

'Send me a spell to hurt her as she has hurt me'

Dear Gundella: Years ago, my sister stole my boyfriend. She told lies about me, and played all kinds of low-down tricks. He married her. That was a long time ago, and they are divorced now. But since then, she has done many other terrible mean things to me.

Now I'm married to a different man and have two children, and she is telling lies about them.

Please send me a spell to hurt her the way she has hurt me. I don't want to kill her, but I want her to be miserable and suffer great pain.

JOANNE S., Farmington

DEAR JOANNE: I receive many letters from people who want revenge, and I can certainly understand how you all must feel. Not too long ago, a person I trusted did something that hurt me both emotionally and finan-



cially. My first thought was that I should cast a cruel spell upon him—maybe even go so far as to tie a witch's ladder.

But after my initial anger subsided, I realized that by doing this, I would hurt myself far more than I would hurt him.

Hatred is the worst of all anxieties. It is the heaviest load the heart ever carries. It blinds the eyes of the spirit

and keeps you from seeing what is beautiful. It warps your sense of values, and causes you to miss some of life's greatest rewards.

Hatred and happiness never dwell in the same heart. You must give up one for the other.

Don't fret because your sister has done you wrong. The worst thing a person can ever do to hurt you is to make you hate them.

YOUR SISTER will reap her own harvest. You mentioned that she did not have a happy marriage with the boyfriend she stole from you. She will hurt herself in life far more than you can ever hurt her.

Yes, you could work an evil spell

upon her, but what would you gain from it? There is no real satisfaction in causing pain to others, even when you feel they deserve it.

Instead, turn your energies toward loving your husband and helping your children to develop proper attitudes toward others. Your sister is not the only insecure, jealous, cruel person they will meet in this life. Help them to learn how to take this in their stride.

Rest assured, my friend, time not only heals all wounds, it also wounds all heels (or, rather, they wound themselves, eventually). And you can have a clear conscience about the whole thing.

Marriage pundit writes

A nationally known consulting psychologist and marriage counselor today begins contributing his insights in a weekly column opposite the editorial page.

He is William C. Nichols, Ed.D., whose column will be called "Just Between Us."

Dr. Nichols, 49, is president-elect of the American Association for Marriage and Family Therapy and is scheduled to be its president in 1981-82.

He is currently in private practice as a consulting psychologist with offices in Birmingham and Grosse Pointe.

AMONG HIS topics will be such uni-

See today's OP-Ed page

versal problems as the feeling of being out of "synch" and the popular notion of "caring."

Dr. Nichols has contributed to many scholarly publications as well as to such popular journals as Parents Magazine. He addresses forthrightly current questions such as mid-life crisis, second marriages, jealousy, infidelity and spouse abuse.

His skill is as a writer is due not only to his scholarly background but to his early work as a newspaper reporter and sports writer.

Dr. Nichols replaces Dr. Robert Trenz, who died earlier in the fall.

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Minimum wage to rise Jan. 1

Workers covered under the state's minimum wage law will receive a 25-cent hourly raise starting Jan. 1.

The increase from \$2.65 to \$2.90 an hour coincides with an identical change in the federal minimum wage which also goes into effect Jan. 1.

The minimum wage law also calls for increases to \$3.10 an hour on Jan. 1, 1981, and \$3.35 on Jan. 1, 1981.

Employers who have four or more employees between the ages of 18 and 65 at any one time during the calendar

year are covered by the state minimum wage law, State Labor Director Pat Babcock said.

In April, minimum wage coverage will be expanded to cover employers with two or more employees 18 years or older.

Minors employed in restaurants and stores where alcohol is sold or consumed on the premises also will receive the increase, he said. However, 50 per cent of the gross receipts of these establishments must come from the sale of food or other goods.

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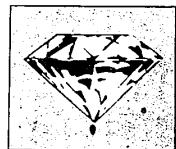
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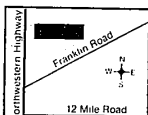
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