

**CONCERN INC.**  
ONE Northfield Plaza  
Troy, Michigan 48068  
879-1333

**Consumer Mailbag**

I work in a building that has no lunch facilities and I brown bag it most of the time. But on my coffee break I use the vending machines. Why don't vending machines offer more healthful snacks? Maria T. Troy

Unfortunately vending machines are only supplying the demand. Vending machines and junk food have been a successful team for more than 30 years.

You can change that pattern by informing the vendors that supply your building that you definitely want better foods in your machines. Point out that good foods like unsalted nuts, granola, and fruits are available at comparable prices.

And when they show up in the machines in your building, buy them. Change the demand and the vendors will change the supply.

I've read specific literature which strongly warns against leaving frozen meats out of the refrigerator to defrost for more than two hours. I have roasts that I leave out overnight and they still aren't defrosted, and leaving them in the refrigerator would take a week to defrost. So far, nobody has ever been sick. What do I do in this case? Nancy H., Birmingham

I'm not a home economist so rather than answer this question from literature I have read, I called Cindy Crain, home economist with the Oakland County Co-operative Extension Service. She recommends the refrigerator method for defrosting.

"Most roasts, even a large turkey, will defrost in 24-48 hours in the refrigerator," she said, adding that you have just been lucky with your counter location. "She probably has a very clean kitchen, uses good meat, and cooked it well done," she stated, and cautioned that "luck may run out."

Jan Harty, a Concern volunteer, recommends you cook larger roasts partially frozen. She says they taste better. Just increase your cooking time a little.

How can a consumer complain about the products he or she buys beyond the market or the manufacturer. Mrs. V.H., Birmingham

Ways to handle consumer problems are included in a free government publication, "A Guide to Consumer Action." Tips on solving problems, organizing local consumer groups, and educating yourself on consumer issues are included. For your copy write to Consumer Information Center, Dept. 686F, Pueblo, Colo. 81002.

## Volunteers

The Oakland County Volunteer Bureau, a program of the Volunteer Action Center of United Community Services, has weekly listings of agencies needing volunteer services. Further information about these and over 200 agencies may be obtained by calling the bureau, 662-7272. Any non-profit agencies needing volunteer assistance may also call the bureau.

**TUTOR**—Volunteers interested in tutoring mentally retarded adults on a one-to-one basis, evenings or weekends are needed by the Oakland County

Association for Mentally Retarded Citizens in Pontiac. Skills to be taught informally, include basic reading, math, money management or writing skills. Training sessions are provided. **MORE TUTORS**—Warm, innovative persons are needed to work in two programs, Adult Basic Education and English as a Second Language in the Southfield Public Schools Community Education Program. Qualifications include a working knowledge of such subjects as government, math, geography, and customs and traditions of the United States.

## Grand Opening

Saturday, November 18

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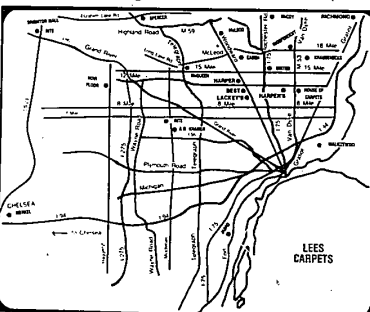
# LAST 3 DAYS

## LEES FACTORY AUTHORIZED SALE!

*Hurry...sale must end Saturday!*



Once a year, and once a year only, Lees has a factory authorized sale. Every best-selling carpet in Lees well-stocked inventory is on sale at 15% to 30% savings.



Come on in...Plushes, twists and sculptures are all available in hundreds of colors. But hurry, this sale must end Saturday, November 18

### Save on Lees Carpets Best-Sellers at These Participating Dealers

#### MT. CLEMENS

Krausmeyer  
166 S. Gratiot Ave.  
463-0585

#### NOVI

Novi Floor Covering  
41744 W. Ten Mile Road  
348-2622

#### PONTIAC

Spencer Floor Covering  
2465 Elizabeth Lake Road  
682-9581

#### RICHMOND

Richmond Floor & Wall Center  
58311 Main Street  
727-9628

#### ROCHESTER

McCoy Floor Covering  
870 S. Rochester Road  
652-2131

#### ROYAL OAK

Best Carpet Company  
1030 Woodward Ave.  
543-5300

#### ROYAL OAK

Harper Furniture  
215 W. Fifth Street  
545-3600

#### ROYAL OAK

Lackey's Floor Covering  
4430 N. Woodward  
549-6551

#### TROY

Eadeh Carpets  
1111 E. Long Lake Road  
524-2777

#### TROY

United Carpet, Incorporated  
3911 Rochester Road  
759-2580

#### UTICA

Independent Floor Covering  
46511 Van Dyke  
739-1555

#### WARREN

House of Carpets  
28931 Van Dyke  
573-4660

#### WYANDOTTE

Jabro Brothers, Inc.  
2801 Fort Street  
285-0110

## Schwartz will get Bnai Brith award

Attorney Alan E. Schwartz will be honored by Bnai Brith on Thursday, Nov. 16, for "distinguished and enduring contributions of a humanitarian nature."

The past president of the Jewish Welfare Federation of Detroit will receive an award at the organization's 1978 International Humanitarian Award Dinner, in the Fairlane Manor, Dearborn.

Named general dinner chairmen were Martin E. Citrin, David K. Eastick, Joseph L. Hudson, Jr., and William G. Meese.

Schwartz is currently Jewish Welfare Federation director and is president of the United Foundation, chairman of the board of Oakland University, vice-president of the Detroit Symphony Orchestra, and a director of the March of Dimes, Detroit Renaissance Inc., the Economic Club of Detroit, the Michigan Cancer Foundation, and the Cranbrook School. Citrin, partner in J.A. Citrin Sons Co., is currently president of the

Detroit Jewish Welfare Federation, and a member of the board of directors of both Sinai Hospital and the United Foundation.

Eastick, a past recipient of the humanitarian award, is president of Michigan Bell Telephone Co. Hudson, chairman of the department store chain, was the first Detroit recipient of the humanitarian award in 1970. Meese is chairman of Detroit Edison, and last year's humanitarian award recipient.

Proceeds from the \$125-a-plate dinner will support one of the largest youth serving programs in America, encompassing Bnai Brith Hillel Foundations on over three hundred campuses, including Wayne State University, Michigan State University, and the University of Michigan.

The Bnai Brith youth organization, and the Bnai Brith career and counseling service also will benefit.

Bnai Brith is the oldest and largest Jewish service organization.

For dinner reservations, call the Bnai Brith Foundation, 354-6100.

## Show to feature Yule ornaments

Christmas ornaments collected by Ruth Ewald of Redford Township and Gloria Siegart of Livonia will be featured at the antique show to be held Nov. 25 and 26 in Betsford Inn, Grand River and Eight Mile. Show hours are noon to 10 p.m. Saturday and noon to 8 p.m. Sunday.

Admission is free. Mrs. Siegart's ornaments are old European blown glass and include different Christmas figures. Other holiday items on sale will be old sleds, bells, Christmas tree stands, candlesticks and antique toys.

For those interested in collecting antique glass, other booths will feature old spoons, tin blue china and art glass. The booth of Bob Gale of Plymouth will have on display Tiffany glass and fine china and other Victorian pieces.

Also on sale will be wood furniture, frames, mirrors, primitives and tools.

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