## Graphologically Speaking



Dear Lorene,
To me all my capital I's look differett; what do you see? Right now it is
late evening. Sometimes I find that my
writing differs when writing in the
morning. Also, my writing seems to
me that it has stayed the same for
years, but I have changed dramatically in the last three years.

I guess my reason for writing to you
is to see if your view of me jibes with
my view of me.

J.W., Detroit

In your out use.

J.W., Detroit Dear J.W.,

I find it very interesting that you feel you have changed a great deal in the past three years but your handwriting has not. I think a trained graphologist would find many mances that you might not even observe.

The shape of your capital I is not a consistent and I see a serious consistent and I see a serious consistent and I see a serious graphologist with the power of the power of the your early life you were influenced by both made and female authority figures, but I observe some demander of the power of the po

forcement in our lives to keep us going. At this time it seems no one is giving you very much (endings on many of your words that turn back to the left instead of out to the right). So we have a considerable of the constant of the constan

matic in your relationships with others ttapering m's and n's). This can be very valuable as you sometimes have a tendency to insist on your own opinions (first letter on many words larger than the ensuing letters). You enjoy a good discussion (points on the tops of your p's) and the property of the p

approval is important to you (height and retracing of many t stems). How-ever, the fluctuation in the size of your lower case letters suggests work habits that are not strongly disciplined.

disciplined.

The overall picture of your writing tells me that you are an emotional person. It is sometimes difficult for you to keep your moods on an even keel. Otten they vacillate quickly without too much appearent reason (wavy baseline and extreme rightward slant). When you wrote this sample for me you said it was late evening and that may account for some of the dropping and that the control of the con

#### On children

# Help fearful child find autonomy

Dear Dr. Cash:
My 2½ year-old has suddenly
become afraid to go to sleep by herself. She wants me to sleep with her,
and cries if I wow! I have been resisting because everyone tells me that's a
bod habit to get into, and she will
always want me to do it. I hate to see
always want me to do it. I hate to see
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always want me to do it. I hate to see
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One of the important developmental tasks of the 2-3-year-old is that of "autonomy," the natural separation from mother that reflects your child's increasing ability to be an individual in her own right.

When a child experiences difficulty in this regard, as all children do to

some degree, she may react with certain behavioral defenses, One of these
is the return to a form of bearing age,
which is from the state of the season acceptable at an easier age,
which is known as regression.
Often such behavior is associated
with the development of fears, especially at night, with an attempt by the
child to continue to control the motherchild relationship.
Such difficulty in achieving adequate
separation is very stressful for both
parent and child. Often it becomes a
source of great argument between husband and wife as the sleep difficulty
disrupts the rest of others in the household. It is very important that parents
should agree on their method of handing the problem stree incorresistency
is even more disturbing to the child as



she proceeds through this developmental stage.

Most children at 2% have established a ritual for going to sleep. This may include a drink of water, a special kits, a bedtime story or special arrangements of the bedcolves. These behaviors are defense reactions

The use of a night light in her room, a "quiet time" before going to bed, and your acceptance of her pre-bed-time rituals, all will help her overcome her fears. This period of difficulty may be prolonged, so you must be patient.

To baiem.

I would agree that it is very important not to sheep with her, since such
action will interfere even interfere with
her developing that feeling of a with
her developing that feeling of a comp that results in the comfort sinc
news. Be patient, loving and responsive, but let her lowe the limits of her
relationship and you will soon see her
blossom into the cheefful child you
describe, even at bedtime.

### Volunteers

The Oakland County Volunteer Bureau, a program of the Volunteer Action Center of United Community Services, has weekly listings of agencies needing volunteer services. Further information about these and over 200 agencies may be obtained by calling the bureau, 642-7272. Any non-

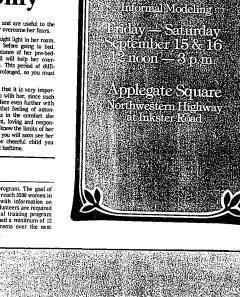
profit agencies needing volunteer assistance may also call the bureau.

PARENT AIDE—Volunteers interested in working with families on a one-to-one basis to offer support and friendship are needed now by the Oakland County Cooperative Extension

services. Fall training will be 9:30 . a.m. to 2:30 p.m., on Wednesdays, Sept. 14, 21, 28 and Oct, 5.

SPEAKERS—Women with good speaking skills and ability to deal with sensitive material are urgently needed by the American Cancer Society for its

"Straight-Talk" program. The goal of the program is to reach \$200 women in Oakland County with information on breast cancer. Volunteers are required to complete a total training program and will be assigned a minimum of 12 speaking engagements over the next year.



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## Adult Day Care Temporary Care

if you are caring for someone in your own home, who is in need of supervision, and your find it difficult for take care, of your personal, and family, needs, be it 8 hours, a day, a week or longer, we reclose at hand to help you with adult day care, temporary or Vacation, care.

Arrangements, can and will be made, around your personalized schedule. Services include on a daily basis, moves, and according batter, a beauticain, professional nursing services physical therapy, specifit figrapy, batting, sleeping rooms, music room: T.V.I. and other special arrangements you may desire.



University Convalescent & Nursing Center 28550 FIVE MILE RD & LYONIA 88

Dorvin Convalescent & Nursing Center

Hendry Convelescent Center 105 HAGGERDY RD 3 PLYMOUTE 455-05-10

Health avino Senvices