



## Parent-Child Program

In a few short years, your son or daughter will be a young adult and today's experiences will be lasting memories. To enrich these memories, the Farmington Area YMCA sponsors five Parent-Child programs.

Call 553-4020 for further information.

**Indian Programs build relationships between parents and their daughters and sons.**

## Parent-Child Information Meeting Sunday, Sept. 23, 1979 at Mercy Center

6:15-7:15 Free Family Swim  
Free Family Gym  
7:30-8:30 Free Parent-Child Information  
No Obligation

**Free Pop  
and  
Popcorn**

Organizational  
Meetings  
will be held at

Tuesday, Oct. 2  
Orchard Lake Middle School Cafeteria 7:30-9:00  
6000 Orchard Lake Road, West Bloomfield  
Village Oak Elementary Gym 7:00-8:30  
23333 Willowbrook Dr. Novi  
Wednesday, October 3  
Green Elementary School Music Room 7:00-8:30  
4500 W. Walnut Lake Rd., West Bloomfield  
Gill Elementary School Gym 7:00-8:30  
21195 Gill Road, Farmington  
Thursday, October 4  
O. E. Dunckel Cafeteria 7:00-8:30  
32800 W. 12 Mile Rd., Farmington  
East Junior High School Cafeteria 7:00-8:30  
25000 Middlebelt Rd., Farmington  
Monday, October 8  
Warner Junior High School, Room 102 & 108  
West 14 Mile Road, Farmington  
Tuesday, October 9  
Novi Middle School 7:00-8:30  
25299 Taft Road, Novi

**Join the Fun  
Call  
553-4020**

### 5 PROGRAMS AVAILABLE

#### INDIAN GUIDES (AGES 5-9)

Fathers and sons enjoy together a variety of activities that nurture mutual understanding, love and respect.

#### INDIAN PRINCESSES (AGES 5-9)

Father/daughter program that helps one to grow in self esteem, gain confidence and build group relationships.

#### INDIAN MAIDENS (AGES 5-9)

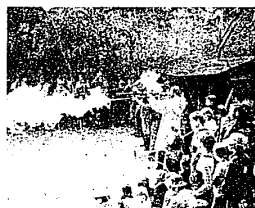
Mother and daughter through various activities come to feel a new and closer relationship with each other.

#### INDIAN TRAILBLAZERS (AGES 10 AND OLDER)

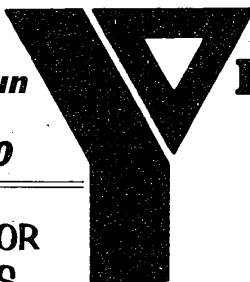
Father and son learn together about the wilderness, canoeing, hiking, skiing and much more.

#### TRAILMATES (AGES 10 AND OLDER)

Fathers and daughters plan together campouts, trips and special events.



**Join the Fun  
Call  
553-4020**



## Farmington Area Family YMCA

28100 Farmington Rd.  
North of 12 Mile

Farmington, Mi. 48024

Serving Farmington, Farmington  
Hills, Novi & West Bloomfield

## REGISTER NOW FOR FALL PROGRAMS

**Starting the week of Sept. 17**

**Over 100 classes are offered. Call 553-4020 for  
FREE DESCRIPTIVE BROCHURE**

FITNESS CLASSES  
CARDIO VASCULAR  
WALKING AEROBICS  
RUNNING AEROBICS  
MEN'S & WOMEN'S FITNESS  
SWIMNASTICS  
SMOKING WITHDRAWAL  
& WEIGHT CONTROL  
DANCE FIT  
CARDIO PULMONARY  
RESUSCITATION  
CAMERA  
DISCO DANCE  
DOG OBEDIENCE  
FLAG FOOTBALL  
GUYS AND DOLLS  
GYMNASTIC TEAM  
GYMNASTICS

JUDO  
KARATE  
M.A.C.L.D.  
PARENT/CHILD PROGRAMS  
PINECONE WORKSHOP  
INDOOR TENNIS  
VEGETARIAN COOKING  
VOLLEYBALL  
YOGA  
PRESCHOOL CLASSES  
VARIETY-ART-GYM-STORIES  
& GAMES  
PARENT & TOT GYM  
PRE-SCHOOL GYM & SWIM  
PRE-SCHOOL BALLET  
SWIMMING LESSONS -  
ALL AGES AND LEVELS

**CALL 553-4020  
FOR DESCRIPTIVE BROCHURE**

## THE NEW FARMINGTON AREA YMCA FACILITY WILL INCLUDE:

25 Meter pool  
Indoor running track  
Handball & racquetball courts  
Saunas & Whirlpool  
Health Club  
Weight Room  
Cardiovascular test center  
Meeting rooms

Construction is right on schedule and we now need your financial support to fully equip this community facility.

Send your tax deductible contributions to Box 334, Farmington 48024

**HELP US MAKE OUR DREAM A REALITY**

