, which tightens the bladder outlet, has been successful in some cases. But there are undesirable side effects.

## Here's a chance to assert yourself

The Continuum Center at Oakland University will hold an assertiveness training program from 9:30 a.m. to 12:30 p.m., Tuesday, Sept. 19 through Oct. 24. The group will meet at the Oakland Center building on the Oakland University campus in Rochester.

Assertiveness is a way of behaving that allows you to express your feelings while respecting the rights of others. Participants, assisted by trained leaders, will explore assertiveness as an alternative to being passive or aggressive. Group activities are used for demonstration and practice of new responses.

The program fee is \$45. For advance registration and further details, contact the Center at 377-3033.

## Throw out those old cans

Knowing how to store food properly and how long it will keep means less food dollar wasted, says Lois Thieleke, Oakland County home economist.

Canned foods do have a long shelf life, but don't neglect them for several years and suddenly decide to use them, she said. The aged canned goods may be safe to eat, but their color, flavor, texture and nutrition value may have deteriorated.

Store canned foods in a dry place at moderately cool, but not freezing temperatures. Try not to keep canned foods over one year. Canned fruit juices should not be kept over nine months. Shoppers and home-makers should recognize the meaning of can defects. Bulging cans should be thrown away. Do not buy cans with dents on the side seam of the can itself or on rim seam on top or bottom of the can.

Check carefully for leakage, and throw leaky cans away. Rusty cans also should be checked for leakage. The rust may have penetrated the can.

For other information, call the Oakland County Cooperative Extension Food Preservation Hotline, 658-0904.

## Obedience trial to test dogs

German shepherds will have a chance to show their mettle in the 20th annual specialty obedience trial that will be held Sunday, Sept. 17 in the American Legion Hall, 31775 Grand River, Farmington.

Entries for the event close at noon Wednesday, Aug. 30. Sponsored by the Detroit German Shepherd Dog Obedience Training Club Inc., the trial will be judged by Hugh MacLean.

For entries contact the trial secretary, Mrs. Leiana Dutton, 22015 Tuck, Farmington Hills, 470-7622. The trial is only for German shepherds.

## Spanish speech

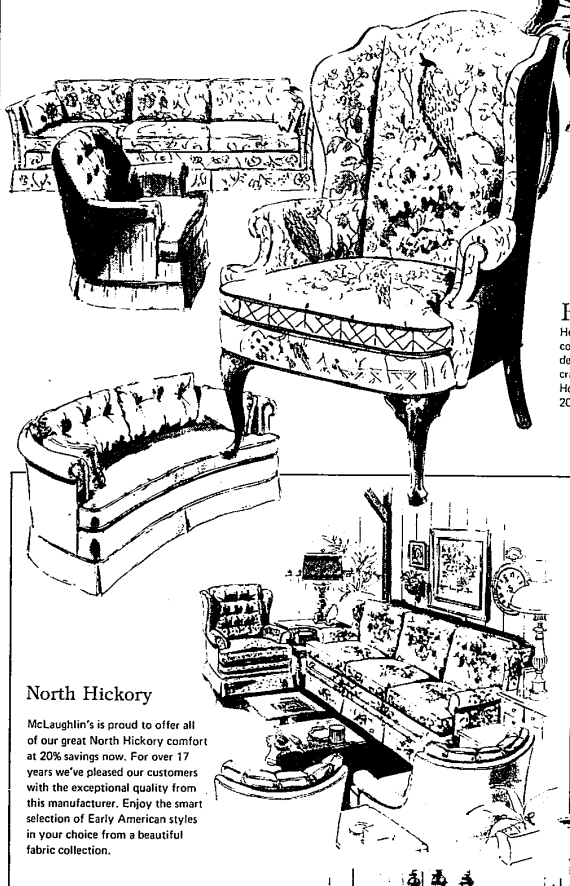
In Spanish no word begins with an "s" followed by another consonant. A Spanish speaker trying to pronounce Spanish in English will normally say "o"Spanish".

## Last Five Days of Savings in All Collections

Traditional, Country and Early American Comfort and Wood Designs by Our Famous Makers

If it's quality at savings that you're looking for, McLaughlin's Sale of the Summer is THE SALE for you. We think you won't find broader selections in fine Traditional cherry and ash, Early American pine and maple, or the newly popular Country English, Country French, and Country Italian beautifully grained oaks. And while browsing, you're sure to notice the smart fabric selection in our varied comfort designs that speaks for itself. Our Interior Design Society consultants make it a breeze for you to select the proper style, size, fabrics and colors for smashing effects in your rooms... right down to accents and accessories... all on sale, too!

There's absolutely no charge for designer assistance in helping you create totally new backgrounds for your living... coordinating your carpet choice from our extensive broadloom and area rug collections, fantastic wall coverings, and creative window treatments including shutters, woven blinds, and draperies. Now's a beautiful time to custom order those furnishings you'll be wanting, come the holidays. Drop anchor at THE SALE and discover why selective shoppers come from all over the tri-county area to McLaughlin's. We've done it all for them. We can do it all for you. At savings from 10% to 40% till Saturday at five. DON'T MISS THE BOAT!



### North Hickory

McLaughlin's is proud to offer all of our great North Hickory comfort at 20% savings now. For over 17 years we've pleased our customers with the exceptional quality from this manufacturer. Enjoy the smart selection of Early American styles in your choice from a beautiful fabric collection.

### Kling

Dine informally with the charm of Kling Country Hearth Pine. Here's authentic colonial styling masterfully crafted and finished in a blendable, warm, wood tone. Also many other chairs and tables from which to choose.



mclaughlin's of southgate

IT'S ALL ON SALE  
till Saturday September 2

### Henredon

Henredon woods from our "Four Centuries" collection represents a unique blend of sophisticated designs well-suited to casual living. The uncompromising craftsmanship in each is more than apparent. Add sumptuous Henredon comfort in fabulous designer fabrics at terrific 20% savings.



### Temple-Stuart

Offering the widest selection of Early American dining and occasional furniture, Temple-Stuart classics add rich warmth to your living. Our collection includes credenzas with matching decks and glass doors, pedestal, trestle, sawbuck, drop leaf and extension tables with practical formica tops to fool even you. Also dry sinks, corner chinas, a collector's cabinet, record cabinet, tea wagon, occasional tables, desks and rocking chairs. Many available in a striking combination of natural wood tone with antique white, black or curry.

home  
furnishing  
designs

McLaughlin's  
of southgate

Master Charge  
VISA

interior  
design society

Monday, Thursday, Friday till nine Tuesday and Saturday till five  
CLOSED WEDNESDAYS

CUSTOM SILK FLORAL DESIGNS  
WEDDING CONSULTANT & REGISTRY

14405 Dix-Toledo, between North Line and Eureka

285-5454