



Mary Glancz (left) and her mother, Maria Jeszensky, analyze the skin of a client interested in potions from Transylvania. (Staff photo by Stephen Cantrell)

## The fashion plate

# Secrets from Transylvania make skin healthy, glowing

By RUSTLE SHAND

Mary Glancz is ready for the holidays with beauty potions and partridge eggs.

The Birmingham facialist has a visitor from behind the iron curtain. Her mother, Maria Jeszensky, has just arrived from Transylvania, Romania, and brought along many of her secret natural ingredient beauty recipes for healthy, glowing skin to share with her daughter's clientele.

Although Maria does not speak English, daughter Mary acted as interpreter as we sat chatting amid Romanian embroidery in the consultation room upstairs on Pierce Street.

Her home city of Cluj houses 250,000 people, Maria said, and 60 facialists are kept busy there from dawn to dark.

This visitor is only 59, she retired two years by mandate of the state, and has beautiful skin that belies her years. She has neither blemish nor wrinkle.

She said the facialist in Romania enjoys the same income level as doctors and lawyers, averaging about \$400 a month. Life styles in Romania are very different, said Maria. At home, everything is state-owned and one's income goes for food and clothing.

The price of a facial over there is \$2 for a monthly treatment, she said, and a young woman here her facial treatments at the age of 15.

A PINCH of this, a dash of that and a few drops of elixir, mixed with an apothecarian's precision add up to a Romanian beauty's delight under the capable hands of Maria, especially when ministered to the face with the sure hands of the European specialists on Mary's staff.

Puffiness, drawn-tired lines and the outer dead layer of skin all disappear to reveal the new, more

youthful glow of healthy skin.

Just one of the old world recipes entrusted to Mary Glancz by her facialist mom is a treatment for dry, dehydrated or cold-allergic skin.

You start with rendered pork fat, available at meat counters. Moisten your fingers with camomile tea, then dip into the pork fat and smooth all over the face.

"Pork fat," said Maria "is filled with all the natural vitamins. When massaged into the skin, the dehydrated skin shows immediate improvement."

For best results, leave on the skin for several hours or the excess may be blotted with tissue and left on the face overnight. Rinse off with camomile tea.

To make camomile tea for cosmetic purposes, steep the tea as you would for drinking and then store in a covered jar in the refrigerator. "Camomile tea," explained Ms. Glancz, "is used to soothe sensitive skin. In Europe, everyone uses the camomile tea."

FOR SUPER-SENSITIVE skin, a facial rinse with a tea made from parsley leaves is recommended. This skin type benefits tremendously from a nutritive softening mask made of partridge eggs. Add a little oil to the whipped partridge egg until the substance attains the consistency of mayonnaise and then apply to the face. "Partridge eggs," explained Maria, "contain eight times more lecithin than regular eggs."

Recommended home recipes for skin suffering from blackheads, scaling or large pores include a peeling mask. Combine two parts fine oatmeal (available at health food stores) with one part cornmeal and a pinch of borax powder. Add a little mineral water to make a paste. Apply all over the face and leave on for one or two minutes. Then use a heavy finger rubbing to remove dead skin.

## Volunteers

The Oakland County Volunteer Bureau, program of the Volunteer Action Center of United Community Services, has weekly listings of agencies needing volunteer services. Further information about these and over 300 agencies may be obtained by calling the bureau, 662-7272. Any non-profit agencies needing volunteer assistance may also call the bureau.

PROGRAM LEADERS-Volunteers with hobbies or craft expertise to share and are interested in a one-time commitment, are invited to visit the Birmingham Nutrition Site. Program leaders bring samples of hobbies, explain how they got started and answer questions. Volunteers with travel slides or films are also needed. Hours are at the volunteer's convenience.

TYPIST-Pontiac General Hospital has an urgent need for a volunteer typist able to work 11 a.m. to 2 p.m.

Wednesdays. This volunteer would attend the regular "Suggestion" Committee meeting and some of the work would come from that. It may be necessary to work occasionally on Fridays to complete the job.

DRIVERS-Adults are needed by the National Council of Jewish Women Kasher Meals on Wheels to deliver lunches to the homebound. Drivers work in teams to deliver two meals per day. Some lifting of food chests is necessary. The program is based in Southfield. Meals are delivered weekdays from 10:30 a.m. to 12:30 p.m.

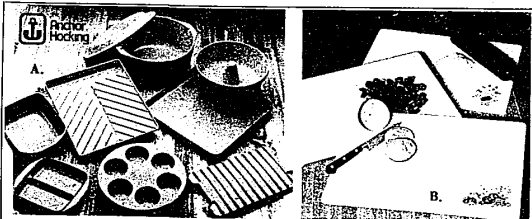
SCIENCE CENTER GUIDE-The Detroit Science Center is looking for volunteers with experience in dealing with the public to serve as guides. Duties include greeting incoming groups, escorting groups to Exhibit Hall and Space Theater, and providing general information. Hours needed are 9 a.m. to 1 p.m. or 10 a.m. to 2 p.m. weekdays.

## Cookies fight leukemia

The Children's Leukemia Foundation will receive proceeds from a sale of holiday cookies, decorated for Christmas and packaged in reusable tins.

They cost \$1 a box containing 2 1/2 pounds. Orders may be placed with D.W. Huth, 477-9549. The foundation uses the funds raised by cookie sales to continue its support of research into the causes and treatment for leukemia and other blood diseases.

It also supports a program of counseling for those afflicted by the diseases and members of their families.



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D. New Wear-Ever Popcorn Pumper uses jet of hot air to explode corn kernels. No messy clean-up. Has built-in butter melter. \$22.95.

E. Tara Micro-White Corn Popper for Microwave Ovens. So easy to use...just pop into Microwave for 4 minutes. \$9.99.

F. Sunbeam Vista Electric Fry Pan with Cape Cod illustration by a nationally-known artist on the cover. A beautiful and much-wanted gift. \$42.94.

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S. Sunbeam Vista Electric Pancake Maker. 4 inch. \$14.94.

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Y. Sunbeam Vista Electric Rice Cooker. 6 qt. \$14.94.

Z. Sunbeam Vista Electric Steamer. 6 qt. \$14.94.

## OU jazz unit sets concert

The Meadow Brook Estate, Oakland University's student jazz and Broadway show ensemble, will present a Christmas concert at 8 p.m. Sunday, Dec. 10, in Varner Recital Hall.

General admission is \$2.50, students and senior citizens will pay \$1.50, and children under 12 will be admitted for 50 cents.

The ensemble offers a

variety of jazz, popular, and show tunes especially arranged and choreographed for the Meadow Brook Estate.

The first half of the Dec. 10 show will be devoted to popular works and a special jingle medley from commercials. The second half of the program features traditional Christmas carols.

For ticket information, call 377-2000.

## Calling all Lehigh grads

Telephones will be ringing the evening of Thursday, Nov. 30, in the homes of metropolitan Detroit residents who graduated from Lehigh University.

A team of "phonathon" workers will be making some 500 calls to inform alumni of the school's annual giving fund, which is seeking to raise \$2-million nationally. The money will be used for needs such as student financial aid and renovation of facilities

on the college campus at Bethlehem, Pa. Frederick W. Walker, Jr., of Birmingham is heading the local campaign, and calls will be made from the General Motors Technical Center in Warren. Lee Iacocca of Bloomfield Hills is national chairman.

Telephone campaigns were launched earlier in New York, Boston and Philadelphia and will be carried to other parts of the country early next year.

## It takes two

One of every five American families has an income of \$25,000 or more, but in most cases the income results from at least two family members working. Three per cent of the families in the "\$25,000 and up" bracket are headed by women, five per cent by blacks.

## BE YOUR OWN DECORATOR

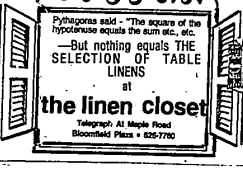
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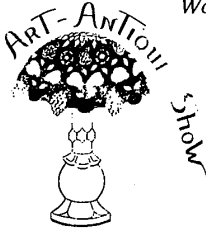
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## Holy Name Church Women's Council 8th Annual



Champagne Gala-Friday, Dec. 1  
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donations: \$7.50

Holy Name School  
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Sunday, December 3, 10 a.m. to 3 p.m. Donation: \$1.50

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