Bottom line prices on top notch goods

By SHIRLER IDEX

It's nice to book like a million dul-ans, but even nicer to achieve that look at bargain rices. Three Oakland County wamen are dulcated to helping others get that soot leeling; and also to turnish their senses buy dentures, pay for tuneral's ent surround themselves with green-

eht surfound themselves with green-erv all at discount prices.

Linda Robinson, Marvann Zukosky, and Wendy Dami logged over 12,000 and s and visited more than 3,000 40 es in the netropolitan area to help ass 30 sive money.

by did the eg work to research are the Underground Shopper's sus an Publications, \$2.95, which disks and comments on more than 500

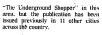
These 400 merchants got into the toostet by roing legitimate discount stores, which means discounting at a manning rate of 20 per cent." Mrs. Hobas or send

sale and the bookiet tells the shopper to allow of the stores listed, the brains that corresponding the stock of credit five will extend and year their notice on returning peretandise.

It you wont to sinor or Southfield, you can just look inder Southfield and you'll find a long jest of stores right in your neighborhood who can other your seighborhood who can other yours, said Mrs. Zukowsky

THE BOOKLET is the first edition of

MARYANN ZUKOWSKY



across the country.

It's the brainchild of former Detroiter Sue Goldstein, who is the eatior and publisher of SusAnn Publications in Dallas. She said the idea for discount shopping came to her as he listened to cocktail party conversation in Dallas and quaed at lavishif weesed women, dripping in jewels. She started the "Underground Shopper" in Dallas, having left this area in the midst of the 1957 newspaper strike. The rationale is that not everyone can cusually pay out top prices to look acid and there are many people who want to look good but must scruting price time.

want to book good but must scrutiniz-price tags carefully. "The booklet only costs \$2.95 and war can save much more than than on war first shopping trip." Mrs. Duan said. "We look at all sorts of things who we shop; quality variety, courtesy and store atmosphere. The people in this book don't mark things up and then price them down. They're beginning.

Mrs Dunn did the writing for the Detroit area edition and it's the third one she has done. Since her husband's pb requires that she travels, she has researched and written an "Under-ground Shopper" each time they moved

MS. GOLDSTEIN and Mrs. Dunn are sisters. Mrs. Zukosky and Mrs. Robin-son encountered Mrs. Dunn when she was surveying the area planning for the publication-to-come.

All three women contribute to the research and rating of the stores, but Mrs. Donn does the writing. Stores are rated with stars from one to four with ratings based on quality, quantity, price, store atmosphere and services offered.

"At no time did these merchants know we were doing research." said Mrs. Dunn. "We go in just like any other shopper. For the stores, it's ter-rific. Most of them are small places that can't afford to advertise on their own."

She said there are no fees for being listed in the booklet.

"What it boils down to is, we don't think anyone should pay full price for anything." Mrs. Zukosky said. "I don't have anything in my house we paid full price for."

Ms Goldstein said when her sister moved to Huntington Woods and wasted to research for a new "Under-ground Shopper" she was skeptical. "Wendy is a superb commander in the field and a good administrator." Ms. Goldstein said. "But I knew the Dorom area and fidor! think there.

LINDA ROBINSON



The 500 listings that were amassed proved the possibilities were there and each of the women has stories about the designer dress at great reduction or the out-of-season children's clothing than them found for their children.

STORES listed include more than 60 cities; over 50 outlets in Southfield; 11 in Birmingham; 10 in Farmington; three in Garden City; 17 in Livonia; 12

To get the listings, the women spent many hours driving, talking, examining merchandisse and braving one of the roughest winters in recent years to find bargains for others. Their rewards is a share in the royal-ties and a keen sense of satisfaction. Already they are planning the nextedition of "Underground Shopper" and other projects as well.

"We are planning to ofter fashion—two are planning to ofter fashion shows for conventions and men's and women's groups at a small fee," said women's groups at a small fee," said

Mrs. Robinson. "We can also advise on home decor and repairs." At the front of the booklet is an inscription which reads: "Dedicated with love to seven little reasons why we bargain shop for all sensons." The seven reasons are the Dunn, Robinson and Zukowsky chultren: Adam and Tina, Marlowe, Blake and Spenser and Derok and Jason. An earlier servess of "Lindentumed."

Derek and Jason.
An earlier success of "Underground Shopper" made Ms. Goldstein the very first woman gubbisher in Texas. She said she represents several authors and is considering expanding the shopping booklet to other cities.

"We've established a stringent crite-tion for resource and the same properties."

"We've established a stringent crue-rion for a consumer publisher." she said. "But we basically just shop for a living and love it."

Y classes begin week of Sept. 18

All fall classes offered by the Farmington Area YMCA begin the week Sept. 18. More than 100 classes are offered, but space is limited, and registrations are taken on a first-come, first-carved basis.

Carol Green heads a staff of certified instructors who will teach swallable for those from and skill levels available for those from and skill begin and a strengthen selected frinces, to and strengthen selected muscles, improve flexibility, balance, corrdination and mental attitudes, there is even a program for the early birds, offered from 6:397:39 a.m.

A new concept in fitness comes through DanceFil, designed to obtain fitness to the rhythm of music. Kathy Rosowski will lead classes in First Presbyterian Church. Bonaventure Roller Rink and Kow Middle School.

Kay Burns, a fitness specialist, will teach a Ys Way to a Healthy Back. It's a mild form of exercise performed to stretch and strengthen muscle groups and done in a medically approved program.

PRESCHOOLERS, through 6 years

F fall

old, can join the Preschool Variety Show which offers art, gym, swim, sto-ries and games with Sheila Wade in Mercy Center and Novi Methodist Church.

Henry Van Der Weken, with nine years of professional experience and a certified staff, will teach A.K.C. commands to doss of at least four months of age on Thursday evenings. With this class, the Y provides a no-fail policy.

Coed karate and judo are taught by Ray Thibodeau. Indoor tennis is taught in small group sessions, and indoor horseback riding will be available at Haverhill Farms through the Y.

Gymnastics classes on seven levels of expertise is taught at Kenbrook Elementary School. Y instructors point out_with pride that their gymnastic team, the Gym J's, are the reigning Metro Y champions.

On Monday evenings, the disco dance set takes over at Mercy Center for both singles and couples, and Ellen Graves teaches guttar chords and songs on Tuesdays and Thursdays there. For more information, call ,553-4020.

Oakway auditions Mondays

Oakway Symphony Orchestra is scheduling auditions for all strings, soboe, bassoon, French horn and trumpet players.

Persons with symphonic or equivalent experience, or highly talented high school students, may arrange an audition by calling Conductor Prancesco DiBlast at 425-8616 or writing him at Box 171, Farmington 48024.

Resular rehearsals are Mondus avec.

him at Box 171, Farmington 2002.
Regular rehearsals are Monday evenings at 7.30 in Harrison High School, Twelve Mile between Middlebelt and Orchard Lake Road, Farmington Hills. They begin Sept. 11.

Advisions from throughout Wayne

Hills. They begin Sept. 11.

Musicians from throughout Wayne and Oakland counties perform in the Oakway Symphony, now in its sixth season. Copies of the season's program may be obtained by writing to the box number.

Credits earned

Art created, tea served in Japanese workshops

By LORAINE McCLISH

The Japanese art and culture workshop laught by George and Mary Bowman of Farmington Hills returns to South-field's Stevenson Elementary School beginning Tuesday. Sept. 12 Participants can earn three hours of graduate credit in the workshop that includes brush pointing, flower arranging, history, cook cooking, tea ceremony, calligraphy, pronounciation and culture.

Japanese Stevenson which is the course. The course of the course of the course of the course of the course. The course of th The Japanese art and

standard part of the course.

Mary Bowman, who is owner of the Sumi-e Students from the first part of the Sumi-e art to more than 100 students each year since coming to Michigan in 1974.

Her paintings are of

to Michigan in 1974.
Her paintings are of
delicate bamboo, cattails, orchids and other
natural subjects, done in
the oriental manner with
Zen simplicity.
The ancient Japanese
style of sumine is one of

The ancient Japanese skyle of sumi- is one of mood painting in a brief time span. The creations are quick and complete. Some are finished in less than a minute and most within five minutes. They usually have a simple asymmetrical composition, using various dilutions of Japanese ink with a feather-light bamboo-handled brush on sensitive rise paper. THE GRADUATE and

on sensitive rice paper.

on sensitive rice paper.

"IT IS A ZEN Buddhist art rooted deep in the subconscious and the beauty found here and now," Mrs. Bowman says. "Students of this art form in Western cultures have found it to be relevant here here. Most "form withdents are relevant here here. Most of our students are teachers because there

isn't a grade that you can't use the Oriental arts somewhere in your curriculum."

She adds, "But the course is designed for anyone who just wants to learn or is interested in Japanese things."

As far as as she knows, she is the only full time professional a sumi-tande in Japanese things."

As far as as she knows, she is the only full time professional a sumi-tande in Japan.

When she lived in Japan 2 years ago, Mrs. Bowman took private lessons in Kaisho style calligraphy. urasenke tea ceremony, and Japanese cooking.

She also studied other sapects of the culture and has learned the basic elements of reading, writing and conversation.

Her husband, Dr.

writing and conversa-tion. Her husband, Dr. George Bowman, is on the staff of Central Mich-igan University and is her teaching partner for the workshops handling the Japanese history and music sessions.

THE GRADUATE and undergraduate energia to the control of the contr

groups. She exhibits at art

fairs, and her line of note paper is available in sev-eral local gift shops. Her fall agenda, in ad-dition to the credit clas-ses in Southfield, includ-

es classes in Village Woman's Club in Bloomfield Hills, the Pontiac Art Center and Farmington Community Center.



Team teachers Mary and George Bowman begin their Japanese Culture Workshop in Southfield's Stevenson Elementary School this week. (Staff photo by Gary Caskey)

