

Survey at Ten Mile Community School

The requests are in; the needs are filled

By LORRAINE McCLISH

A survey taken by the staff at Ten Mile Community School shows that Farmington area residents who will be taking some classes this winter want more physical fitness sessions. Dance classes of all kinds were specified as a preferred way to keep in shape.

Following that came food classes; how to feed families on a limited budget; requests for more knowledge in the nutrition area and some sessions for the budding gourmet.

Next highest number of requests came from the women who are re-entering the work world after a long absence. They want some direction on a career, or a career change.

The staff at the school for adult education calls the program they've put together to answer this need, "Career Exploration and Planning." It will be taught by Mary Ann Krenn.

ALL OF THE requests from the survey have been answered and will be spelled out in the winter brochure schedule to arrive in residents' homes by the first week in January.

Those who asked for physical fitness classes will have a choice of eight options.

Those who want to know more about food and cooking have a choice of four.

Registration runs from Jan. 8-12, either by mail or in person in the office at 32789 Ten Mile. All of the ten-week classes have limited enrollment.

Vickie Vanderbilt, community education coordinator at the school, said she speaks for the staff and faculty of 40 when she says, "We are all both astounded and thrilled with our amazing growth. We have about 1,000 people a day now who use this building on a typical school week."

The school opened its doors as an adult education community school in

September, 1977.

It offers both day and evening enrichment classes in a wide variety of vocational and special interest areas. Funding is provided by student fees, which run from moderate to low.

The adult basic education program there provides instruction for persons with limited English speaking ability and less than secondary achievement in reading, writing, and computational skills. Funding is provided by the federal government.

THE COMPREHENSIVE Employment and Training Program (CETA) provides unemployed adults with classroom training and placement services. Funding is provided by the federal government through the Oakland County Manpower office.

The school offers a high school completion program to all adults in the community.

Funding and administration of the day and evening classes are provided by Michigan Department of Education. A local board of education policy for an adult diploma has the approval of the North Central Association and the Veterans Administration.

In connection with the school's high school completion department, an outreach program provides services to six local convalescent centers.

Six teachers make regular trips to their classes in hospitals and homes for the handicapped and the aged, bring school to them.

MS. VANDERBILT credits the school's popularity on three counts.

"The babysitting services has got to be a factor in bringing so many people here," she said. "Our nursery is always filled for day time students. It's barely and the charge is only 50 cents an hour."

Lorraine Hawley and Florence Starkey with their aides, take 20 preschoolers at a time. That's a lot con-

sidering some of those little ones' parents are in the English-for-the-Foreign-Born classes, so they're talking in another language," she said.

"Another reason for the popularity is the small classes. Teachers and students get to know one another, and help one another on sometimes very personal levels," she said.

Ms. Vanderbilt continued: "Then too, we're a community school, here to serve the needs of the community; answer requests; fill in the blank spots. I think we did that with our next offering of classes. And, we'll keep switching and changing as the needs be."

PIANO LESSONS for beginners is a new on the offerings that came from the survey and will be taught by Sherry Gertenberger.

So is training in cardiopulmonary resuscitation (CPR), to be taught by Barbara Seabolt. Ms. Seabolt is a Farmington Hills resident and a volunteer at the American Red Cross's Livonia office, who gives first aid and CPR classes wherever they are requested.

"Something else you'll find on the new brochure is advanced classes for our students who took needlepoint and drapery making and crewel last term," Ms. Vanderbilt said.

"These people wanted to learn more advanced techniques in these areas. The stained glass art is a good example of that. No fooling around with that bunch. They are not talking about little sun catchers. They're getting ready to make huge lampshades and entire windows," she said.

The school will take inquiries after the first of the year by calling 474-5233.

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-Vickie Vanderbilt,
Community Education Coordinator,
Ten Mile Community School

CETA applications being taken

Kathie Kinnee, the Comprehensive Employment and Training Program (CETA) coordinator for Farmington and Farmington Hills, is now in the process of recruiting, testing and interviewing interested applicants for the program's new clerk-typist training sessions.

The new classes will begin Feb. 26, 1979, and run until Sept. 28 in the Ten Mile Community School on Ten Mile, east of Farmington Road.

New regulations require that, to qualify for the CETA program, a person must be 1) an Oakland County

resident 2) economically disadvantaged according to federal guidelines 3) unemployed 15 weeks 4) in definite need of employment.

Interested and qualified applicants are invited to call Ms. Kinnee, at the school, 474-5233.



The babysitters in charge of the nursery in Ten Mile Community School are Lorraine Hawley, holding one of her preschool charges, and Florence Starkey, at far right, who heads up the story hour. The

tots' time in the nursery runs concurrently with their parents' time in the classroom. (Staff photo by Harry Mauthe)

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Handy hints given by dialing 858-251

January is as follows:

- Dec. 22 - Felling Squirrels.
- Dec. 27 - Controlling Parity Pests.
- Dec. 29 - Growing African Violets.
- Jan. 3 - Multiplying African Violets.
- Jan. 5 - Terrarium Problems.
- Jan. 8 - Air Layering.

Nurses learn to handle parents', families' grief

There's always another task to do when you work in a hospital. There's medicine to dispense, shots to give, temperatures to take and charts to file.

That leaves little time to give emotional support to patients and their families.

But personnel at Crittenton Hospital in Avon Township are learning it's okay to take the time and give emotional support, thanks to a class on emotional support offered to nurses, dietitians, clerks and others who work there.

The class, taught by William Jones, assistant professor on Guidance and Counseling at Oakland University and Mary Buttery, head nurse of the emergency department at Crittenton, stresses how to handle grieving.

Mrs. Buttery and Jones developed the class after a study conducted among friends and relatives of people who died in the emergency department. The study concentrated on how the survivors were treated and ways they thought they could be treated with more support by hospital personnel.

Fifteen nurses from different hospital units just completed the six-week sessions on emotional support. Sandra Miller, head nurse of the intensive care unit, Bonnie Koch, of the outpatient department and Myra Miller, a nurse in the intensive care unit were

among those who volunteered to spend three hours one morning a week.

WHAT THE NURSES learned, they said, is that it's all right to care about their patients and their families and that it's also all right to show they care.

"People think that nurses don't have feelings when they work with patients," said Mrs. Koch, a nurse for 12 years. "But we identify with our patients and go through some of their grieving. We've always had the emotions. These classes have made us feel more comfortable about talking about them."

"We learned to understand our own emotions. We're given permission now to cry, to walk with the father too embarrassed about crying in front of others, to touch the person if we feel the need," she added.

"We used to feel guilty about taking the time to do this sort of thing," said Mrs. Buttery. "Now all the staff knows it's okay."

Myra said another benefit from the class is that hospital personnel are more supportive of each other.

"Now we don't feel like a misfit if we have empathy for a patient," said the nurse for five years.

The problem with nursing, according to Mrs. Buttery, who has 23 years experience, is that it's task oriented.

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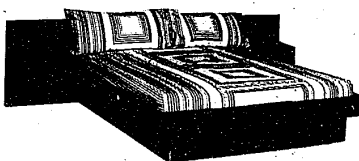
Myra Miller thinks a side benefit of the class is that hospital personnel are more supportive of each other.

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