

Breast cancer linked to a high-fat diet

By SHERRY KAHAN

"Breast cancer is a disease of white American females," reported a speaker at a recent conference sponsored by the American Cancer Society.

"It is also a disease of Northern European stock," added Dr. Barbara Threatt, medical director of the Breast Cancer Detection Center in Ann Arbor. "One woman in this country dies every 15 minutes from breast cancer. It is almost like an epidemic. It seems to be increasing."

"Our diet is rich and fatty," she said. "A high fat, high carbohydrate diet is not healthy as far as cancer is concerned."

Japanese women with a low fat diet have a low incidence of breast cancer, she observed. But once they come to

this country, the incidence increases.

In her talk, Dr. Threatt stressed the importance of frequent breast self-examination, a procedure the American Red Cross was also emphasizing at the conference. Its representative, Deborah Zauche, pointed out that breast cancer is the leading cause of all deaths of women between 40-44, and that 1,400 deaths from the disease had taken place in Michigan last year.

She then urged women to check themselves often for signs of trouble.

"Self-examination is the best tool against breast cancer," she declared, adding that "the new Straight Talk program is part of the fight."

STRAIGHT TALK is an idea the American Cancer Society has been tak-

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ing through the doors of area businesses and industry to women employees. It involves an informational talk on the disease, a demonstration of self-examination and a chance for further screening.

"We know working women have many demands on their time," said Jeanne Delisle of the Burroughs Corp., which recently hosted a pilot Straight Talk program in its corporate headquarters in Detroit.

"Our idea was to make it easy to hear a message on breast cancer. About 400 of the 700 women working here attended the talk and heard the message. About 300 signed up for screening."

The release time was 90 minutes. So there was not a lot of work lost. We

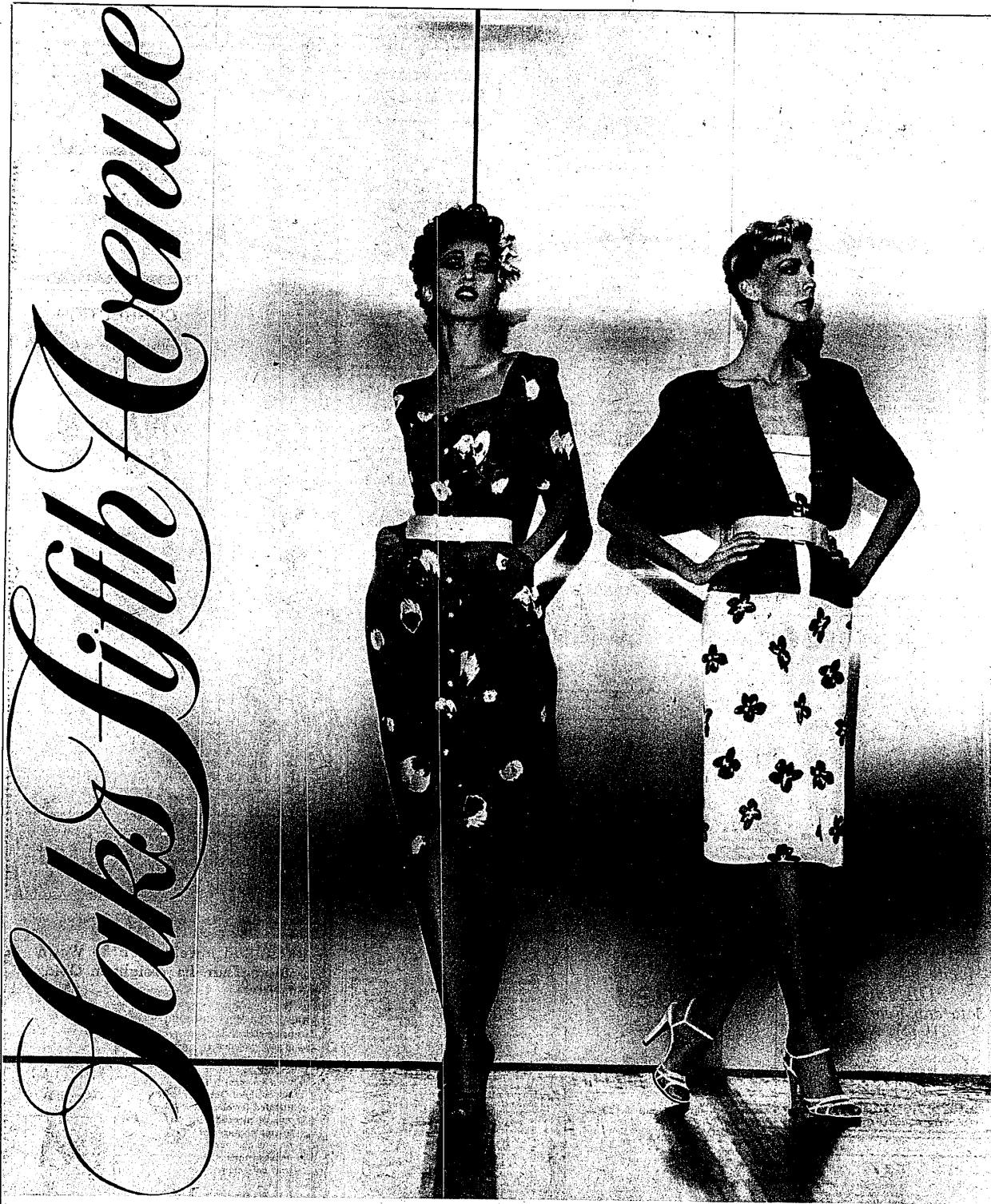
feel we gave our working women a chance to improve their health and learn more about cancer."

The response to Straight Talk was overwhelming at the Pontiac factory complex of the Pontiac Motor Division of General Motors, according to division medical director Dr. Robert Nolla.

"We are interested in continuing it," he added. "I have been tickled pink by the response."

ABOUT 2,500 WOMEN work the three shifts at the plant. Nolla plans for them all to have heard the talk by the end of April. Already from 500-600 have been reached in meetings of small groups.

"After the talk they have the option of participating in a screening at the local breast cancer detection center," said Nolla.



If you were looking for that single word to sum up spring (...spring as in Paris and Milan. Pret-a-porter. Broadened shoulders. Nipped-in waists. Hemlines that heighten. Belts and peplums and cartoon prints. Colors that dazzle. And style that stops!... fashion!... dead!...in its tracks), the word is Chloé! And the inspiration is Karl Lagerfeld...with design that becomes the rhyme and reason for all spring's glorious fashion. And note...from this point on—everything, and we mean everything, will be of a newer shape.

A leaner curve. Spiced with sexiness. And blazing with spirit! As in left: flowers fresh on primary red or blue silk, \$1060. And right: more flowers on white silk camisole and skirt, \$665; plus a red cotton sweater jacket, \$300. The sweater, for sizes 4 to 10. Everything else, for sizes 6 to 12. Chloé Boutique—where we are all the things you are.

See the Chloé collection in Troy Thursday and Friday, February 22 and 23, with informal modeling from 12 to 4.

Troy, Somerset Mall, Big Beaver at Coolidge, open Mondays, Thursdays and Fridays, 10 AM to 9 PM; Tuesdays, Wednesdays and Saturdays, 10 AM to 6 PM; Sundays, Noon to 5 PM.