

Cranberry

Time Comes In The Fall

By ELLY

Our Pilgrim fathers picked unfamiliar berries found growing around Cape Cod and named them cranberries. Friendly Indians showed the settler how to cook them with honey and maple syrup to make sauce. Later, colonial cooks created delicious puddings and pies with them.

In 1829, Capt. Henry Hall of Barnstable, Mass., was the first to successfully cultivate the low, creeping cranberry shrubs. The New England states still lead in production, but large quantities are grown in Wisconsin, Washington and Oregon.

The cranberries are harvested in September and October. Until they were canned in the '30s, only the fresh berries were marketed and they were strictly Thanksgiving and Christmas treats.

Although they are now available year round, canned or frozen, it is cranberry season and the plump, red berries are a welcome sight in the markets.

HONEY ALMOND CRANBERRY BREAD

- 6 c. biscuit mix
- 1 t. ground allspice
- 2 c. fresh cranberries, rinsed and drained
- Grated rind of 1 orange
- 1 c. chopped blanched almonds
- 2 eggs, well beaten
- 1 c. honey
- 1/2 c. milk
- 1/2 c. orange juice

Combine biscuit mix, allspice, cranberries, orange rind and almonds. Add eggs, honey, milk and orange juice and beat until well blended. Spoon mixture into two greased and flour-dusted 9x5x3-inch loaf pans. Bake in a moderate oven (350 degrees) 50 to 55 minutes or until top springs back when touched. Unmold and cool thoroughly on a rack. Slice thinly to make sandwiches. Suggested fillings: cream cheese and jelly, deviled ham and thinly sliced apples or peanut butter and sliced bananas.

CRANBERRY-ORANGE RELISH

- 1 pound fresh cranberries
 - 2 oranges
 - 2 apples
 - 2 c. sugar
- Put fruit through a food grinder using medium blade. Include orange rind and some of the apple skin. Stir in sugar and let stand overnight. Yield: four half pints.

CRANBERRY COOKIES

- 1 pkg. (10 ounces) frozen cranberry orange relish
- 2-1/3 c. sifted flour
- 2 t. baking powder
- 1/2 t. salt
- 1/2 t. soda
- 3/4 c. lard
- 1-1/4 c. sugar
- 2 eggs, well beaten
- 1/2 c. chopped walnuts

Thoroughly drain thawed relish. Sift together flour, baking powder, salt and soda. Cream together lard and sugar. Add eggs and mix thoroughly. Stir in the sifted dry ingredients, drained relish and nuts. Drop the batter from a teaspoon onto a greased baking sheet in a moderately hot oven (375 degrees) until lightly browned, 14 to 17 minutes. Yield: four dozen cookies.

Note: three-quarters cup drained, canned relish can be substituted for the frozen relish.

SCALLOPS CRANBERRY

- 2 lb. scallops, fresh or frozen
- 1/4 c. butter or margarine
- 3 T. lemon juice
- 1/2 t. celery salt
- 1/2 t. paprika
- Dash white pepper
- Chopped parsley
- Cranberry relish

Thaw frozen scallops. Rinse with cold water to remove any shell particles. Cut large scallops in half. Melt butter in a 12-inch fry pan. Add lemon juice, celery salt, paprika, pepper and scallops. Cook over moderate heat for three or four minutes, stirring frequently. Remove scallops with a slotted spoon to a warm serving platter. Sprinkle with parsley. Serve with cranberry relish.

CRANBERRY RELISH

- 1 can (16 ounces) whole cranberry sauce
 - 1/3 c. finely chopped celery
 - 1 T. lemon juice
- Drain cranberries. Combine all ingredients and chill. Make approximately 1-1/4 cups sauce.

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