Parents' aging brings tough problems

By SUSAN TAUBER

There are only a few people signed p for the class "You and Your Aging Parent" offered at Oakland University Continuum Center and the teachers are

Continuum Center and the teachers are concerned.

"I have a theory about why people aren't enrolling in this six-week class." Baid Sydney Reiter. "Talking about this Subject opens up feelings of anger and depressions and people don't want to Jalka about it. My other theory is that if They Ignore the problems involved with They Ignore the problems involved with They Ignore the problems will go 2 way by themselves."

"Me Reitler and her co-teacher. Adeleration of the same class as a Saturday-only workshop, the programs were given to fall enrollment and were, they said, Every successful."

"We decided to offer this class over a period of six weeks because people work about the one-day class to the us there's so

RELIGION CALENDAR

ednesdays.
The course, titled "Promises of God."

The course, titled "Promises of God," will be taught by Carolyn Lunn of Parmington Hills. She is a retreat leacher who served as chairwoman for the women's group during the 1977 Billy Graham crusade in this area.

The Bible books of I Thessalonians and Philipians will furnish the tests for the current series, which continues through February and March. Registration information is available from the church, 477-2525.

ROVAL OAK UNITY TEMPLE, Grooks Road at 12½ Mile Road, will present planist Boris Mazimovich in a solo concert at 8 p.m. Friday, Feb. 16. The musician, who came to this country in 1950 under sponsorship of the National Council of Churches, is a member of the Wayne State University music faculty. He will include in his re-cital works by Beethoven, Chopin, Pa-ganlini and Liszt.

them to soak it all in in one day," said Mrs. Weaver.

So the two women, both counselors for gerontology at the Avon Township Continuum Center at Adams and Butter and Season of the Adams of the

arrives, can make a decision on choices already aware of." A maximum of 24 people will be ac-cepted into the class to ensure ease of breaking into small groups and apply-

cepted into the class rooms are case of breaking into small groups and pplying material discussed that night to in-dividual concerns.

Also, not all of the people in the class need be adult children. They may de-cide to come, according to the women, because of an old friend of the family they are caring for or because of an aging aunt or unde.

And though Mrs. Weaver and Mrs. Reiter expect most of the participants to be in their 40s and 50s, some may be younger.

"I know some people who are 30 younger.

"ONE OF our goals," said Mrs.
Reiter, "is to help the adult child be respecting of his or her own needs as well as those of the parent. We'll give information on options of handling an aging parent to help the adult child feel more confident about decisions she has to make."
"This class isn't just for a person in a crisis situation now," added Mrs.
This class isn't just for a person in a looking ahead so if and when a crises Not every decision made is one that

will please everyone involved," said Mrs. Reiter.

One of the main areas of discussion will involve communication, not only with the aging parent but with the adult child's spouse, children and sibl-ings.

Often siblings resentment against one another if one feels she's taking on more responsibility for caring for aging parents than the othe. When a son or daughter is earing for a parent in the home, there are problems that may arise between husband and wife and with their own children.

Also, adult children need to under Also, adult children need to under-stand what their parents are going through psychologically and physically as they grow old. A child may say her mother is coming difficult, stubborn and unsociable when actually the wom-an ishard of hearing and therefore shy-ing away from social situations.

WITH THEIR experience in working in the field of gerentology and with their own personal backgrounds, Mrs. Weaver and Mrs. Reiter have a great deal of empathy and information to



ADELE WEAVER

share with adult children of aging par-

"We want to help people explore all share with adult children of aging par-ents.

Mrs. Weaver has a degree in humna resources development Mrs. Relier has a bachelor's degree in nursing and is a psychiatric nurse.

"We want to neitp people expoire au the avenues open to them and their ag-ing parents so when the time comes for them to handle a crises or a problem, wort pull back and do nothing at all," added the women.

Moral perspectives

FIRST CHURCH OF THE NAZARENE, 30523 Twelve Mile Rd. Armington Hills, is bacting a 10-week eries for women 9:30-11:15 a.m. Moral issues require attention

Sometimes I wonder why so few citizens become involved in the larger social issues of our time. I wondered this until I attended a conference where such an issue is presented. Then I read is the workehemd people often feel when they are exposed in an intensive way to such a great issue.

This is my recent experience after listening for an entire day to a conference concerning the SALT II arms limitation treaty.

This issue will shortly face our nation. Our Congress will make a decision to ratify or reject a treaty this spring. I feel overwhelmed yet I know I must act concerning this issue.

THE ARMS RACE affects us all. Economically it eventually spells disaster if we continue to increase the arms race. Morally it is unthinkable that we develop such horrible weapons

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of destruction and waste such

resources.

Realistically, it is increasingly possible that a nuclear war of some type will occur if we do not devise some way to contain the development and spread of these weapons.

What happens to us when we consider such an issue? How do we get be-yond this feeling of being

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in seeing the Holocaust series on televi-sion? The issue is too terrible. Too many difficult questions are raised. Our faith in humanity is shaken.

SOMEONE RECENTLY made a SUMEONE RECENTLY made as study of American publications during World War II to see if the atrocities being practiced upon Jews were reported. They were, but the signifi-cance did not become clear to people. So it may be with such an issue as the arms race and the possible horrors we face if we do not limit their develop-ment.

race if we do not limit their develop-ment.

A large part of the problem is the ignorance we maintain by not educat-ing people concerning the history and significance of such an issue.

What do we knew about the arms What do we know about the arms race? What do we understand about the nature of the weapons? What historical

FRANKLIN COMMUNITY CHURCH

COMMUNITY CHURC Binds Mineson of Francis - Wayse Green 9:15 & 11:15 Services of Worship Nursery Care 10:25 Adult - Study 11:15 Sunday School Nursery thru Shi grade Semen Mineson Francis B Coart Associate Mander

OVER AND OVER again we heard this issue raised among the participants at the SALT II Conference held at Wayne State University this month. Who is educating people concerning these issues? Why is education not going on about possibly the most important issue we will decide as a nation concerning war and peace?

There is shock when we sit through an entire day of education and debate over such a concern. The issue has been here all along. like the Holocaust was almost 40 years ago. We have failed as a society to focus this issue. We have failed to inform.

Bethlehem Lutheron Church 35300 Eight Mile Road Farmington Hills EINO M. TUORL, PASTOR 474-2579 Worship & Sunday School 10:30 A M

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reasons are there for the different approaches taken by the United States and the Soviet Union?

Some may see this arms escalation in a historical perspective. Others will look at it from a theological stance.

WE CAN VIEW this issue from the sense of how it will affect the future. Some can see it in the light of the poli-tics involved.

tics involved.

In order to avoid being overwhelmed and failing to act we need education. We also need a perspective or foundation from which we can understand such complex, frightening and important issues.

It is not enough for the moral person to say we did not know the Jews were being killed. It is not enough to say we are tired of hearing about problems.

a society to focus this issue. We have failed to inform.

What we need is a perspective in which we can understand such an issue.

We must be responsible to understand, carry out and influence these feet our world.

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