

Diabetes detection tests available at Botsford

Free screening tests for diabetes will be available during National Diabetes Detection Week, Nov. 4-10, in 150 hospital and health facilities in Michigan.

The testing programs are sponsored by the American Diabetes Association-Michigan Affiliate, with residents in this area invited to take the test in Botsford General Hospital, 28050 Grand River.

Tests will be given Monday through Friday Nov. 5-9, from 9 a.m. to 3 p.m. each day.

To assure an accurate test, the association advises that a high carbohydrate meal, one with large amounts of starches and sugars, is eaten about two hours before the test.

A good breakfast before test time, would be fruit or juice, cereal with milk and sugar, two slices of buttered toast with jam, and coffee or tea.

A suggested lunch could be a bowl of soup, a sandwich, cake or pie and a glass of milk.

The meal should be eaten with a 15 minute time period and nothing else except water should be taken before the test.

The name and address of the family physician will be needed for the follow-up.

THE AMERICAN Diabetes Association estimates that there are now about 200,000 persons in the state who have diabetes and do not know it.

The purpose of the testing program is to identify those people and alert them to the need for proper treatment.

The testing is limited to those over the age of 18 who have not previously been diagnosed as diabetic.

The most common symptoms of diabetes are excessive thirst, frequent urination, blurring vision, constant hunger, or the slow healing of cuts and scratches.

But the association warns that the disease may be present with no symptoms.

Persons who are over 35 years, overweight, and blood relatives with a diabetic are particularly urged to take the test since they are in the high risk group of those most likely to develop diabetes.

Luncheon benefits Penrickton Center

By SHIRLEE IDEN

When life begins normally, the miracle of birth is a beautiful thing.

It's not such a great world to enter when a child is born lacking one or more of the five senses most of us take for granted.

At the Penrickton Center in Taylor, the main requirement for admission is that a child be legally blind or have a perceptual, neurological problem and some other handicap.

The center is a beneficiary of Infant Service Group. It takes care of children who can't be cared for anywhere else.

Helping children who "fall into the cracks" like those at Penrickton has long been the labor of the Infant's Service Group, which has worked on behalf of youngsters for 45 years.

Mrs. Eleanor Riseman of Southfield is chairperson for Penrickton.

Because she had no children of her own, she joined the group many years ago out of a desire to help other people's young ones.

Penrickton is a non-sectarian, non-profit institution which teaches youngsters basic skills like washing, dressing and feeding themselves. It prepares them for admission to the Michigan School for the Blind in Lansing.

The luncheon raises most of the funds which support the charitable work of the group. Additional funds are raised by the sale of boutique items under the chairmanship of Dora Freeman of Oak Park.

Since the organization was founded, members have contributed thousands

of items of babies' and children's clothing, furniture, milk and other services to indigent families.

These are distributed through the Co-operative Council, an arm of the League of Jewish Women's Organization, in case work.

In charge of the case work for Infant's Service Group are Lillian Katz of Southfield, Eve Gordon of Oak Park and Ann Freeman of West Bloomfield.

OTHER PROJECTS of the group in past years have been the purchase of two kidney machines for Children's Hospital and support of the Detroit Association for Retarded Children.

Tickets are \$12 each. They may be reserved by calling Mrs. Weisberg at 352-0252 or Mrs. Homer at 968-5015.

Bowl-a-Thon gets under way

The celebration of Farmington Community Center Month in November begins with a Bowl-a-Thon sponsored by Farmington Lanes, at 32315 Grand River.

Fred Hamlin explains the procedure.

Ladies' leagues wishing to participate as a benefit for the center are invited to pick up sponsor forms at Farmington Lanes, during the week of Oct. 29 to Nov. 1. Bowlers will then solicit pledges of any amount of cents or

dollars per pin.

The leagues will bowl the week beginning Nov. 5 and collect pledges the week of Nov. 12.

Hamlin will verify the number of pins knocked down for each bowler.

The bowler who collects the most money for each day will be given a free dinner-for-two, at a local restaurant. Any bowler who collects at least \$25 from her sponsors will be given a bottle of wine.

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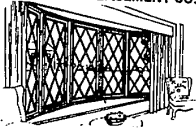
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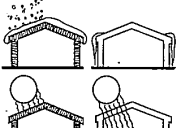
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