

Hot Breads Make Meals Memorable

By ELLY

When hot breads are tender and flavorful, they can make the meal a memorable one. Here are some muffin, biscuit and corn bread recipes that will do just that. Don't forget, the secret of good muffins and hot breads—don't overbeat.

CHEESE ONION GEMS

2 c. sifted flour
1 T. baking powder
3/4 t. salt
1/3 c. lard
2/3 c. finely grated Cheddar cheese
1/2 c. finely chopped onion
1 T. lard
1/2 c. milk
1 egg beaten
2 T. toasted sesame seeds, toasted
2 T. melted butter or margarine

Grease 12 medium-sized muffin pans. Sift together flour, baking powder and salt. Cut in 1/2 cup lard until mixture has a fine even crumb. Stir in 1/3 cup cheese. Cook onion in one tablespoon lard until tender but not brown. Add to flour and cheese mixture and mix lightly with a fork. Combine milk and beaten egg. Add to flour mixture and stir until just moistened. Batter will be stiff. Fill muffin pans 2/3 full. Sprinkle tops of muffins with remaining cheese and sesame seeds and spoon 1/2 teaspoon melted butter or margarine over each. Bake in a hot oven (400 degrees) 18 to 20 minutes.

BLUEBERRY SOUR CREAM MUFFINS

1-3/4 c. corn muffin mix
1 egg, beaten
1/3 c. milk
1/2 c. fresh blueberries
1/4 c. sour cream
Place mix, egg, milk, blueberries and sour cream in a medium-sized bowl. Blend only until dry ingredients are thoroughly moistened. Fill greased medium-sized muffin cups 2/3 full. Bake in preheated oven (400 degrees) about 15 minutes or until a golden brown. Serve piping hot with butter. Makes nine muffins.

PEANUT ORANGE MUFFINS

2 c. pancake mix
1/4 c. sugar
1/3 c. peanuts
1 egg, beaten
1 c. milk
2 T. melted or liquid shortening
1 t. grated orange peel
2 T. orange marmalade
Combine pancake mix and sugar in bowl. Stir in peanuts. Add egg, milk, shortening and orange peel, stirring only until combined. Fill greased muffin cups two-thirds full. Place 1/2 teaspoon orange marmalade in center of each muffin. Bake in preheated oven (425 degrees) 18 to 20 minutes. Makes 12 muffins. Serve hot with butter.

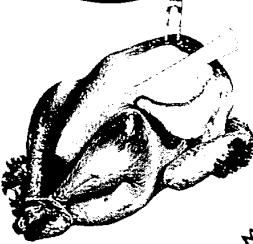
CORN BREAD

1-1/4 c. enriched corn meal
3/4 c. sifted all-purpose flour
1/4 c. sugar (optional)
1/2 t. salt
1 T. baking powder
1/4 c. vegetable oil
1 egg, beaten
1 c. milk
Heat oven to 425 degrees. Sift together dry ingredients into bowl. Add oil, egg and milk. Lightly stir until blended. Bake in greased eight-inch square baking pan about 15 minutes. Note: Remaining corn bread can be wrapped and frozen for later use or toast it and serve with butter and jelly for a breakfast treat.

DUTCH COTTAGE CHEESE BISCUITS

3 c. all-purpose flour
1 t. salt
2 t. sugar
4 t. baking powder
1/2 t. soda
1/2 t. cream of tartar
4 T. butter
2 eggs, beaten
1-1/2 c. small curd cottage cheese

Sift flour, salt, sugar, baking powder, soda and cream of tartar together in a large bowl. Work in butter with fingers until the mixture is thoroughly blended and mealy. Add the eggs and the cottage cheese, then stir just enough to bind together. Turn mixture on to a lightly floured board and knead only until the dough is smooth enough to roll 1/2 to 1 inch thick. Cut into diamond shapes (so there will be no scraps to re-roll). Place on a greased baking sheet and bake for 10 to 15 minutes in a 425-degree oven. For serving with hot meals, split and butter them with creamed butter flavored with chives or basil. For afternoon tea, serve with honey mixed with butter. Makes 18 large biscuits.



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1 1/2-LB
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25

KROGER DUTCH APPLE
LOAF, ICED RAISIN OR
**Cinnamon
Bread**
1-LB
LOAVES
4

CREAMY
**Hellmann's
Mayonnaise**
QT
JAR
48

27 SIZE
VINE RIPENED
Cantaloupe
3
FOR
1

U.S. NO. 1
**Candied
Yams**
LB
10

JUICY
**Anjou
Pears**
12 FOR
79

SHANK PORTION
**Smoked
Hams**
55
LB

U.S. CHOICE BONELESS
Rump Roast
LB
51

U.S. CHOICE 4TH & 5TH RIBS
Beef Rib Roast
LB
89

WHOLE OR END PIECE
Slab Bacon
LB
59

DOUBLE BREASTED OR
**3-Legged
Fryers**
39
LB

FRESH LEAN
**1/4 Sliced
Pork Loin**
LB
77

SERVE N' SAVE
**Sliced
Bacon**
LB
69

CENTER CUT SMOKED
Ham Slices
LB
89

GORDON'S ROLL
Pork Sausage
2 LB ROLL
99

COUNTRY CLUB
All Meat Wieners
LB
65

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38
WITHOUT COUPON **58**

REFRESHING COLA
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6 PT BTL
79

BATH SIZE
Jergens Soap
BAR
10

CAPS BRAND
Corned Beef
12-OZ
WT CAN
39

JEFFY ASSORTED
Cake Mixes
7 1/2-OZ
WT PKG
10

BREWSTER'S SEMI-SWEET
Morsels
11-OZ
WT PKG
33

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Charmin Tissue
4 ROLL
PACK
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PURE GRANULATED
Pioneer Sugar
5 LB BAG
55

SPECIAL LABEL
Spry Shortening
2-LB
10-OZ CAN
69

LIBBY'S PUMPKIN
Pie Mix
1-LB
15-OZ CAN
33

KROGER BRAND
Mandarin Oranges
11-OZ
WT CAN
19

COFFEE INN NON-DAIRY FROZEN
Coffee Creamer
PT
CTN
14

DEL MONTE VALUES!

Tomato Juice
1-QT
14-OZ
CAN
19

Sweet Peas
1-LB
CAN
17

DEL MONTE CUT GREEN
BEANS, WHOLE KERNEL
OR CREAM STYLE
**Del Monte
Sweet Corn**
1-LB
CAN
16

HALVES OR SLICED
**Del Monte
Peaches**
1-LB
11-OZ
CAN
22

**Del Monte
Fruit
Cocktail**
1-LB
11-OZ
CAN
29

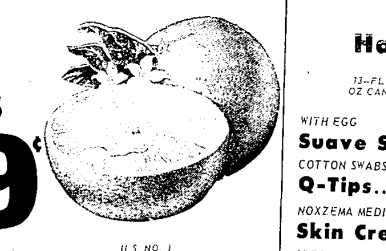
**Tomato
Catsup**
14-OZ
BTL
16

MARSH SEEDLESS
**Grapefruit
Oranges**
8 POUND
BAG
79

GARDEN FRESH SLICERS
Tomatoes
2 LBS
69

FRESH CRISP
**Bibb
Lettuce**
LB
49

U.S. NO. 1
**Fresh
Carrots**
2 LB
PKG
29



U.S. NO. 1
MACINTOSH OR
**Jonathan
Apples**
8 POUND
BAG
79

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SMOKED HAM SLICES
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Hair Spray

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OZ CAN**53**

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Suave Shampoo

PT
BTL**53**

COTTON SWABS

170-CT

Q-Tips

PKG

66

NOXZEMA MEDICATED

6-OZ

Skin Cream

WT JAR

89

SPECIAL LABEL-ANTIPERSPIRANT

Dial Deodorant

5-FL
OZ CAN**67**

FAST PAIN RELIEF

100-CT

Bayer Aspirin

BTL

59

SPECIAL LABEL

3-OZ

Brylcreem

WT TUBE

67

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