

Great Books group discussions start

A Great Books group will gather for discussions this year in Farmington Hills Community Library, at 23737 Twelve Mile.

"If you enjoy reading, this group is for you," says Carole Hund, the adult services librarian. "There is no pressure to discuss, just read the story."

meet with the group twice a month, and have fun listening to the various interpretations."

The new group will read a series of traditional and modern short stories with a unifying theme throughout the stories called "The Individual and Society."

It is a new format for "Great Books" explains Ms. Hund, "so even if you have been in a previous Great Books group, this will not be a repetition of your past discussions."

Some of the authors whose works are included in the series are Stephen Crane, Anton Chekhov, Doris Lessing, John Updike and Saul Bellow.

The two volume paperback set of books is available for purchase for \$12. in the library.

The first session is set for Thursday, Sept. 21, beginning at 7:30 p.m.

Ms. Hund will co-lead the new group and take registrations and inquiries by calling her at 553-0300.

Y classes begin week of Sept. 18

All fall classes offered by the Farmington Area YMCA begin the week of Sept. 18. More than 100 classes are offered, but space is limited, and registrations are taken on a first-come, first-served basis.

Carol Green heads a staff of certified instructors who will teach swimming seven days a week, with a variety of times and skill levels available for those from 6 months old to adult.

Special Y fitness classes in 12 different varieties improve cardiovascular fitness, tone and strengthen skeletal muscles, improve flexibility, balance, coordination and mental attitudes.

There is even a program for the early birds, offered from 6:30-7:30 a.m.

A new concept in fitness comes through DanceFit, designed to obtain fitness to the rhythm of music. Kathy Kosowski will lead classes in First Presbyterian Church, Bonaventure Roller Rink and Novi Middle School.

Kay Burns, a fitness specialist, will teach a Y's Way to a Healthy Back. It's a mild form of exercise performed to stretch and strengthen muscle groups and done in a medically approved program.

PRESCHOOLERS, through 6 years old, can join the Preschool Variety Show which offers art, gym, swim, stories and games with Sheila Wade in Mercy Center and Novi Methodist Church.

Henry Van Der Weken, with nine years of professional experience and a certified staff, will teach A.K.C. commands to dogs of at least four months of age on Thursday evenings. With this class, the Y provides a no-fail policy.

Good karate and judo are taught by Ray Thibodeau. Indoor tennis is taught in small group sessions, and indoor

horseback riding will be available at Haverhill Farms through the Y.

Gymnastics classes on seven levels of expertise is taught at Kenbrook Elementary School. Y instructors point out with pride that their gymnastic team, the Gym J's, are the reigning Metro Y champions.

On Monday evenings, the disco dance set takes over at Mercy Center for both singles and couples, and Ellen Graves teaches guitar chords and songs on Tuesdays and Thursdays there.

For more information, call 553-4020.

Our mailing address has been changed

Persons who wish to contribute news items to the Farmington Observer are asked to note our new mailing address.

We are now receiving mail at our local bureau, 22170 Nine Mile, Southfield, 48034.

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Saturday	September 30	10:30 to 12:30 pm

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