## Home health care service Class Reunions is alternative to consider

Joan had surgery recently. Her hospital stay is over, but she still needs tols of bed rest. But how can she get it with a couple of active pre-schoolers?

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HEADQUARTERED in Kalamazoo and with offices in this area in Bloomfield Hills, Dearborn and Detroit, her firm has helpers available to lead a hand in a variety of situations when hospitalization or admittance to a nursing home seems not the right answer.

answer.
"We employ people who are skilled in caring for those with chronic illness or recovering after an accident or reeding special help for any of a number of reasons," Ms. Anzalone said in mintering and the state of the st



Whatever the situation, she said, the service that can be offered by agencies like hers is less costly than comparable care would be in a hospital or a nursing home.

"And very often there is a psychological benefit, too," Ms. Anzalone added. "People just seem to make better progress toward recovery when they are at home."

A further cost-saving factor, she said, "is that with home health care you can get and pay for exactly the service you need."

REGISTERED NURSES, licensed practical nurses and home health aides are among the staff members sent out by the Upjohn firm.

Besides nursing services, they can serve as companions for the elderly, chronically ill or convalescing, func-tion as home managers to handle shop-ping, meal planning and preparation as well as transportation to and from the doctor's office.

They also can be substitute mothers to care for children and give help for the handicapped and elderly. The staff, said Ms. Arzadone, can help prospective clients determine the type of service needed and the kind of person most qualified to provide it.



MRS. ANZALONE, who emphasized that the service she is discussing is "not a substitute for hospital care, just an alternative that should be considered," comes from a hospital and nursing environment.

Before taking over her present post in 1976, she was associate executive director of the Florida Nurses Associ-ation, and in that capacity received a special recognition award for her part in revision of Florida law on licensure and scope of nursing practice.

and scope of nursing practice.

She also has been assistant chief of nursing service for Manhattan Veterans Administration Hospital in New York, project director of nursing services for Michael Reese Hospital in Chicago, hospital nurse consultant for the Illinois department of health and consultant for medical products specializing in inhalation therapy for Linde Division of Union Carbide Corp.

A graduate of St. John Hospital school of Nursing in St. Louis, she also has degrees from St. Louis University School of Nursing and Columbia

DETROIT CENTRAL 1337
A reunion dinner will be held at 6:30 pm. Saturday, May 9, at Roma's of Bloomfield for members of the January and June classes who graduated from Detroit Central High School in 1337.
Those interested in attending should call Shirley Levinson Shapiro at 545-0131.

## FERNDALE LINCOLN 1949

The class that graduated from Ferndale Lincoln High School in January, 1949, is planning a class reunion sometime in May, Interested graduates may call Dan Harpold, 545-686; Annette Hayes, 585-3207, or Jack Kelliher, 644-7671.

LIVONIA STEVENSON 1969
The class that graduated in 1969
from Stevenson High School in Livonia
plans to hold its 10-year reunion soon.
Those interested in participating in the
event may call Ron Ochala, 478-4660,
or Kathy Long, 476-4974.

## Dishwasher tip

You can save energy, money and time with your electric dishwasher if you turn the dial to off after the machine finishes washing and then let the dishes dry by themselves.





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